THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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Published by **The Bridge to Freedom, Inc.**
Editor: **THOMAS PRINTZ** Manager: **FRANK C. PITA**
Rates per year: $5.00 USA and Canada; $6.00 Elsewhere
R.F.D. 5, Box 310, Charlottesville, Virginia, U.S.A.

THE BRIDGE TO FREEDOM, INC.
P. O. BOX #777
ST. JAMES, L. I., NEW YORK

VOL. X, No. 1 **APRIL, 1961** **.50 cts.**

THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. X **APRIL, 1961** **No. 1**

THE ASCENSION TEMPLE

In the Etheric Realm, over Luxor, Egypt

The Ascended Master Retreat of the Month
April 15th, through May 14th 1961

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF APRIL 15TH, 1961

1	2	3	4	5	6	7	8
"I AM"	inbreathing	from	Beloved Serapis	the Joyous	Power of	the Ascension	Flame
"I AM"	absorbing	from	Beloved Serapis	the Joyous	Power of	the Ascension	Flame
"I AM"	expanding	from	Beloved Serapis	the Joyous	Power of	the Ascension	Flame
"I AM"	projecting	from	Beloved Serapis	the Joyous	Power of	the Ascension	Flame

FOR INFORMATION AND DESCRIPTION

of the above Ascended Master Retreat, please see the booklet **A Daily Aid to Tune into the 1961 Monthly Retreats,** with Pictures of Their Hierarchs, for the use of Sanctuary Directors, Group Leaders and Students, recently released by The Bridge to Freedom, Inc.

WORLD BROTHERHOOD

World Brotherhood, as sponsored by THE BRIDGE and all its subsidiary publications, does not constitute the leveling of all men to the sub-standards of the lowest strata of human kind, but rather the conscious raising, through education and competent guidance, of the entire race—through the individual—to the highest standards of moral, ethical, economical and spiritual maturity.

THOMAS PRINTZ, Editor

The Bridge to Freedom, a Monthly Magazine. Editor, **Thomas Printz.** Manager, **Frank C. Pita.** Rates per year $5.00 USA and Canada; $6.00 Elsewhere. Please make checks and Money Orders payable to the publishers, **The Bridge to Freedom, Inc. R.F.D. 1, Box 321, Charlottesville, Va.** U.S.A. (a tax-free, non-profit Corporation).

Please address all communications about Sanctuary and Group activities to our beloved Director of this Department, **Mrs. Zora Fellows, P. O. Box 3776, Daytona Beach, Fla. USA.**

Notice in Spanish re Havana, Cuba, Postal Franchise granted on April 18, 1952, which includes the use of USA mails as Second Class matter: Acogida a la Franquicia Postal e inscripta como Correspondencia de Segunda Clase en la Administración de Correos de La Habana, Cuba, el 18 de abril de 1952. Admor. Frank C. Pita, Apartado 1492. La Habana, Cuba.

Mss. USA, Printed by Pérez and Portal, Havana, Cuba

NOTICE: You will find in the April issue of **"HOPE" Magazine** the following two Addresses delivered at The 1960 Christmas Class: **In the Stage of Life Play NOW your Divine Part,** by the Ascended Master **Saint Germain;** and **Learn to Sustain the Ascended Master Consciousness,** by the beloved Archangel **Gabriel.**

LEARN TO LOVE BELOVED SERAPIS BEY

Letter to the Flame Class of April 15th, 1961

Serapis Bey

Beloved of My Heart:

I love you! All of Heaven loves you. We are so extremely grateful to you, each earnest and sincere chela, for desiring the Ascension for yourselves, your loved ones, every living thing and the dear Earth Herself.

We open wide the Doors at Luxor, where you may witness the actual crystalline Ascension Flame, carried-with no small endeavor upon our parts-from Poseidonis to Luxor. Into this Ascension Flame has carefully been gathered and guarded every prayer, aspiration and hope of the evolutions of Earth—all Ascending and creating constantly a wider "open door" through which you, too, will one day, in dignity ascend.

I have provided for your specific instruction at Luxor, and in your personal orbits at home or wheresoever you are, Gentlemen Sponsors, trained at Luxor, and Who have the buoyancy and happiness known only at the time of the Ascension. Meet Me there!

Learn to love Beloved Serapis as All of the Divine Beings do. Look upon the Ascension Flame and know your own prayers, hopes and aspirations are there as well as the joy of Those Who have achieved Their Victory in Its upreaching, surging tide of Light Eternal, toward HOME, The Father's Home, wherein you shall have full freedom to act in a Way of Service predominantly that of your own free will choice...

Love and blessings,

Maha Chohan

BLASTING CAUSED THE SINKING OF LEMURIA

An Address by beloved Ascended Master Serapis Bey

FRIENDS of this planet Earth! Friends of great Light! Not so long ago you chose individually to apply to the Karmic Board for the opportunity to take embodiment and to seize the opportunity that earth-life would give you in order to weave for yourselves the immortal robe and the purified soul which would require no further contact with the Earth, and which would give to you the glory of the freedom from the wheel of reembodiment.

At that time I was responsible for sponsoring your lifestreams. Having carefully looked upon the momentums of light in your Causal Bodies; having considered your potential strength and weaknesses; having looked upon the pattern of Earth-life into which your lifestream would be woven should you embody; I stood Sponsor for you individually and collecively, with a sincere, deep heart call and prayer that **when opportunity disguised in the folds of maya** in the world of form should present to you, either through spoken word or written word, through chance meeting or prepared meeting, the way and means by which you could sublimate the energies belonging to your own lifestreams, and sublimate that portion of the planet's energies that you volunteered to set free, that you might accept and with dignity, dexterity and enthusiasm become a co-worker with the Spiritual Hierarchy while yet unascended. This you have done!

Cooperate with joy, not as a duty

Beloved ones, people think lightly of that which they cannot see. Yet that which you cannot see in the physical appearance world forms over ninety-four percent of the pressures of both good and evil. Those of you who can joyously become part of that cleansing and purifying activity, those of you who can lend your energies willingly to it are blessed indeed!

Happy energy is beautiful! In happy energy you can accomplish in a much shorter time that which is done with great tension and too great a sanctimonious consciousness because that closes off the natural flow of life, and that which should be done as a **joy**, when done as a **duty**, is **poorly done** at best!

We are going to discuss the activities of **INVOCATION.** To do this I must take you back to the continent of Lemuria in order that you may understand and watch in your teaching of others, to keep individuals upon the **constructive path** in their application and in the instruction which will later reach the masses.

From the first creation of individualized consciousness, vibration increased. Now think of it. The Great God-head, the Angels, the Seraphic Host, the Cherubim, all Powers of Light that have a thinking and feeling center, were contributing vibration into the universe. Each individualized "I AM" Presence, when it was given a thinking and feeling center and first realized "I AM", increased the vibratory action of that great Kingdom. That was in Harmony. I might explain it thus: A man playing on the piano gives forth a certain vibration. You join a group together and have a symphony. You increase that vibration but it is still in perfect Harmony. In the creation of the Individualized Presence, of which each of you is an externalization, the vibration of the inner realms was increased. The responsibility for the **quality** of vibration rested within that Individualization, just as the quality, harmony and beauty of the musical score rests within the individual who belongs to and is part of the symphony. That should be simple to see.

The passing through the Seven Spheres

With individualization was given energy; with energy came the thought and feeling centers, and vibrations immediately began to flow out from that Presence. Free Will allowed each individualization to use that energy according to its own design to add to the music of the spheres.

Thus embodiment took place for some time - a voluntary thing again. We have described that in detail so I shall not repeat. As the individual Presences passed through the Seven Spheres, many, many chose to remain within each one of them, being attracted to the Light of Lord Michael, to the lovely Illumination of Jophiel, to the Love of Chamuel, to the Strength and Purity of Gabriel, to the Consecrated Benediction of Raphael, to the Ministration of Uriel, to the Invocative Powers of Zadkiel. They never took form in the physical appearance world. They work through the Seven Spheres and form part of the Host of Heaven of which orthodox channels sing at the Holy season, and they never tasted of light and shadow.

Some decided within themselves to take embodiment upon this Earth. That has also been described to you and I shall not go into it except to the main points of the story to give you the understanding of the powers of **application** which I want to impress in your hearts and which you in turn as the Shepherds of the race can impress into the hearts of others.

The first Golden Ages

The First Golden Ages were referred to as the Garden of Eden and no lifestream used energy to create a discordand vibration, and the Earth was as harmonious as Heaven. Each one was part of the great symphony and each one was in complete obedience in the rhythmic radiation from his own Holy Christ Self and Presence; each one's inner bodies in perfect harmony. The fragrance of each one's own Light was the natural aura and mantle of light around the form, the powers of precipitation giving the substance, the clothing, the food, **everything** that was required because there was no vibration of inharmony. There was no static in the atmosphere and the Angelic Host, the Ascended Masters, the Cherubim, the Seraphim the Devas walked with mankind. There was not the haze which is caused when vibration is set into motion in discord and dissonance.

The first two Ages completed their fourteen thousand years

on Earth never knew discord at all. In the great crisis when the Earth Council and the Beings upon It decided among Themselves that the people of Earth and the Guardian Spirits were strong enough to help to sublimate the dissonances and discord of certain planetary orphans, We come to the time when the vibratory action of the Earth changed.

Who were the laggards?

You have some little idea of the powers of contagion in those souls you have spoken loosely of as laggards who came from other systems. **What were they?** They were **CONSCIOUSNESS,** just like yourselves, consciousness with the capacity to think and to feel; consciousness who had not maintained a vibratory action of perfect harmony, beauty, purity and perfection, and therefore could not, or would not, accelerate the vibratory action of their inner vehicles to move forward with the planets to which they belonged.

It took a great deal of time and a great deal of thought before the Guardians of the planet Earth offered this gift of mercy. The priests and priestesses of Lemuria were gathered together after the Cosmic Law made the decision and for many, many years before the Lords of Karma would allow the first lifestreams through the gates of birth, the priests and priestesses within the Temple, schooled in the powers of Invocation and radiation under the mighty Zadkiel made the call for the purification of the soul light of these lifestreams and for the amplification of the pressure of Light from within the embodied mankind and the Earth people so that they could withstand the subtle suggestions of every kind.

The priesthood of Lemuria

The priest life on Lemuria was a magnificent activity. These individuals, most of you among them, had learned how through the powers of magnetization to draw every blessing from the Sun and from every God Virtue to form a radiant Sun through their Temples and send that out into the atmosphere, qualified with

whatever the priesthood itself had consecrated themselves to externalize. This priesthood, radiating and externalizing these pressures of light increased the harmony, beauty and perfection of the Earth and made the atmosphere even more luminous, and the spiritual selves of men were more nourished by the reason of these foci. They were what you would call master of this "darsham", which is merely in Western parlance the capacity of the soul to rise into contact with the Presence, draw the light from the Causal Body consciously back through the emotional, mental, etheric and physical bodies and keep a **positive radiation of some constructive quality,** and master of all energy that is contacted by the individual. An individual who is the master of this activity of darsham is never subject to the vibratory actions of distress.

The veil of maya

These priests and priestesses, belonging to the House of Zadkiel, rendered this service and the Earth was progressing very, very rapidly. The root races and the subraces completed their courses quickly in this outpouring of magnetized Light. When the souls, who had within themselves the germ of disintegration, the capacity through thought and feeling to create a discord, when they took embodiment and reached enough maturity to control the consciousness, they began to let that out in thought and feeling, and it filled the invisible atmosphere. Some among mankind who had come into a false sense of security through the radiation of the priests and priestesses, began to rely upon them and they began to absorb through contagion some of the thought forms and feelings, and playing in secret with them, they too began to create them. Eventually as a result of that, there was externalized much of distress, and the veil of maya began to cloud the light and the Great Ones were no longer visible to the masses but only to the priests.

Here you have the **first great split in the priesthood** and it is the reason for which I am bringing this to your attention. At

the time when the priesthod began to realize that the masses were creating and sending forth those qualities of impurity and dissonance, there came a school of thought to the foreground that had agreed with reluctance to allowing the laggards from the other systems into our planetary scheme and who now felt justified in objecting to the pollution of the race by allowing them to remain.

Why it is wrong to blast

These beings were well schooled in the powers of Invocation and there you began those fiats and decrees that have come down to your present day. When they stood separated from the school that believed in sublimation and transmutation, and within the secret recesses of their own temples decided to BLAST THEM ALL FROM THE EARTH! What purpose would there be in blasting these lifestreams off the Earth into the discarnate realm where they would have to stand before the Karmic Board and as soon as possible be placed back on the Earth. **It was a rebellion against the decision of Cosmic Law.** If The Law and the Powers of Light felt that the priesthood and the illumined COULD sublimate and by radiation redeem those recalcitrant members, **if the priesthood had remained ONE,** the **sinking of Lemuria WOULD NOT HAVE TAKEN PLACE!** Think about this!

Beloved ones, it follows the same course - you take a wild animal, a hungry tiger and lock his retreat, and then you drive and drive and drive energy at him - what results? You are going to have a killer! **DRIVING AND BINDING DISCORD BACK INTO THE SOUL IS NEVER THE WAY TO GOD.** It is not the way of sublimation. That soul is sick in the first place, or otherwise it would not create the inharmony and discord, and that soul must be raised by constructive, purifying activities and redeemed. THAT IS THE LAW OF LIFE!

The Two factions of the Priesthood

With the breaking of the priesthood into the two factions, the masses followed one or the other and confusion ensued and the final release of the purifying powers of the water element became necessary. Those of you who participated on the side that thought you knew more than God, some of you have balanced that karma.

When you draw great power, when you come to handle masses of people who are hysterical, you will find in the etheric bodies of some the consciousness that it is better to remove the physycal form than to save a soul!

After Lemuria, then Atlantis and again the priesthood, the same individuals, for the priesthood has always been made up more or less of the few. On Atlantis, again there was great Light - I was there - great Light and great Beauty, great Perfection and hope for a permanent Golden Age through which every root race and sub-race yet to come, would quickly find their way back Home. And again the misuse of the Powers of Light, and again cataclysmic action. The Flame that I carried to Egypt, burning there as the Power of the Ascension, that very Flame brought Egypt to Her greatest height, and yet within Egypt, no more corrupt priesthood has ever been!

The true priesthood wears Robes of Love

Now in the Name of great Zadkiel, the Archangel; in the Name of the Ascension Flame; in the Name of Saint Germain, Lord and King of the New Era of Freedom, I **COMMAND** by the power of Light, that those who serve the cause of good; those who are the Gurdian Spirits of Light; those who are progressing in learning again the powers of Invocation may be CHARGED and CHARGED and CHARGED with a balance and wisdom of Love that they sublimate and transmute all that they see, and that never again does Zadkiel's Legions train a group of unascended beings and find them split by the result of misunderstandings and etheric records of the past. This shall not be!

UNITY, LOVE, WISDOM AND POWER going together with ONE PURPOSE - to ascend life - to ascend life - to ascend life - through sublimation and transmutation into its own God intent. **THIS IS THE TRUE PRIESTHOOD** established under Alpha and Omega and followed by every Avatar, Saint and Power through every system of worlds down on to this Earth! **Let me remind you to remember My words!** THE TRUE PRIESTHOOD WEARS ROBES OF LOVE! The TRUE PRIESTHOOD SUBLIMATES ERROR! THE TRUE PRIESTHOOD IN LOVE OF GOD, LOVES EVERY CHARGE PLACED IN ITS HANDS AND LOVES THAT GREAT LIGHT FREE!

USE YOUR EXPANSION BRIDGE!

Visualize a great gorge forming like the Grand Canyon— the human race standing on the far side of this gorge, their hands stretched out across it to the Realm of Happiness, Bliss and Freedom. On their side of the river witness privation, sickness and death—On our side all the ecstasy of Heaven. Then look with a discerning eye and you will see that while Our Hands are outstretched, across the impassable barrier and while they are seeking for human assistance to transport them they, each one, hold within their own heart an expansion bridge which he or she can throw across the gorge, and which will be caught by the Hands of the Masters to take them Home...

That Bridge is Love —on Love mankind went forth and crossed the Great Divide, and when they lost Love they lost the pathway Home.

Who, among you, will open their hearts and let that Great Bridge form within their own lifestreams, mind you, made up of their own life energy, surge forth and like a golden tunnel of Life provide for them the natural means of reunion with Divinity?

Maha Chohan

(Printed by request)

JESUS
World Teacher

THE ASCENDED M

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FOR THE SPIRITUAL EDIFICAT

As you are invited to enter the Sacred Chambers wherein the Golden flame of Ilumination rises high into the atmosphere, and are privileged to become the guests of the Gracious God and Goddess Meru, your first impression will be a feeling of gratitude for the invitation to this Holy Focus. You will then be enabled to distinguish the actual figures of The God and Goddess Meru and Other Illuminati Who have gathered together at this time to assist in enlightening the consciousness of earnest (unascended) beings.

A cosmic and awe inspiring ceremony is taking place for the benefaction of all mankind, the Earth and Her attendant evolutions.

Seated before the Illumination Flame are a specific group of Divine Beings Who have volunteered to teach the children of God during this propitious year (1961) under the auspices of the God and Goddess Meru. Each such an One comes forward, kneels before the Illumination Flame and then enters right into the Heart of the Flame until Their Beings are saturated with the Divine Wisdom of the Ages. They step forth from the Illumination Flame clothed in an aureole of Golden Light and kneel before Their Host and Hostess and receive a personal blessing from both The God and Goddess Meru for Their Service now begun. A strikingly beautiful being from this Group rises, a Lady of true dignity and exquisite beauty.

The entire Assembly also rises as the God Meru steps forward in recognition of the Lady Parses, Who achieved Her Ascension

MASTERS ANSWER
ESTIONS

ION OF WORTHY CHELAS IN 1961

KUTHUMI
World Teacher

in the White Priesthood of Persia centuries ago. She is the Beloved Sister of the Ascended Master Saint Germain!

El Morya

BELOVED LADY PARSES SPEAKS:

As My Name denotes, My Activity is directly concerned with the analysis of abstruse terminology. It is My privilege to translate into simple form some of the Truths which have been distorted by man's concept. The following are the first of a series of questions which are uppermost in the hearts of mankind in their soul search for spiritual edification. I shall answer these questions in a concise manner.

I. **What is the purpose of man's journey upon the Planet Earth?** To bring into physical manifestation his portion of the Divine Blueprint given to him by The Father.

II. **Why do I say "The Father" using the Masculine Aspect of Deity?** Every Divine Being is basically Masculine and Feminine in nature, having the power of both fecundation and nourishment. This power is also latent in everyone not yet Ascended. The mass of mankind cognize only one facet of this expression and an understanding of this principle shall avoid much unnecessary degradation.

Man during his many embodiments upon the Earth is required to express either aspect but before his Ascension both aspects must be equaly developed. He can then magnetize, nourish and sustain his Divine Blueprint.

The Christian (Sixth) Dispensation, under the direction of Beloved Jesus emphasized the Fatherhood of God. The Seventh Dispensation, in which you are living, shall inculcate the Feminine Aspect of Deity (The Father-Mother God).

III. **Why is man required to embody more than once upon this Earth?** For the reason mentioned in Answer II. And the over-all picture, or Divine Blueprint of the Godhead is of such tremendous scope that the individualized lifestream requires rest between the various phases of his development and while sojourning in the inner realms he is shown what he should have accomplished in the time allotted to him in that particular span on Earth. There are Divine Teachers in these inner realms Who voluntarily assume the responsibility of training each individual, in order that in a succeeding embodiment he will progress after looking impersonally upon both his successes and failures. These Divine Teachers are assigned to each individual by The Great Karmic Board.

One of My Confreres will continue this subject in the next issue of THE BRIDGE - May 1961.

IT IS EASY TO RISE INTO THE "UPPER CHAMBER"

An Address by beloved MOTHER MARY

The Ashram **December 29, 1960**

Hail thou, the Anointed of The Lord, come into My Presence as I come into your Presence and bring to you that anointing from the Realms Above, which is a sustained grace in, through and around your blessed lifestreams and becomes a part of the Heart of Mary, alive forever within you! Will you join Me permanently in that Realm where the Angels live and where We serve unceasingly in His Name?

You have chosen your own Path

Beloved, from whatsoever Star you have come, you are here for a purpose and that purpose is of your own choosing, even as My Purpose ages ago was of My choosing. When the way seems difficult, temporarily, remember that even before you took embodiment you chose the path you walk and on that path, even as on My Own, obstacles can be transmuted into Light until you have Victory in expression. On the glory of free will, children, the glory of taking upon yourself a physical vehicle and utilizing it according to the purpose of God upon this Earth; the glory of feeling that anointment which comes from Above and abides in, through and around you constantly, as you are Heaven's friends and We are yours.

It has been throughout the entire Planet a beautiful Season in honor of the One, My Son, Beloved Jesus, and in the honor of all of you who are also My daughters and My sons. As more and more of that Cosmic Blessing seeps through the atoms, through your emotional, mental, etheric and physical worlds, It becomes a palpable living substance which lives in, through and

around you and It can and should be utilized by you, each one, in the direction of your attention to the blessing of life less fortunate.

You can be free from limitation

Thus you gain in grace, you gain in individual mastery, and in honor in the Heavenly Court and you express more fully here on this Earth that Immaculate Concept Which We have held for you since first you took a physical embodiment. Someone must hold That for you, hold It so powerfully, so lovingly and so constantly that no matter what the appearances may be there is an anchorage within your beating hearts which tells you Truth and enables you through the sheaths of the many selves to know that Truth as I did, as Jesus did, as Others before Us and after Us know, until you are eternally free from limitation of fear and dread of any type of human appearance.

Beloved ones, when the Angels come and walk and talk with men; when Lord Raphael desires to give the mighty power of healing which is His; when I desire, as I do, to again anoint your vehicles with the substance of Myself, accept that.

Physical and spiritual ablutions

In the East the anointing of the bodies even before the Ascension was part of the ceremonial for both the men and the women who represented the Temple Guards of God's Truth. In the West so many of these delicate and subtle activities of Spiritual significance have lost their meaning and must again be resuscitated as the flower is resuscitated in the Spring, until the ceremony of preparation, the ceremony of enjoyment, the ceremony of acceptance, the ceremony of benediction, are all united as a glorious unified activity for you, the anointed of The Lord.

Early it was, you know, that I first entered the Temple, bound by the promise of My Own Mother and Father, and early it was that I learned within the Temple the sanctity of the Holy of Holies. I never slept at night before I performed not only the

physical but those spiritual ablutions wherein if I should be called to render a service, I could say and truly, rising from My bed, "Behold the Handmaiden of The Lord".

So it is with you, you are now the consecrated servants of Our Lord; The Lord Who created Me and Who has created you to render service in this glorious Era of change and transformation, exhilaration of the Divinity in you into the glorious perfection which can be manifest through your blessed selves, as was manifest through that strong and powerful God Being, Whom I guarded, guided and loved well, during the short thirty-three years of His Earth-life and Whom I love even more since, and you too honor, Beloved Jesus.

Temple worship must come again

Blessed ones, Temple worship must come again. It comes with reverence. It comes with understanding hearts. It comes with a cognizance in the outer mind of what you are doing with the Light and free will entrusted to you by The Father Who made you, and by Those of Us Who love you more than We do the Realms of Perfection where Divine Beings dwell, remaining upon or at least on call from the children of Earth and where Everyone has freedom from distress, has Faith through answered prayer and is enabled to take upon himself that particular yoke of his own karmic creation and transmute it as valiantly as powerfully, and yet as humbly as did those who I had the privilege of associating with in Bethany, many of whom Beloved Jesus brought to that Focus when the Christian Dispensation was at Its inception.

Jesus taught the resurrection

Beloved ones, it is not the most easy thing to encompass in real heart's love peoples of every nation, creed, cult and race. For Jesus born without taint of karma of His Own there was no question as to the development of any part of life as long as it was in distress and He in His great consciousness knew it had to

be resurrected into perfection, from a wounded bird, a broken flower, to a broken man, woman or child. That was the lesson which He gave to life. That was the lesson which He gave to Me and endeavored to impart to His disciples and apostles, all seeking unfortunately personal acclamation instead of unification through understanding hearts.

I was grateful for those years in Bethany after Jesus had Ascended to be a part of that Unifying Presence taking all the different strata of consciousness and unifying it so that it made a tremendous Forcefield, radiating forth, which has carried the Christian Dispensation up to the present day. It is a great service to do that and to remain silent in the rendering of that service. It is a subtle test of consciousness when there is accomplishment, not to attempt to say or think or feel "I did it". Yet you know that it is the Power of Almighty God vested in you living through you, the Anointed of The Lord, which can and will render such service and assistance as you may require at a moment, if invoked.

Perfection through Invocation

When Jesus stood by Lazarus' tomb, if He had not invoked the Power of Life Eternal and the Great Being Serapis, and the Great Maha Chohan, Himself, as well of course as Almighty God before He spoke those words, that resuscitation would not have taken place. He remembered always to make that invocation silently or audibly when He was among friends, and then speak the word of authority and create perfection where imperfection existed. Yet almost two thousand years have passed since He walked this Earth, a Man among men, straight, strong and beautiful, refusing to cognize imperfection. Many who walked with Him then are still bound round and accept imperfection for themselves and their loved ones, and the Planet itself.

How to rise into the "Upper Chamber"

Rise you into the Upper Chambers of the highest consciousness which you know is possible for you to in safety dwell and sustain a perfect Image, not only for yourself but for those whose vibratory actions seem oppressive or depressive to you. Then you will learn to enjoy that vibration and to sustain it in a state of Listening Grace for those from Above Who desire at any moment through you, or Whom you may desire to invoke to bless life and set imprisoned life free from the vibratory action which is imperfect.

Beloved ones, it is so simple. It is just the readjusting of the atoms, the electrons which make up the atom, which create and sustain for uncountable ages if you desire, the physical and inner vehicles.

Man has lived 1,000 years

In many Golden Ages which have proceeded this, peoples have lived a thousand years or more. Why? Because the vibratory action of every electron and every cell and atom of their beings was held in harmony with their own Presence and with Those Divine Beings, the Messengers of Almighty God, and they chose in such activities to remain and crossed the planet Earth from place to place in service Divine, rendering the service of resuscitation through the power of Love and Light.

Now comes the Anointed of the Lord, I Who have taught the elementals; I Who have guarded the Son of Almighty God; I Who guard and guide you. COME FORTH from that shell, each one, of human creation into the Light of this Day. There is Light in the day... the Light and Love of Mary!

HOW TO CALL FORTH THE IMMACULATE CONCEPT IN OTHERS

An Easter Address delivered by beloved Ascended Master JESUS

Beloved ones, gathered together in honor of a Resurrection, one in which I participated through the help and kindly assistance of many Beings of Light, today I bring to you the feeling of My Own Resurrection charging it with all the infinite combined gathered momentum of every Being Who has so experienced a Resurrection from distress into Perfection again! Even as that experience of Mine has become well known to the peoples of the Earth through the efficacy of My followers even so may I make that call now to the Universal First Cause that created and sustained Me that there may be in, through and around each and every one of your lifestreams those beautiful friends, Ascended and embodied, to help you in the process of personal and individual, as well as planetary Resurrection at this time.

The Earth and its Evolutions are in the process of Resurrection

The planet Earth is quickening in Its orbit as It swings around in the beautiful symphony of the spheres, the vibratory action of the very Earth Itself and the water element and the air are quickened in action as We prepare the planet Earth for the forward movement which is to be forthcoming. Therefore, in like manner all evolutions that use the Earth as a platform for their physical being—human beings, animal and bird creations—are being quickened too in this process of the Resurrection and Life! It is a process that is not instantaneous in its activity but that does take place as from the very heart of Pelleur's Kingdom that tremendous acceleration flows upward and upward and upward and every cell and electron belonging to this universe to its very periphery is quickened by that pulsation from the heart of the Earth and then by the pulsation of the Ascended Master Realm which descends and anchors into the Christ Self of every human being.

The Christ is alive in you

That which I have done and which has seemed so miraculous to some, shall become a common occurrence as the Christ stands forth through every man, through every woman and through every incoming child, that Christ Nature which is dormant within the masses, stirred to life within My heart, brough to maturity to be an example to mankind, that Christ is alive in the world, in every beating heart. It is alive and responsive to My words and to My Presence. It is alive and responsive to the Cosmic Christ directed through My lifestream for a specific service and to this living Christ which is within every human being, unascended and every human being who has not come yet into embodiment but who has not attained the victory of the Ascension. To this living Christ within you do I speak:

"In the Name and by the Power of Jesus the Christ, come forth and manifest now! Be Thou the full and only power acting through the forms which You inhabit! Transmute the soul into the substance of LIGHT and allow Divinity the courtesy of expression here in the physical appearance world, or in the inner realms wherever You Abide!"

The reward of service and love is in seeing this planet emitting more light, seeing Its peoples resuscitated, their spiritual natures express through their flesh and everything in, through and around the Earth giving forth the music and harmony of the spheres until the planet Earth takes Her rightful place in Our planetary system as a magnificent jewel of light as She was designed by Helios and Vesta, and as She was in turn blessed by the Directors of the Forces of the Elements and All Who have served throughout the many ages to sustain Her.

We need your cooperation

Today, beloved ones, all over the Earth people are honoring the Resurrection Spirit. They are honoring that Spirit of the Christ as manifested through My Lifestream. Today I ask **you** to direct that **to** and **through them,** the realization that what I

have done EVERYONE of these blessed ones shall and will do, and they must make ready now in courtesy to their Lord to allow this externalization through them of their own Divinity. I ask you in the name of love and of light to CHARGE into the feelings of the people the realization that WITHIN THEIR OWN LIFE is that **same power** by which I did resurrect a physical form and finally ascended in the presence of several hundred people.

You can heal yourselves

Dearly beloved ones as We have sent forth the Resurrection Flame from the Resurrection Temple, as you contemplated it, as you have breathed It in and felt Its exhileration, **let this be a permanent part of your world** quickening you every time there is a tendency to return to habits of depression, exhaustion and depletion. Step right within the heart of that magnificent opalescent Flame, right within the heart of My Own Luminous Presence or that of beloved Mother Mary and FEEL THE CHANGE of the quality of the energy in your feelings, in your minds or any member of your physical body—any organ or cell that for some reason has gotten out of alignment—and thus you can do by **Grace** what is so much harder to do by effort of will! When **healing** comes through Grace, it is permanent and it is sustained. When it comes by the effort of the mental body alone—through **will**—as soon as that mental pressure is removed, unless the cause and core of distress has been dissolved, the condition appears again.

Accept now that there is a Power right within your beating heart, and that Power connects you with Myself, with My Mother, with your beloved Saint Germain, any one of the Ascended Host, the Angels or the Archangels with Whom you have an affinity and the very moment you turn your attention toward Them, silently or audibly, you are WITH THEM and THEY ARE WITH YOU.

We answer you immediately

The INSTANT Our Names are breathed, the instant Our Image is thought upon, the instant any activity which it is Our privilege to give IS INVOKED **there We are** rendering that service and assisting you. Come to that realization of ONENESS of the Celestial Realm with the human, the **oneness** of the Divine Beings with your own Christ Flame, and entering deep within that Inner Christ, feeling the fullness of Its magnificent Presence—you can have freedom, FREEDOM NOW—even as We are here to bathe you in the glory of the Kingdom, the Kingdom wherein dwell every Being Who has learned to govern His energy and to sustain harmony and not break the peace!

Beloved ones, **that power** is **My Power** to give; it is **your** power to draw forth from your own Christ the power to see, to think, to accept, to call forth the Immaculate Concept from within every lifestream that you contact and it will respond in an ever expanding radiation of perfection through such an one if you can keep your human mind and senses from recording and accepting an individual personal concept rather than God's Concept which is perfection. I know it is difficult when you wear garments of flesh and you see certain idiosyncrasies of the human nature to hold a concept of perfection for all the life with which you are surrounded when you try to do it through **will**; but if you will turn your attention to Me, to the beloved Gabriel, beloved Mother Mary, any of those Beings Who are particularly concerned with holding that Immaculate Concept in the inner realms, We will help you to see your fellowman as God intented him to be. That does such a tremendous service for the Holy Christ Self of such an one and helps to anchor more and more into the feelings, the thoughts, the etheric consciousness and the very structure of the flesh, that Divine Pattern and Plan which shall be externalized through that lifestream.

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THE BRIDGE TO FREEDOM, INC.
P. O. BOX #777
ST. JAMES, L. I., NEW YORK

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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Published by **The Bridge to Freedom, Inc.**
Editor: **THOMAS PRINTZ** Manager: **FRANK C. PITA**
R.F.D. 1, Box 321, Charlottesville, Virginia, U.S.A.
Rates per year: $5.00 USA and Canada; $6.00 Elsewhere

VOL. X, No. 2 **MAY, 1961** **.50 cts.**

THE BRIDGE TO FREEDOM, INC.

THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. X **MAY, 1961** **No. 2**

ETHERIC TEMPLE OF PURIFICATION BY THE VIOLET FIRE OF MERCY

(Over the Island of Cuba)

(The Ascended Master Retreat of the Month)

May 15th, through June 14th 1961

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF MAY 20TH, 1961

1	2	3	4	5	6	7	8
"I AM"	inbreathing	from	Beloved	Zadkiel	the Transmuting	Power	of Violet Fire
"I AM"	absorbing	from	Beloved	Zadkiel	the Transmuting	Power	of Violet Fire
"I AM"	expanding	from	Beloved	Zadkiel	the Transmuting	Power	of Violet Fire
"I AM"	projecting	from	Beloved	Zadkiel	the Transmuting	Power	of Violet Fire

FOR INFORMATION AND DESCRIPTION

of the above Ascended Master Retreat, please see the booklet **A Daily Aid to Tune into the 1961 Monthly Retreats,** with Pictures of Their Hierarchs, for the use of Sanctuary Directors, Group Leaders and Students, recently released by The Bridge to Freedom, Inc.

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World Brotherhood, as sponsored by THE BRIDGE and all its subsidiary publications, does not constitute the leveling of all men to the sub-standards of the lowest strata of human kind, but rather the conscious raising, through education and competent guidance, of the entire race—through the individual—to the highest standards of moral, ethical, economical and spiritual maturity.

THOMAS PRINTZ, Editor

The Bridge to Freedom, a Monthly Magazine. Editor, **Thomas Printz.** Manager, **Frank C. Pita.** Rates per year $5.00 USA and Canada; $6.00 Elsewhere. Please make checks and Money Orders payable to the publishers, **The Bridge to Freedom, Inc. R.F.D. 1, Box 321, Charlottesville, Va.** U.S.A. (a tax-free, non-profit Corporation).

Please address all communications about Sanctuary and Group activities to our beloved Director of this Department, **Mrs. Zora Fellows, P. O. Box 3776, Daytona Beach, Fla. USA.**

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Mss. USA, Printed by Pérez and Portal, Havana, Cuba

FEEL THE REALITY OF THE ASCENDED MASTER SPONSORS

Letter to the Flame Class of May 20, 1961

Lord Zadkiel

Beloved of My-heart:

"I Am" so grateful for your earnest desire to visit the glorious Temple of Lord Zadkiel, pulsating in the ethers over the Island of Cuba. This means that you are earnestly learning to reacquire the power and powers of the Violet Transmuting Flame, to purify your own auras as well as that of all life using the Earth as a permanent or temporary Home. I shall meet your there and, together we shall look upon, absorb and then project that purifying radiance to all life everywhere (that is imprisoned).

Not only yourselves, those you love and all life **require** that purification of the substance which has wedged itself into the spaces between the electrons which form each atom, where the temporary impurity is lodged. The speed of the electrons throws off that substance into the Violet Transmuting Flame, for the benefaction of all life, everywhere.

Lord Zadkiel has provided Gentlemen Sponsors from His Own Temple to help you not only to visit Him at His Temple, but to utilize the knowledge which you once had (before the fall of man) in invoking the Violet Flame for the Freedom of life everywhere.

These Ascended Master Sponsors are real. Please feel Their Reality as well as Our Presence for in that manner we can do so much more for you than otherwise. As I have said before, those earnest chelas, who accept the Truth and use it, are blessed indeed.

Anticipating a glorious Time with Zadkiel and His Ascended Court, "I Am" always, so lovingly yours,

Maha Chohan

USE THE GIFTS OF THE VIOLET FIRE

Excerpts from an Address by beloved Archangel ZADKIEL

Now again We come to the new day when the Seventh Ray is magnificent in Its outpouring to the Earth. We ask you to learn this Power of Trasmutation of small things first in the orbit of your own blessed and individual worlds. You have opportunity within every twenty-four hour period of invoking the FULL POWER of that Violet Fire which is Mercy and Love, to blaze through any appearance where there seems to be temporary shadow and you have the FULL POWER VESTED IN YOU BY GOD, your own "I AM" Presence, of seeing the change in energy, even though you speak not a word.

The Power and Activity of Transmutation combines the Three-Fold Flame in your Heart; the Power to be a representative of the Ascended Master Saint Germain; the Wisdom to use the instruction that has been given you and the Love that desires to remove shadows where-ever they may be; That Love, beloved ones, truly does surpass the understanding of the human mind.

For a good many ages, mankind has endeavored through various processes to transmute their limitations but they have only succeeded in **pushing them back** into the deeper recesses of the etheric, mental and emotional vehicles and at the first opportunity they press forth again and are manifest in the world and experience of the same individual, embodiment after embodiment.

Now, beloved ones, you have the Sceptre and the Power of Authority to use this Violet Fire; and in the using of It to know that where there has been shadow there can be light; where there is unhappiness there can be happiness; where there has been disease there can become ease. THESE ARE GIFTS THAT ARE HELD WITHIN THE VIOLET FIRE WHICH WE REPRESENT!... The great Elohim Arcturus and the mighty Diana,

My beloved Amethyst, the Ascended Master Saint Germain and beloved Portia are All giving to you Our Full Power and Confidence in the use of this Violet Flame. No knowledge beloved ones, written or read, unless it is utilized, can be of benefaction to an individual.

You have the Power, because God Himself in the glorious Chalice in your heart has anchored It in you; you have Wisdom because The Cosmic Law has repeatedly given to you these Words of the Ascended Host of Light and you have the Love for God, or you would not be here; and you have Love also for your fellowman to spread what may seem yet to you an invisible radiation of that Violet Fire and CHANGE the quality of energy. I challenge you on behalf of Love to practice this and see wherein your own and others' life is freed!

Think on this also: the life which flows from you through free will and attaches to any person, place condition or thing on this Earth is a stream of electronic force which moves so rapidly that the human eye cannot see it, but for the sake of clarification We will say this, that We will slow down that life for a moment and when it reaches the ultimate in the point of your attention then it draws back into your emotional, mental, etheric and physical vehicles the actual substance of that on which your attention has rested. Therefore, when your attention rests on imperfect conditions, on that which is not of God and His goodness, you are drawing, consciously or unconsciously, for it is the law, more and more of the substance upon which you dwell into your world; constructively when your attention is upon the Ascended Host of Light, the Divine Beings that represent the Hierachy of Heaven, you are drawing, through your life energy which is pointed upward and through free will back into your emotional, mental, etheric and physical vehicles the substance and energy of the Divine Beings in the form of emotional peace, mental alertness, etheric purity and physical stamina, which is so required in this hour and day.

(Printed by request)

IT IS REQUIRED THAT YOU BE IN 1961 A GREATER EXPRESSION OF DIVINITY

An Address by the Ascended Master EL MORYA

The Ashram **January 1, 1961**

IN the Name of All that is Good and Holy, I greet you, chelas of My Heart with a feeling of gratitude that you are still in embodiment after the Year of 1960, and that you are willing to enter into the Year of 1961 under My supervision and constant persuasion. Please, in the Name of Almighty God be seated!

Persuasion of the Gods may come and often does in a gentle manner through the promptings of the heart but persuasion from My Being comes in that strong vibration of energy which does convince you PERMANENTLY that there is a God in the universe and a Divine Plan for this Planet Earth and for Her evolutions. AND IT IS TIME NOW THAT THIS PLAN BE FULFILLED!

A Petition granted must be carried out

Visualizing and looking upon the replica of the Planet Eatrh as created by Helios and Vesta before imperfection was imposed on It, at the Tetons, you all were amazed at Its beauty and perfection. At Inner Levels again many took vows standing before the Karmic Board, Beloved Portia as the Spokeswoman. Those vows are activities that should be fulfilled in a sixmonth period. Some have questioned why We have said on several occasions "all Petitions have been granted". Let Me make this clear to you now, once and for all so that you wonder that if a dispensation is granted it does not always manifest. You can be granted a license to operate a business but if you never raise your hand to do anything about it your license runs out and your business is not manifest and expressed. Right! This is exactly

the same thing in regard to the activities of the petitions presented to The Karmic Board. Although a petition is granted, whether to your own dear selves or One of the Hierarchs of any Ascended Master Focus, that gives Them, or you, or any group of people wheresoever they may be opportunity and cooperation with other individuals, Ascended and unascended, to follow through to victorious accomplishment on your Cosmic License or to remain with the License in your hand and allow the precious energies to be dissipated before manifestation occurs.

The Expectation of Lord Saithrhu in 1961

We ARE THROUGH WITH THAT! I stand as One, as I did last evening (December 31, 1960) and as I do again today, before the Throne of Heaven Itself and before the Members of the Karmic Board on behalf of the Ascended Master Saint Germain that there shall be a place upon this Earth during the Year of 1961 for the Incoming Seventh Root Race and Its Mighty Manu and Avatar. When you arise, what do you do? You prepare and dedicate yourselves for that Coming, emotionally, mentally, etherically and physically. You prepare for that Coming in yourself and wheresoever you find people who have interest of a Spiritual Nature, you enjoin them to make like preparation ahead of time. You know My Nature, to accomplish in proper order, harmony true, but without recalcitrance and without lethargy! You stand for a moment, true! If you were at Luxor you would stand the entire time during the instruction. All the time while you waited to present your Petitions to The Karmic Board you stood. Of course it was a little easier to do so in your etheric garment... but We allow now the flesh form to be seated.

The Spirit of 1961

Think you on this Being, mighty as One of the Archangels, Who represents the Year of 1961. Needless to say, Her garments are golden and Her hair is golden. She has the Power and tenacity of the First Ray to assist each and everyone of you to

GOD FULFILLMENT OF THAT HOLY WILL, MANIFESTING PERFECTION ON THIS EARTH AS IT WAS BEFORE THE LAGGARDS AND THE OTHER HUMAN CREATION in, through and around It brought imperfection. WHAT OF IT!

Suppose some laggards did arrive upon the Planet Earth, the peoples of Earth were trained in the Power of Transmutation of imperfection through the Violet Flame, so were the High Priests and the High Priestesses. They worked a hundred years to prevent contamination to the Earth and yet they allowed those from lesser Stars to come in and contaminate the beauty and perfection of this entire Planet. Why? Because after only one hundred years they became tired of application! There is no such thing, beloved ones, of ceasing application until you have accomplishment. Otherwise you magnetize and leave in the ethers for somebody else to draw forth that which you had begun to magnetize. Remember that when you have your manifestation here in the physical appearance world for the blessing of all life, you have to develop and sustain constancy and rhythm of Love Divine and POWER AND POSITIVE ENERGY to sustain your manifestation so it shall always continue to be a constant blessing to the human race, the elemental kingdom and the kingdom of imprisoned Angels as well.

Your Talisman for this year

Your talisman given to you each year should be a radiating center of God's Holy Will (this year your talisman is from Peru) and no matter how much virtue flows forth from it, there should be constantly magnetized new virtue into it. What is such a talisman? It is an object which has been magnetized by invocation of God Virtues and Which is now a part of your lifestream, anchored primarily within your heart, as well as upon your person.

However, you made a glorious showing last evening (December 31st, 1960). Your attire was to be admired in the extreme and also was your presentation of petitions of merit to The Karmic Board which echoed up through the great Teton Moun-

tains, to the Members of the Karmic Board, in a strong and positive manner so that Helios and Vesta and other Sun Gods and Goddesses would know that there are awake on the Planet Earth individuals who have a semblance of understanding that something should be done, and each one knows something different which should be done.

The Straightening of the Axis of the Earth

That which should be done is THE PREPARATION FOR THE STRAIGHTENING OF THE AXIS OF THIS EARTH! That which should be done is the utilization of the energies which We have invested in you until you manifest and express perfection in the outer, as you did in the glory of your inner vehicles last evening. Yet, so often there is drawn back into your inner vehicles that consciousness of limitation which you let go in Our Presence and then which you again accept as you enter into the ordinary orbit of your worlds. THERE SHOULD BE NO ORDINARY ORBIT! Your worlds now are extraordinary in their orbit, BLAZING WITH THE FIRE WHICH YOU SHOW IN YOUR SUSTAINED ENTHUSIASM FOR SERVICE TO THE ASCENDED HOST OF LIGHT.

Lest you forget, I shall be constantly reminding you. You may have a permanent seat in My Temple, but you shall also have permanentiy a place of honor in that Flame Room Where you can breathe in the actuality of Illumined Faith in the Goodness of God as expressed through His Divine Messengers—for one purpose, and one purpose alone, to bring the Kingdom of Heaven here on Earth!

We have talked about this Kingdom long enough, too long for My thinking. It would seem imperative that this Kingdom be manifest, and NOW!

Certainly I have been active in all the nations of this Earth where peoples rise against peoples, creeds and colors, argue amongst themselves as to the supremacy of each one!

There is only One Supremacy and that is the mastery over the energies of your outer self that in turn you shall be the master of the energies of others.

What is a Utopia?

This gentle Being, Our Beloved Ascended Master Saint Germain keeps on hoping for a UTOPIA manifest through mankind. He spent centuries writing about it and He spends every time He has opportunity to speak to you explaining gently what that Utopia is. The very gentleness of His Nature seems not to reach to the center of your being. A Utopia is a place, a strata of consciousness if you wish to call it such, wherein there are no vibratory actions of discord; a place of sustained harmony, a place of sustained peace, of sustained unity, of sustained love AND SUSTAINED ACTION, RHYTHMICALLY, to manifest more and more and more perfection in, through and around yourselves and then directed forth in, through and around the peoples of the Earth.

If you are going to accept this Utopia—LET IT BE TODAY! Let it not be when again We close the pages of the Year (1961). Saint Germain is required again to explain what a Utopia should be upon the Planet Earth. It means a place, a strata of consciousness wherein all men shall be equally vitalized and vibrating the quality of harmony AT ALL TIMES, UNDER ALL CIRCUMSTANCES, no matter what they shall be. THIS—is the Utopia which Beloved Sanat Kumara endeavored to bring to the Earth, which Lord Gautama is claiming for the Earth and which the Ascended Masters, like Myself, Who have foresworn Nirvana are endeavoring to DRIVE into the outer consciousness of mankind, imprisoned Angels and all elemental life, so that all can and will cooperate to bring that Kingdom into manifestation RIGHT NOW.

You have to prove what you affirm

Beloved ones, it is time now that you understand and through that understanding act constructively, manifesting that which you affirm! You can affirm for an age that you are God in action. I say to you, PROVE IT! The Karmic Board cognizing your Light does not look upon your personality; does not look

upon the present or past accumulation of discord! It looks upon that Light which you have already expanded. Then from the great reservoir held in store by Helios and Vesta, there is given to the Karmic Board enough energy to double your endeavors. That God-qualified energy in turn, of course, is released by Helios and Vesta to The Karmic Board. The Karmic Board gives the energy to the individuals who are desirous of these magnificent accomplishments and then what happens?

We shall meet face to face!

What happens when you have been energized and given your cosmic license to make this Planet Earth and Her peoples a more perfect place to live? If you do not so accomplish that service, to Me you shall render an accounting! FACE TO FACE, in the full blazing power of the Flame of God's Will at Darjeeling or, if you are not interested in meeting Me there — I SHALL FOLLOW YOU HERE! So We shall meet face to face until you cognize and accept for yourselves and all of life some of that Beloved Prince's magnificence and manifest it in God's Holy Name!

Once sentimentally I wrote 'The Last Rose of Summer'. All right, that's gone! Now let's have Our First Rose of Spring — the Spring of enthusiasm in your heart, which like a mighty fountain rises and is sustained until mankind are all cognizant that association with Divine Beings, understanding of Their Law and manifest expression of it does bring greater harmony and capacity to serve the Ascended Host of Light and all imprisoned life.

We are, of course, beginning today (January 1, 1961) the Year of Illumination. The Great God and Goddess Meru and Beloved Nada, All are desirous of giving the Illumination Flame to and through you and all imprisoned life. They are beautiful Beings and Their Love and Light is unparalleled but withal We, the Beings on the First Ray, shall continue to emphasize the power of utilizing the God within you which enabled you to enter this Activity and today TO ACT IN A CONSTRUCTIVE

(Continued on page 15)

JESUS
World Teacher

THE ASCENDED M
100 QU
FOR THE SPIRITUAL EDIFICAT

LORD THEOPHRASTUS **Speaks On The Karmic Board:**

"I AM" He who followed Plato and Aristotle in the Peripatetic School! Therefore it is My pleasure to follow the Lady Parses. I, too, shall impart to you in simple terms several answers to questions which are imperative to the understanding and application of The Spiritual Law.

IV. What is the Karmic Board?

The Karmic Board is a Council which voluntarily assumed both the responsibility and obligation of meting out the necessary lessons required by each individual who has taken embodiment upon the planet Earth.

All of mankind were originally created in the Image and Likeness of The Father-Mother God without taint of sin. Each one was endowed with the power of free will in using his creative faculties to fulfil his portion of the Divine Plan, as Lady Parses said. While each individual utilized this free will to fulfil his Divine Missions, the First Golden Age flourished. There was at that time no requirement for The Karmic Board. The Second and Third Golden Ages completed their course in a like manner.

The cycle of the Fourth Age upon the planet Earth found Her voluntary Hostess to peoples from other planets who had rebelled against God's Law and were thus planetary orphans, (laggards). Then the peoples of Earth, despite the protection invoked by Lord Michael and Other Divine Beings, succumbed to the subtle sin of curiosity! Their experimentation with the misuse of free will caused what is known as 'the fall of man'.

MASTERS ANSWER ESTIONS

ION OF WORTHY CHELAS IN 1961

KUTHUMI
World Teacher

They became enamored of their use of the creative powers, independent of God-direction, and that which you know as the soul was born!

Anticipating this rebellion against The Father-Mother God and the resultant discord which would ensue, three Divine Beings volunteered to assist anyone so enmeshed in this personal and mass creation of imperfect thoughts, feelings, words and actions. Thus the first Karmic Board was formed! Through successive Ages and recalcitrance upon the part of Teachers, as well as students, the number of Members of The Karmic Board has been increased to Seven, each One representing a particular God Virtue temporarily lost by man. The Divine Beings Who comprise The Karmic Board qualify for Their Office according to the requirement. Thus the Office and the Individual Being are not always the same.

V. How do these Members assist man?

At the close of each embodiment the soul is required to appear before The Karmic Board. Here he is given opportunity to explain THE REASON for the activities in his last Earthly embodiment. The Karmic Board in turn looks upon the MOTIVES behind such activities and assigns each soul to a realm whose vibratory action is akin to such an one's consciousness. Also at this time a Teacher either volunteers or is assigned to such a soul so that it will better understand the reason for its being, and upon its return to Earth in the next embodiment have opportunity to make restitution.

VI. From where is the word "Karmic" derived?

As a man sows, so shall he reap! Therefore all energy the soul has misqualified becomes 'evil' karma and that which he qualified in a constructive manner is good karma. It is ofttimes referred to as the Law of Cause and Effect.

VII. What is Purgatory?

Purgatory is not a place, but is the activity of purging the soul. Man is not required to carry his imperfect karma with him until he leaves his flesh body. The act of purgation SHOULD TAKE PLACE as soon as he is privileged to know of the Sacred Fire of Transmutation, and by cooperation with The Karmic Board and the Divine Beings Who are waiting to assist him when so invoked.

Those who refuse to accept this Truth while in embodiment will of necessity be assigned by The Karmic Board to the exercise of purgation after so-called death.

VIII. What is Hell?

Hell is the state of consciousness, an uncomfortable one, in which man reaps the results of his misdeeds. When he learns the use of the Sacred Fire of Transmutation he can remove the resultant effects of his misdeeds. It is entirely man's self-chosen estate through the mis-use of free will. He can remain in that consciousness with its attendant suffering or extricate himself by the act of purgation. As We have previously told you, each individual has lived for ages of time. Therefore the extent of each soul's personal hell and period of purgation is determined by his use of life through those ages. His redemption will likewise require a balance of constructive endeavor. There is no permanence to hell or suffering of any kind when the individual ACCEPTS THE LAW OF THE CIRCLE, takes full responsibility for the conditions in which he presently abides and makes humble supplication for assistance in his redemption.

In next issue: LADY MERCEDES (Sister of Beloved Kwan Yin) Speaks.

IT IS REQUIRED THAT YOU BE IN 1961 A GREATER EXPRESSION OF DIVINITY

(Continued prom page 11)

MANNER for the blessings of all imprisoned life. It is not enough to accept; it is required that you BE in 1961 a Greater Expression of Divinity! Turbans off or turbans on, WE ARE DETERMINED BY THE POWER OF OUR LIVES to set you Free and to set all life Free!

Application should never cease

What is the purpose of having to constantly re-create your Mantle of Light? You should be enabled to sustain Its Protection and ENERGIZE IT BY THE POWER OF HERCULES AND AMAZON and expand it daily. You should have a permanence of God-qualified energy about you after all these years; a permanence of radiation through which can flow at will the gifts and powers of the Sacred Fire! That Sacred Fire Which has no limit and Which, through you, and others, can render miracles of which the human or outer self knows nothing. I SPEAK TO YOU EACH AND EVERYONE AS I STOOD WITH YOU BEFORE THE KARMIC BOARD LAST EVENING and gave again the pledge of My energies to match your own, that I shall expect your energies NOW, one-pointed to set life free!

There is a lot of life on this Planet, a lot of lovely Beings on Excelsior; there is also that other Planet created for those of you who wish to sleep on or move with the vibratory action of the present Earth people BUT BY GOD those who remain on this Earth are going to vibrate like those Beings Who represent the Seventh Root Race and Its Lord Manu, Saithrhu and this Earth shall be returned to the beauty and perfection She had in the beginning. The laggards can go! Incidentally, some laggards have proceeded marvelously on this Planet, whereas some who came from other Stars have become so enamored of the laggards that they are below them in the spiritual process of evolution.

Who is a laggard?

Now who is a laggard? You will know. All you have to do is enter into the aura and atmosphere of such an one and if you have not a positive radiation of energy in, through and around you, what happens? Two laggards! Is that wise! IT SHALL NOT BE FOR THE CHELA IN WHOM THE ASCENDED HOST HAVE INVESTED SUCH ENERGIES AND SUCH POWER THERE SHALL BE TWO ALERT GOD-FREE MEN AND WOMEN WHERE ONE PREVIOUSLY HAS BEEN! If one individual can through affinity of vibration draw another down, cannot one individual with affinity of vibration draw another UP! It is as simple as that!

As the spiral of life goes higher and higher, years matter not, so does the spiral of the entire Planet and your lifestreams ascend to that peak where you are ready to either enter Nirvana or become like Us, Those Who choose to serve on lesser Stars.

Mercury shall go into the Sun (Helios and Vesta) by the energies and powers of Our Light. That means that your Earth horizontally will move closer to the orbit of Helios and Vesta. Think ye what that shall do to the vibratory action of the peoples, some of whom cannot stand the sight of the physical Sun, even veiled as It is by the gracious clouds of mercy which hide The Sun behind The Sun. One day, however, there shall be not such clouds of mercy. You shall stand like the Zarathustras and face the Sun God, the Sun Goddess of your System accepting Their mighty Power and then disseminating It in grace.

Our Initiation in Persia to face the Sun God

One of Our Initiations in the early Ages in Persia was to render just such a service individually. Seven of Us were chosen, in seven groups, making forty-nine aspirants. Seven of Us were chosen at a time to ascend the forty-nine Temple steps. Then as We stood at the top step the veil was rent, We had first to look into the physical Sun, see the orbit of Helios and Vesta and the SACRED FIRE which is around It and then go through

that Sun on the solar highway to the Heart of Alpha and Omega without any by-pass and then return consciously, stepping down the vibratory action of Our vehicles into the Temple in Persia —THAT was before Our Ascension—and We were required to retain both sanity and balance, humility and wisdom gained from knowing WHAT one day We, too, should be! Sun Gods and Sun Goddesses in Our Own Being!

Of each group of Seven, six could not look upon the Light of Helios and Vesta. Of the forty-nine who took the Initiation, only Seven remained Who had through the Grace of God, tenacity of purpose and oneness of Being reached into the Presence and stood before Alpha and Omega, absorbed Their Light, Power and Efficacy and returned to the Earth! Where think ye came The Chohans of The Rays?

Learn what you have been taught

Now "I AM" not asking you to go so far for without tremendous asistance it would not be possible for you to return. We have not the time to seek for you in Cosmic Tides with so much Solar Activity going on connected with this galaxy alone. "I AM" asking you to learn what you have been taught and to act upon what you have learned, and to be what you have said, and to become fitting representatives of the God of Freedom!

THE FESTIVITIES AND SERVICE OF THE MONTH OF MAY, 1961

May 1st, Saint Germain's Ascension and Coronation

SAINT GERMAIN Speaks:

Saint Germain

Today is MAY DAY, and that name means so much to Me! When a child that was the one day I had to be alone with My own Mother. Much later, it was the day I took My leave of this sweet Earth, and it was on that day in 1954 I was Crowned as King for the incoming Era of Freedom. May Day is a Day of Happiness! Do you think it is happenstance that your Air Corps uses "May Day" as their signal of distress? You have been taught to use "The Light of God never Fails"! When those men in the high blue sky are at a point of great distress and that word "May Day" goes forth, **Who** answers? **I DO!...** Now we come again to My vision, of a world where there is no sin, no cause for sin, no result of sin, where there is no unhappiness no need for tears; where there is no disease, no disintegration, no death, absolute liberty.

May 8th, Lord Gautama's Enlightenment

LORD GAUTAMA Speaks:

Lord Gautama

How can I speak to human minds of the type of service and endeavor which I have followed through so many ages! To hold that infinite Middle Way of Balance, no matter what the senses report or the eyes shall witness or the ears shall hear; whatever revelation shall have come - to hold that balance and retain conscious control of your own vehicles, is the Mastery which I did teach and do yet teach to those who choose to come within the compass of My aura. To hold that Peace, no matter what the distress of the elements, to hold that Peace no matter what the chaos of the outer world - that is the application of the aspirant and the chela of one who follows the way of the Buddha.

May 11th, Jesus' Ascension

JESUS Speaks:

Jesus

Beloved and blessed ones who honor the Ascension of My Lifestream, I greet you again on the Anniversary of that day, a day made possible not by My Own Personal endeavor but by the endeavors and conscious cooperation of every Divine Being in Heaven's Realm. That wonderful cooperation of All these Beings, with that of the Spiritual White Brotherhood and My Own Teacher Lord Maitreya (now Lord Divino). that Ascension, which was the whole point of My Ministry, should stand out in the Christian Dispensation as not only a possibility but the actual **goal** and purpose of every lifestream upon this Earth, of every imprisoned Angel and Elemental. In the Name of the Father, in the Name of the Son, in the Name of the Holy Spirit, I bless you each one, upon your own "Hill of Bethany" toward a like victory, and when you gain that victory, you, too, even as I, shall send benediction to those following.

May 21st, Pentecost (Whitsuntide)

THE MAHA CHOHAN Speaks:

The Maha Chohan

At the time of the Ministry of the Beloved Jesus, even the disciples were among the comforted while He remained with them; He was that great Comforting Presence to all the life privileged to stand within His Presence and to touch the hem of His Holy Garments. But there came the time when the Divine Law, seeing that the growth of the disciples could not be effected until they themselves became the Comforting Presence, closed the Mission of the Master Jesus and asked for the release of the Flame of the Holy Spirit, which on one Whitsuntide (Pentecost) changed the disciples from the **comforted** into the **Comforting Presence.** This assisted them in performing miracles and marvels which they were not able to do even while within the

magic power of the aura of their Beloved Friend. So again today, as your attention is upon that Whitsuntide, may I draw your consciousness deep within that Living Flame, that Flame of Inspiration which makes you become a Comforting Presence to Life, a Healing Presence, a Peace-giving Presence, a Power in the hands of the Spiritual Hierarchy which governs the world, through which They individually and collectively may hasten the fulfillment of God's plan.

May 30th, 11.38 p.m. EST (Full Moon) Wesak Festival

As Beloved Lunara blazes Her Light Rays in, through and around the planet Earth while the Mighty Neptune in cooperation with Lunara reaches the apex of His capacity at this hour to unite with Lunara and the emotional bodies of mankind, imprisoned Angels and elemental life, who everywhere hold the cups of their consciousness up a-high, Lord Gautama becomes the conscious union between these two Great Beings and Their Elemental Kingdom, bringing Light into the world.

THE LORD OF THE WORLD (Lord Gautama) Speaks:

I give My benediction as Lord of the World to every member of the Spiritual Great White Brotherhood and every member who made the endeavor to be here in person or through projected consciousness, accelerating by the power of My Light the centers of light in the heart, head and hand. "I AM" the Light of the World, "I AM" the Light of the World, "I AM" the Light of the World and that Light is permanently from Me, anchored in you as you are the Light of the World, in My Name, in the Name of the Lord of the World.

The entire month of May every year

The Temple of the Sacred Heart Activity

LADY MARY (Mother of Jesus) Speaks:

Lady Mary (1)

I have met you again and again when the Karmic Board ordained that you were to be given new opportunity for re-embodiment and together, you and I, fashioned the Sacred Heart in which burns eternally that Immortal Three-fold Flame of God around the substance purified as best as it can be by the Sacred Fire and by Kwan Yin's, Meta's, Ñada's and My Own endeavors. Then We have always sent an Angel, and still do, to stand in the aura of the parents and the Great Angel Who co-operates with the Builder of Forms. **Most important** it is, that within **your hearts** and the hearts of all that live on Earth now and in the future, the Three-fold Flame of Almighty God be allowed to expand through the living Chalice of each one's heart, made out of the elemental substance by My Own hands to be the dwelling place for the Christ in you. I say to you now - LET THE CHRIST IN YOU EXPAND. LET THAT CHRIST IN YOU SERVE THE LORD GOD! LET THAT CHRIST THROUGH YOU MINISTER TO ALL THAT LIVES.

NOTE: Please read in the May 1960 issue of the "Bridge Journal" an Address on **The Consecration of Souls at the Sacred Heart Temple** by Beloved Mother Mary.

(1) The beloved Maha Chohan has said that this is the best likeness available in the Third Dimension.

MAKE THE OUTER MIND THE MIRROR OF THE DIVINE MIND

By the Ascended Master KUTHUMI

In spiritual study the "Mirror of the Mind" has been referred to on numerous occasions. The outer mind is a sensitive impressionable "plate" used as a "conductor" for the Divine Ideation released from God's Perfect Plan. It is the means by which the Divine Will is interpreted, and then, according to the facilities of the interpreter, it is put into physical manifestation. The outer mind was never intended to be a generating center for independent thought processes, but really as the **receiver of the impulses** from the Heart Center of Creation, which the individual then utilized to fulfill his or her part in the Divine Plan.

In the Great Scheme of things there is only ONE MIND, not many, and this great Perfect Mind of God was intended to express Itself through the many manifestations of the ONE, and the outer self was intended to be merely a **conduit** in the physical world to take the Divine Ideas and, through the uses of the substances of the four elements, mould them into form.

The outer mind is the servant of the Divine Mind

Because of the nature of the outer mind working through the brain, it is constantly reflecting pictures of one sort or another, because that is its **natural avenue of service** to the lifestream. Having **lost its focus,** instead of the Perfect Pictures of the Divine Self, it reflects the conglomeration of thoughs and feelings and the written and spoken words of other outer minds who are likewise **off focus!** This conglomeration of "facts and fancies" form the intellectual accretion which in an individual is referred to as a "good mind" or a "brilliant intellect". In reality it is but a **trash heap** for the effluvia of other ignorant, or sometimes illumined individuals.

Every person, some day, must come to realize that the outer mind is the **servant** of the Divine Presence. You may take that mind just as you would focus a telescopic plate upon the Truth, and there would flow into that outer consciousness a perfectly

clear understanding of that which is and that which is to be. The original crystal gazers were fully conscious of this and the Crystal Ball represents the clear mind in which the Truth of the Universe is revealed.

The **brain is the instrument** that the mind **uses** but the **mind itself** is the instrument of the **Spirit!** When these three are **one** you have a balanced union and an awakened adept. When these three act independently of each other, you have an offcenter expression which, through outer interest and desire, is oftimes working wholly independent of the Divine Plan and seldom or ever is in accord with It.

The Physical brain must be the instrument of the illumined mind

The mind substance fits into the brain as a hand fits into a glove. It is **etheric** in composition. Pure ether is crystal in substance and the mind to become fully alert to the impressions of Divinity, must return to this crystal quality of substance. Therefore, to work eternally on the purifcation of the mind is to achieve great dexterity in transmitting the thoughts of Divinity into expression. This crystal, clear etheric substance, which we call the **outer mind,** should be constantly at peace, with no thought of self-generating expression, but like the sea, reflecting the Sun. It should be constantly open to the Divine Plan of the Universe and then, seeing and knowing that Plan, the individual should go forth expressing it.

The "case" into which the mind is fitted is the **physical brain.** This is made up of the Earth substance, the elementals of the lower octaves and is likewise impinged with the atomic chaos of wrong living. Pure as alabaster, light as the Sun, must the brain structure become and then the illumined mind is a beautiful and strong instrument with which to work.

The substance taken into the body as food are most quickly felt by the physical atoms of the brain, and as soon as they reach the solar plexus their effect is felt on the brain structure. That is why in Crotona I was so extremely careful of diet. To achieve dexterity of the intellect, alertness of body and illumination of the mind, the diet should be carefully prepared and **ADHERED TO!**

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THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Co-operative World Service

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Published by THE BRIDGE TO FREEDOM, INC.
Editor: THOMAS PRINTZ Manager: FRANK C. PITA

P. O. Box 777, St. James, L. I. New York, U. S. A.
Rates per year: $5.00 U.S.A. and Canada; $6.00 elsewhere

VOL. X, No. 3 JUNE 15, 1961 .50 cts.

THE BRIDGE TO FREEDOM

A Monthly Journal

Vol. X **June 15, 1961** **No. 3**

TEMPLE OF PRECIPITATION

(In the Rocky Mountains, Wyoming, U. S. A.)

The Ascended Master Retreat of the Month June 15th through July 14th, 1961

BREATHING STATEMENT FOR THE TRANSMISSION FLAME CLASS, June 17th, 1961

1	2	3	4	5	6	7	8
"I AM"	inbreathing	Belov'd	Confucius	Precipitating	Flame	and Reverence	for Life
"I AM"	absorbing	Belov'd	Confucius	Precipitating	Flame	and Reverence	for Life
"I AM"	expanding	Belov'd	Confucius	Precipitating	Flame	and Reverence	for Life
"I AM"	projecting	Belov'd	Confucius	Precipitating	Flame	and Reverence	for Life

For Information and Description

of the above Ascended Master Retreat, please see the booklet *A Daily Aid to Tune into the 1961 Monthly Retreats*, with Pictures of Their Hierarchs, for the use of Sanctuary Directors, Group Leaders and Students, recently released by The Bridge to Freedom, Inc.

World Brotherhood

World Brotherhood, as sponsored by THE BRIDGE and all its subsidiary publications, does not constitute the leveling of all men to the sub-standards of the lowest strata of human kind, but rather the conscious raising, through education and competent guidance, of the entire race—through the individual— to the highest standards of moral, ethical, economical and spiritual maturity.

THOMAS PRINTZ, Editor

THE BRIDGE TO FREEDOM, a Monthly Magazine, Editor, Thomas Printz, Manager, Frank C. Pita. Rates per year $5.00 U.S.A. and Canada; elsewhere $6.00. Please make checks and Money Orders payable to THE BRIDGE TO FREEDOM, INC. P. O. Box 777, ST. JAMES, L. I. New York, U. S. A. (a tax free, non-profit Corporation).

Please address all subjects as to Group activities to our Group Director, Mrs. Zora Fellows, Box 3776, Daytona Beach, Florida, U. S. A.

LETTER FROM THE MAHA CHOHAN TO THE TRANSMISSION

FLAME CLASS of June 17th, 1961

Beloved ones desiring to Precipitate World Peace:

I welcome you to the Retreat, known to many, situated in the Rocky Mountains of Wyoming, U.S.A. Here beloved Lanto, the Predecessor of the present Hierarch, Lord Confucius, shall again teach you the necessary fundamentals for precipitation of good to the people of Earth.

As you enter your petitions for presentation before the Karmic Board, I shall stand by your side to give you the full gathered momentum of My energies, which coupled with your own, will render the service in dignity and Love Divine. Your Sponsors are Gentlemen of this Focus, Ascended Beings Who accompanied Lord Michael and the First Root Manu to this Earth. They know how beautiful the Earth was, when first drawn from the consciousness of Helios and Vesta by the Planetary Silent Watcher, Immaculata, and then created by the Seven Elohim and Builders of Form.

We shall have at the Rocky Mountain Retreat a duplicate of this Original Design for the Sweet Earth and Her peoples. Look upon It and you will be filled with the fire of enthusiasm to help recreate in the Ascended Master Saint Germain's Golden Age, this IMMACULATE CONCEPT MANIFEST NOW. In learning to precipitate, in constant control of your emotional, mental, etheric and physical vehicles, you SHALL become an Open Door through which much of this perfection will be released.

My love and blessings be upon you always,

MAHA CHOHAN

THE IMPORTANCE OF SPIRITUAL FORCES ESTABLISHED AT VARIOUS POINTS ON THE EARTH'S SURFACE

by the Ascended Master Lanto

The focusing of tremendous currents of Light into the atmosphere of the physical substance of the Earth is accomplished by the projection of the Spiritual Currents from the Octaves of Light, and the anchoring of those Currents into the structure of the Earth by Voluntary Conductors among the world of men. At these points where the Light Rays are drawn and condensed, they become magnetic fields of Spiritual influence which radiate force from every Heart Center, rendering specific service in raising, transmuting and purifying the Earth and Its inhabitants.

If you were to gaze upon the map at the Rocky mountain Retreat upon which every ancient Retreat and Sanctuary is marked, you would find that the design is geometrically perfect, both as to the scale of miles between centers and occult symbolism. These great Retreats that have been established for thousands of years are not only places of training for evolving mankind, and places of storage for the wealth of the world, but living, breathing spiritual centers that act as fountains or vortices of force, to dissipate the evils of man's thinking, and raise the mass consciousness.

Wherever such a Spiritual Center has been established, or numbers of people have gathered together and drawn Spiritual Force, you will find the substance of the Earth has responded by large deposits of gold and precious jewels, for the Forces of the Elements are most grateful and responsive to this great outpouring of Spiritual Force.

Such a Retreat is the Rocky Mountain Retreat which We honor at this time, established for thousands of years as a center of Spiritual Radiance for the entire Western Hemisphere.

Under this New Activity, the foci of Light drawn by unascended beings as Forcefields on the Earth, are as accurately distributed and render the same service in a cruder manner as the Spiritual Hierarchy render in the Divine Retreats. There is no such thing as a "happenstance" group, or an accidental gathering together of the students. Each conscious conductor of Electronic Energy from the Godhead and the particular Ascended Master Whom each one represents at Inner Levels, becomes like a pipe line through which the greater Spiritual Forces are anchored in that locality. May the students become cognizant of their opportunity to BE "The Light of God that Never Fails" to all succeeding generations.

* * * * * * *

EXCERPT FROM THE ASCENDED MASTER CONFUCIUS

Long before My Own Ascension I had read of Aladdin's Lamp and the capacity to rub upon it and then to secure that which one desires. When I first found that the true Lamp of Precipitation was right here in the United States of America and that I had the opportunity to give It My Love, My gratitude knew no bounds! Being of an Oriental background, My one desire was to GIVE to the Precipitating Flame My Love, tend the Altar, bless It and just love It for Itself. I never thought to ask for that Precipitating Flame to act through Me, to make Me a

(continued on page 20)

ADDRESS BY THE PLANETARY SILENT WATCHER BELOVED IMMACULATA (Tetons, July 1954)

I am the planetary Silent Watcher, sent forth from the great Cosmic Silent Watcher, carrying the design for the Earth within My living breathing Being, and the Divine Presence of every lifestream sent forth by Helios and Vesta.

I am that Being Who has held within My bosom and consciousness and very Life, the living, breathing Presence of every Guardian Spirit Who responded to the call of Helios and Vesta and chose to become part of the protection of the evolutions on this Earth. You are part of My body, part of the essence of My being, and your every breath, every pulsation that passes through the energy of your self-conscious being, passes through the energies of My body and My life. So truly, I know you well!

When Helios and Vesta chose to apply for the opportunity of creating a universe, They expanded out from Their Being, a great sphere of influence; the periphery of that sphere was the periphery of the Universe, within which the planets, the stars and all belonging to that Universe would abide.

In the fiat of "Let there be Light," They spun out of Their very selves that Universal Substance from which the Elohim created the planets, and from whence has come into being <u>all form</u>. As each planet of the system was destined to be breathed forth, from the heart of the <u>Cosmic</u> Silent Watcher, the <u>Planetary</u> Silent Watchers were sent forth. We, in turn, embodied just <u>one</u> planet, taking upon Ourselves

the responsibility of holding the Immaculate Concept for that planet; the rivers, the oceans, the mountains, the vast plains, and making available to the Elohim and Builders of Form that pattern which They then wove out of the universal light-body of Helios and Vesta.

The first activity of the planetary Silent Watcher is to expand the Causal Body which becomes the cradle in which the planet will rest and the seven great spheres on the bands of color of Our Causal Body into which the Guardian Spirits, the Angels and Devas come, creating the Seven Heavenly Realms of consciousness for the evolutions that will evolve on each planet.

Out of the substance and energy of the colors of Our Causal Bodies are woven the temples, the very atmosphere of these Inner Spheres. Out of the substance of That Body is woven the elements for your Earth! Out of the substance of the Causal Body of the planetary Silent Watcher is woven the garments, the Seven Vehicles which every lifestream wears. So do you see how truly ONE We are and how the energy of your inner bodies and your flesh are a part of the living essence of My very Being!

The Design and Purpose of your Being

The design and purpose for your being as individuals is to create through the primal essence of light entrusted to you, a duplication of the majestic perfection of your own Causal Body in this world of form. Your present auras, made up of the release of energy through your mental and feeling worlds, the etheric body and physical form, are not yet

the proper conductors for the powers of your Causal Body which you offered before the Karmic Board and to the Manu of the race to which you belong, as your gift of radiation in this physical appearance world.

Each of you were chosen after you had passed through the Seven Inner Spheres because you had gathered into your own Causal Body through free-will choice, certain momentums of peace, beauty, harmony, healing and many gifts and powers that could be used to externalize the divine plan to bless the evolutions upon the Earth at any given time.

You must learn to become still

It is the requirement that some means be devised by which you first may become STILL and in enough command of the energies of your own world to silence the violent pulsations in your aura, and then to consciously create through your mental body an accurate vehicle of reception to the divine ideas of your Presence.

Your emotional world must become your servant and not your master. You must allow the Presence of God within you enough control so that when you say, "Peace be Still," the energies of your emotional body become the Grail through which the gifts of the Causal Body may be conducted into the worlds of those in distress, bringing harmony, healing, illumination or peace, or whatever the requirement of the given hour may be.

The great sea of energy concentrated in the etheric body (wherein is the greatest test for the student) must be purified so that you, abiding within that Sacred Presence of God within the heart,

may no longer accept the many voices, the etheric rumblings of the centuries past; the half truths and concepts and pressures that would exalt the self. That etheric body must be purified of all such nefarious endeavors that would lead the lifestream astray from the path of humility. Then can be revivified and sent forth at your command the divine memory, with all the magnificent powers and accomplishments that you wielded as Guardian Spirits on your own Suns and Stars; the memories of your inner activities in the Seven Spheres, and the remembrance of your contact with your Master while your body sleeps at night.

Only he who has learned the way of the SILENCE, only he who has learned the mastery of the energy which flows in such magnificent opulence from the heart of the First Cause into these vehicles of yours, only he becomes the conductor of the gifts of God into the world of man! Energy is the conductor! Energy and vibration, which is LIFE, is that which carries either peace, love and perfection, or discord and inharmony into the world of form!

You, who have professed a deep devotion to God, who have come to a feeling of reverence before Life Itself, and a feeling of humility in the use of Life, have come far! You, who have started each day in the great surrender of self, and kneeling before your Source asked what purpose and design your God would choose to manifest through you each day, you are upon the Path, and sooner or later, according to your capacity to relinquish the control of your energies to the Presence of God that is waiting, shall you know your reason for being; and the magnificent light from your Presence surging through

the sea of your feeling world, transform conditions instantly BRINGING HARMONY, HEALING, MASTERY AND COMFORT to the Universe!

The use of Life, the purpose for which you were created and have been sustained for millions of years, becomes the prime quest of the individual consciousness who is sincere! The use of the gifts and talents, the use of the momentums you have gained, the use of the substance loaned to you, these all should be the quest of your conscious self. Then the intellect no longer directs but the Presence of God which has magnetized that Life and sustained It that you might have self-conscious intelligence, and give to It now the courtesy and honor of using that Life to widen the borders of the Kingdom!

The Use of Speech

How much of that Life has passed through your lips in dissipation, in gossip, in unkindness that has done harm to others? The word, the use of speech was given to each self-conscious being to create a Cup, to invoke Elemental Life to fill it with feeling and to manifest a thing of beauty that has reason to exist forever! The power of speech, the lips themselves, are only to create THAT which is in accord with the harmony and beauty of life, and many a man that is dumb today, suffers for the prolific use of life through careless and unkind words!

How many words you speak each day would you care to see condensed in your aura so that every man that looked upon you could gaze upon them? How many words that you speak would you wish to have

immortalized as a part of the heritage of your life with your name written across it? Yet this psychic and astral realm is filled with forms created by such words!

The tongue used as the lash, the tongue used as the instrument of self-righteous indignation! The tongue used to plant cores of poison that grow a harvest in another consciousness and mind that would be totally unaware of such imperfection did not the contributing factor of the energies of your own lips and tongue choose to conduct what you felt into the world of another.

YE SHALL NOT SPEAK IN THE PRESENCE OF GOD WHOSE TONGUE HAS NOT LOST THE POWER TO WOUND!

Speech, the use of the energy of life in the creation of form, will only be understood when the Law allows Us to materialize before you, words which slip so carelessly from your lips!

Every word that a Master speaks, every word that passes from Their lips becomes an Angelic Being, ensouled immediately by conscious life in winged form, adding to the great legions of Angels and elementals, clothed in garments of Light, moving everywhere through the universal. Can as much be said of man!

I am the heart of the Silence, and you who enjoy the blending of your energies in magnificent decrees, you will see manifestations when you precede

(continued on page 15)

JESUS
World Teacher

THE ASCENDED M
100 QUE
FOR THE SPIRITUAL EDIFICATIO

LADY MERCEDES (Sister of Beloved Kwan Yin) SPEAKS ON THE VIOLET TRANSMUTING FLAME.

IX. WHAT IS THE VIOLET TRANSMUTING FLAME?

It is the Sacred Fire which is God's Pure Energy qualified by Divine Beings to purify all discordant energy.

X. HOW CAN UNASCENDED BEINGS AVAIL THEMSELVES OF THIS MERCIFUL BLESSING?

By the invocation of the Divine Beings Who have dedicated Themselves to this service.

XI. WHO ARE THESE DIVINE BEINGS?

Those Who serve on the Seventh Ray - Arcturus and Diana, Zadkiel and Holy Amethyst, Ascended Master Saint Germain and Portia, Kwan Yin and Myself, and the Ascended, Seraphic, Cherubic and Angelic Legions Who serve with Us.

My Beloved Sister, Kwan Yin, and All of Us have taken a voluntary vow to Helios and Vesta that We

ASTERS ANSWER STIONS

N OF WORTHY CHELAS IN 1961

KUTHUMI
World Teacher

would never enter Nirvana until the Earth and all Her attendant evolutions are completely free of distress.

XII. HOW CAN THESE DIVINE BEINGS BE INVOKED?

By thinking about Us and being able to accept Our Reality and capacity to render this service; by requesting Us to give the required assistance. This will be easier of accomplishment for those who have served with Us through the ages as this strikes a respondent chord in their feelings.

XIII. WHERE IS THIS VIOLET TRANSMUTING FLAME?

It is a Fourth Dimensional Activity which is omnipresent, actively directed by the Divine Being when invoked by the individual requiring assistance for himself or others.

XIV. WHAT HAPPENS WHEN THIS VIOLET TRANSMUTING FLAME IS CALLED INTO ACTION?

It accelerates the vibratory action of the electrons which make up the atoms which compose the four lower vehicles of the individual. As this

acceleration takes place, the cells and atoms automatically throw off the effluvia, consciously or unconsciously gathered through the ages.

XV. WHERE DOES THIS IMPERFECTION GO?

Into the Sacred Fire which purifies it and returns it to the individual with the required specific God Quality.

XVI. HOW LONG DOES IT TAKE FOR THIS TRANSMUTATION?

It is dependent entirely upon the amount of the effluvia, the acceptance of faith, and the perseverance of the individual.

XVII. WHAT IS REQUIRED TO SUSTAIN THIS STATE OF PURIFICATION?

Rhythmic use of this blessed purifying agent, until perfection is manifested and sustained.

XVIII. CAN THIS BE USED FOR THOSE NOT IN EMBODIMENT?

Yes, until an individual has made the Ascension. Through the use of free will more imperfection can be created. Eternal vigilance over the creative faculties (of thought and feeling) will result in God Victorious Achievement!

XIX. WHY DO THE DIVINE BEINGS SERVE ON THE SEVENTH RAY?

The Seventh Ray is particularly active under the two thousand year cycle of the Ascended Master Saint Germain begun in 1954.

XX. WILL YOU, MY CHELAS, JOIN WITH US IN THIS GLORIOUS REDEMPTIVE PROCESS? Many of Us have come out of the Great Silence for this specific purpose. Methinks it advisable for you to join with Us in this service NOW.'

My Confrere Zeus will speak on the Eight Bodies of man in the July, 1961, Bridge!

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ADDRESS BY THE PLANETARY SILENT WATCHER
(continued from page 11)

your application by entering the Throne Room of your own being, standing before the Presence of your living God, becoming one with It, then in the center of that Being, using the breath of life charged with the consciousness of the God-self and directing those energies in that balance--manifestations will occur!

That which you receive must be given.

You have your extremes, those lifestreams who enjoy the peace of the Silence and the comfort of drawing the power and activities of the Causal Body but who do not remember the rhythm of life - that which you receive must be given because it is only in the rhythm of the drawing, the assimilation and

the expansion of the energies, that the spirit grows.

Then you have the extremes of the beloved life-streams whose energies and vital fire are interested primarily in giving, and who rush with all the powers that they have gathered in the inner bodies, into the application, forgetting first the stillness and the receiving!

It is to draw these two extremes together that We come - that you may learn that even the Master, even Myself as planetary Silent Watcher, first anchor in the Presence of God and draw the energy, then expand it in service!

Those who have drawn knowledge all through the ages, the great priesthood and individuals whose mental bodies have become a magnet and have drawn mighty momentums of knowledge and then through greed contracted that knowledge and held it within themselves, holding the peoples through fear and superstition, those have suffered because they have not manifested the rhythm of Life! Knowledge received and NOT USED had better never been invoked and drawn into the consciousness!

Those who have drawn healing powers through the ages, who have become master of the power of the Sacred Fire, and who have commercialized those healing powers for the sustaining of self and not expanded them freely as the gift of Life, they have not learned the mastery of that rhythm!

Those whose energies through the ages have been engaged in drawing substance, creating form,

accumulating great wealth and who hold that within themselves for the blessing and satisfaction of self, know not the rhythm of giving, and some time, somewhere must meet that balance!

You have used the magnetic power of Life, Itself and have invoked faith, knowledge, power or substance and Life has been given to you qualified according to that upon which your attention rested, in order to do one thing only - expand the borders of the Kingdom!

Those of you who in your Causal Body have these mighty storehouses that await externalization through your calm feeling world, those of you shall render an accounting if the energies of your world are not stilled enough that you may conduct them now, for it is the hour of crisis; it is the hour when mankind must have the assistance of conscious conductors, and YOU have been chosen to be those conductors!

Why do I live? Only that you might have being in My Causal Body; only that all of elemental life, human life and Angelic life might have a ladder of evolution through the Seven Spheres. When you live for like reason, you will know Peace!

Evolution of a Silent Watcher

Briefly, I would like to say that the evolution which ultimately results in opportunity to become a Silent Watcher, starts with the tiny elemental who is trained in the Nature Kingdom under the direction of the Beloved Mary, Holy Mother of Beloved Jesus.

In these magnificent Kingdoms tiny elementals are trained to embody a form under the supervision of Builders of Form. They gather together and the Builder of Form creates out of His Own Light Body a beautiful flower or some design which is the lesson of the day. All the little elementals whose nature it is (like your own etheric bodies) to mirror that which they look upon, immediately take on the form of the flower. This is simple, but when the Builder of Form has transferred the form of the flower to the elementals, He relinquishes the form and assumes His own form as Teacher.

Then the elemental is required to concentrate upon holding the pattern which is the lesson of the day. Many of them as soon as the Builder of Form returns into His magnificent robes, immediately turn into little Builders of Form themselves and mirror instantly any change in the Teacher.

They are patiently trained and this goes on age after age until they are able to retain the form which the Builder of Form gives them independently, and they stay an apple blossom or a lovely peach, or whatever it may be, for the duration of the class. When they become such masters, tiny little beings mind, they are ready to go forth and try to become part of Amaryllis' great court and bring beauty into the world of form. This is how the Silent Watcher's training begins.

Then they come and create in some beautiful garden under a Nature Deva a rose, pansy, a beautiful lily. They graduate up the ladder of evolution and become, perhaps, a Nature Deva of a garden. Then

they are assigned, perhaps, to a Silent Watcher of a great hospital, drawing healing currents into themselves and projecting them down in the radiation which is the blessing to the people.

They graduate into greater service and become Devas like the Beloved Columbia and those Beings Who watch over an entire nation. They may become great racial Devas watching over the beautiful races evolving, all holding the power of concentration, going up the ladder, holding the divine pattern of the highest for their nation, their race or country.

From among all of these one is chosen to work with the Beloved Maha Chohan and learn to draw those magnificent currents which govern all nature and They come to a point where They may apply for positions as the Elohim, the great Builders of Form of planets; and from the Elohim, the Silent Watchers are chosen.

It is a long time since I embodied a flower and yet I remember it well. I remember those early days when it was such a temptation to flit from thought form to thought form, and I said: "Perhaps I may help"! And that is why I am here, for We are all servants, servants of the Law, and servants of all your Life!

I give to you My Peace, My Love and I hold for you the Immaculate Concept, your own Divine God

Image. I have not relinquished that for one instant, for if I had relinquished for an instant the image and trust of your God Design, given to Me by the Beloved Helios and Vesta, so would you cease to be in this particular universe! Think how long I have held for you the pattern which I ask you now, to hold for yourselves and each other!

* * * * * * * *

(Beloved Confucius, continued from page 5)

Precipitating Power for Good in My Own World. My love was so deep for just the honor of loving It and guarding It. Then Beloved Lanto taught Me that I must BE the Precipitating Flame in action in the world of form, and I completed My course in the Orient and left those few humble sayings which are merely a part of the Law which I learned at Lanto's Feet, the far greater part of that literature is yet held by Lord Himalaya.

I can say to you, beloved chelas, in loving It and adoring It and giving It your breath and your light, in turn you BECOME a Precipitating Presence of Whatever God-virtue your own "I AM" Presence and Holy Christ Flame desires to express through you.

Come often to this Retreat and stay as long as you desire, and know that you shall always be welcome not only during this particular thirty-day period but throughout the entire year, to come into Our Presence and to love Our Flame, and to love All of Those Who have helped to sustain the Precipitation Flame to this day.

YOU ARE AGAIN CALLED TO SEEK THE HOLY GRAIL OF THE UPLIFTED CONSCIOUSNESS

By El Morya, March 26th, 1961

Beloved, I come again into your presence to bring to you the blessings which are representative of the Spiritual Hierarchy, Who, you of your own free will, have chosen to serve and serve well. I bring to you the blessings of our Beloved Jesus, His Blessed Mother and the Great Beloved Ascended Master Saint Germain as well. May they be a benediction of lasting import in that consciousness which you have developed and accelerated to a point where at least you know "I AM" within this universe!

It is very comforting to know that One is accepted as being a part of a Planetary Scheme when such an One involved Himself considerably into the lifestreams of Ascended and unascended beings belonging to its evolutions. It is more comforting yet to be loved by those who through the necessity of the disciplines of the First Ray, have accepted those disciplines as opportunity and in that opportunity have expanded as you have. That Eternal Light - which is burnished with the Hands of the Gods until It shines like gold through the effluvia of human creation and brings light which is eternally sustained into the atmosphere of the Earth - That Light which is within you is truly the Essence of Deity expanded! Deity, which We can, through you, magnetize and express for the blessings of a recalcitrant race which has relied wholly upon Jesus, Whom We love for His Service and Victory and Who desires for you as We do, that you be the Light of the World!

Once, long years ago, I had a Vision and in that Vision I sought to make the great Court with men in shining armor like unto the Angelic Host of Lord Michael Himself; the ladies fair and full of grace, wearing the gentle folds of the veil similar to that of Mary (Mother of Jesus). I brought that Vision to fulfillment at a place called, and remembered by Me and those of you who were there, as Camelot!

At Camelot We drew a table, whereat should sit the Knights of Camelot. There the Beloved Ascended Master Saint Germain, as Merlin, gave the protection to those who had purity of purpose. There in a remembrance that around the Glastonbury area was buried the very Grail from whence The Last Supper was served from the Hands of Jesus, I re-designed in the minds and consciousness of My Knights and Ladies fair, a GRAIL made up of the Pure Essence of Divinity. This Grail to them became a tangible object and they forgot that the true Grail would be their own magnificent physical vehicles - Temples of the Most High Living God - and that the Grail which was to be sought and found by the persevering few, was but the symbol of a Grail of Grace.

At Our great Table there remained one seat unfilled, for it was foretold that there should come to Camelot a Lad so pure, so unconscious of the ways of man, that he should be able to sit on the Seat Perilous and in his time witness the Grail Itself, and become that Grail. One day came the Holy Spirit and in a magnificent sweep of Flame there stood in Our midst whilst We were gathered around Our Table, the Spirit of God and the presence of a simple Lad! Without armor and any of the be-deckments of the era in which We lived, he easily came and sat in the

Seat Perilous. Among those gathered there was much whispering and (unseen) jealousy. They smiled one to another thinking of their own strong armor of steel, spears, bows, arrows and they thought looking on this Galahad - "Hah, he shall not even leave Camelot!" Yet there came a day when even Lancelot fell before Galahad's own sword. There came a day when there was retrieved the Grail brought by Joseph of Arimithea and Mary to Glastonbury. That day, the service of Camelot was finished.

Now again you come to Feast! Again you are called to arms, but in your call to arms today, your armor is of Light; your Spirits are illumined and you know that which you seek and have already found is THAT GRAIL OF THE UPLIFTED CONSCIOUSNESS - that Holy Grail from Whence all who are athirst may drink and none know hunger, spiritually, emotionally, mentally, etherically or physically, for whosoever drinks of that Cup and partakes of that Virtue, as you in mercy hold it forth, shall in turn become imbued with the Spirit of the Holy Christ and not one drop shall be missing, for in giving you shall receive until that Grail, which is the expanded Christus within you, is so large that all may take of the virtues therein and ne'er once shall you miss an ounce of that Virtue.

So Arthur ruled in Camelot, and Arthur rued at Camelot, so have I held that Grail within My Consciousness and have It emblazoned upon the doors of My Home at Darjeeling, and in My Heart! So I give to you today, THE GRAIL OF CAMELOT!

ANOTHER STEP OF PROGRESS

In our editorial in the January 1960 "Bridge" magazine, we announced four steps of progress. Today, we are announcing a Fifth step, namely the removal of The Mother House of our Beloved Maha Chohan (and the Headquarters of The Bridge to Freedom Activity) carried out under His personal directions from Charlottesville, Va., to St. James, Long Island,N.Y.

EL MORYA

The purpose to be achieved at Charlottesville, by the Hierarchy and the Heart Center of the Activity, was realized sooner than was expected, for which the whole Staff there merits the congratulations of the Hierarchy.

Several strategic points in America and in the world are being spiritually reinforced for protection of wide areas in relation to the coming changes connected with the straightening of the Axis of the Earth; and the Heart Center of The Bridge Activity has been assigned now to render on Long Island the same service they rendered so successfully in Virginia. This is our Fifth step of progress. We continue therefore, in the process of the vitalization and expansion of The Bridge to Freedom Activity.

Our new address is P. O. Box 777, St. James, Long Island, New York, U.S.A.

THOMAS PRINTZ
(The Ascended Master El Morya)

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Co-operative World Service

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Published by THE BRIDGE TO FREEDOM, INC.
Editor: THOMAS PRINTZ Manager: FRANK C. PITA

P. O. Box 777, St. James, L. I. New York, U. S. A.
Rates per year: $5.00 U.S.A. and Canada; $6.00 elsewhere

VOL. X, No. 4 JULY, 1961 .50 cts.

THE BRIDGE TO FREEDOM

A Monthly Journal

Vol. X **July, 1961** **No. 4**

THE TEMPLE OF ILLUMINATION
(Near Lake Titicaca in South America)

The Ascended Master Retreat of the Month
July 15th through August 14th, 1961

Breathing Statement for the Transmission of the Flame Class on July 15th, 1961

1	2	3	4	5	6	7	8
"I AM"	inbreathing	from Belov'd	Meru	His God	Illumination,	Love and	Peace
"I AM"	absorbing	from Belov'd	Meru	His God	Illumination,	Love and	Peace
"I AM"	expanding	from Belov'd	Meru	His God	Illumination,	Love and	Peace
"I AM"	projecting	from Belov'd	Meru	His God	Illumination,	Love and	Peace.

For Information and Description

of the above Ascended Master Retreat, please see the booklet *A Daily Aid to Tune into the 1961 Monthly Retreats.*

THE BRIDGE TO FREEDOM, a Monthly Magazine, Editor, Thomas Printz, Manager, Frank C. Pita. Rates per year $5.00 U.S.A. and Canada; elsewhere. $6.00 Please make checks and Money Orders payable to THE BRIDGE TO FREEDOM, INC. P. O. Box 777, ST. JAMES, L. I. New York, U. S. A. (a tax free, non-profit Corporation).

Please address all communications regarding Groups to our Director of this Department, Mrs. Zora Fellows, P. O. Box 3776, Daytona Beach, Florida, U. S. A.

YOU CAN READ NOW THE SCROLLS OF THE AGES

Letter to the Flame Class of July 15th, 1961

Beloved Ones who seek Light upon your Path:

The very seeking of THAT LIGHT is the seed or magnetic power which shall draw to you, individually and collectively, as much Light and Illumination as your consciousness is prepared to receive.

The God and Goddess Meru, in Their Focus near Titicaca, guard much of the Spiritual Wealth of this Earth. Beloved Himalaya has already transferred a great many priceless documents from the Orient to God Meru's Retreat. Now, there is your opportunity, when you desire illumination and knowledge for the express purpose of helping not only yourselves but others, to read the scrolls written by Lord Gautama, Beloved Jesus, and many Sages of the past. Your Sponsors, All Gentlemen empowered with the strength of the Gods of the Mountains, will refresh your Divine Memories so you can enjoy these priceless doctrines in their original text (not as translated by lesser minds in later generations).

Come, join with Me in the Presence of the God and Goddess Meru and let me place your dear fingers upon the unrolled scrolls and read with you what God through Illumined Beings has revealed.

Love and Blessings,

MAHA CHOHAN

DESCRIPTION OF GOD MERU'S RETREAT
by Kuthumi (reprinted by request)

It is My pleasure and privilege to conduct you, through projected consciousness, to the Beloved Meru's Retreat, situated in the High Andes of South America where the Transmission Flame Ceremonies are performed. This Retreat is the focus for the Great Feminine Ray for the planet Earth, the Masculine Ray being under the guardianship of the Great Himalaya in His Retreat in Tibet; this Feminine Ray expresses Itself as the Great Flame of Illumination.

As we approach the great Andes range, we can see the Holy Mountain Meru. Let us think for a moment of that Feminine Ray of the Godhead directed through that mountain where it meets with the Masculine Ray from the great Himalaya and forms the cradle around which the Builders of Form fashioned the planet Earth.

For many long ages the Masculine Ray has been active. All the great Masters, Gurus and Chelas have been drawn to Himalaya for His teaching and understanding of the law, but as the Feminine Ray in Meru's Heart becomes intensified, you will find in time the jungles will recede and new civilizations will come in. Certain climatic changes will take place and many of the Illuminati of the East will come and sit at the feet of Meru for their complete illumination.

In this great South American Continent, the Great Saithrhu (Manu of the Seventh Root Race) intends to bring forth His people. Of course the God Meru (Manu of the Sixth Root Race) still has many of his people in embodiment throughout the world.

Let us feel the pressure of the tremendous Feminine Ray which is the fertility or manifest expression of all the ideas held in the Mind of the Deity for the planet Earth. All that anchored through the Flame of Meru's Mountain can be yours! We hope you will accept it in your feelings and that you will realize, through proximity to the Flame, the capacity within yourselves to do all the things your hearts desire and that you will be wise enough to hold your attention anchored on the mental concept until manifest expression comes into being.

The walls in the Lodge of the Retreat, are hung with beautiful tapestries woven by the natives and depicting various activities of the Incan Civilization and the Golden Age when South American culture was at its height. We feel a tremendous sense of peace as the curtain is drawn aside and the guide beckons us to follow down the corridor, carved out of the mountain; in the floor and walls you can see the polished veins of virgin gold.

At the end of this long corridor we come to the great open chamber where the Illumination Flame burns. The ceremonies in this Retreat are informal compared to the other Retreats. The attending Celestial Hierarchy are all seated Eastern fashion on beautiful pink and gold cushions, in a great circle around the Flame. Some Masters are robed in pure white, Others in unadorned gold, but all wear a pink rose, which is the symbol of the Retreat. The Illuminati of the world, men and women, are seated back of the Hierarchy and we will now take our positions behind them.

The Flame has no chalice, no adornment, not even an Altar. It seems to ascend right out of the heart

of the mountain and disappears through the roof of the cave in a pillar of blazing light. Over the mountain is built a gigantic amphitheatre in the form of a rose, and the Flame circles and blazes out over Central and South America. At the outer edges of this beautiful structure are untold numbers of lifestreams, drawn by the feeling of fear and insecurity and upset conditions of the world. In the center of the amphitheatre is seated the Manu of the Seventh Root Race, Saithrhu, surrounded by His people who are destined to take embodiment on this South American Continent.

By the side of the Flame in the Chamber where It is focused, stands the Mighty God Meru. He represents a truly majestic appearance, golden of hair, blue of eye, with a serene and noble countenance. He is wearing a simple garment but banded on the cuffs and hem with deep gold. By His side stands His beautiful Goddess, Who is an almost exact replica of Him, except Her golden hair is longer and flows over Her shoulders. She wears a band of light around Her head, with a beautiful pink Flame rising from the forehead.

A tremendous sense of Peace and well being pervades the entire atmosphere of the Holy Mountain and its vicinity. We, the brothers of the Golden Robe, will take an active part in the expansion of the Flame during the ceremonies and assist in projecting forth the Illumination Flame into the mental and feeling bodies of the race. We ask you to assist Us not only tonight but during the entire thirty days It is active.

As the Breathing Ceremony is about to commence, I must take My place and will say God Bless you Friends.

HOW TO CONDUCT AND ATTEND A CLASS
By Saint Germain

The activity of a Director of a group, is something like the activity of the heart to the body. The people in the Western world do not understand fully the inner obligation that a lifestream takes upon itself when it offers to draw individuals together in the Name of the Master and that through their nature faith, confidence, selflessness, wisdom, strength, tenacity, love, obedience will be the life blood of the students; and in turn for that the waste matter, the karma, the dissentions of the students becomes the gift to the leader, just as the artery pouring forth its life blood furnishes energy to the members of the body and draws back through the veins the waste matter. So is one who is placed as the heart of a sanctuary or group, obligated to draw forth enough Light to feed and encourage and sustain the student body, and to dissolve the waste matter which returns. The balance that is required in one that is to proceed beyond the small activities in which he is engaged today, into the larger activities of the future, cannot be stressed too much.

You must give what you receive

A Group Director comes into this activity, or any activity of the Ascended Masters for one of many reasons. The motive which has prompted such a step will determine to a large extent the efficacy of the endeavor, the permanence of his work and his usefulness to Us. I speak to you as I would if We sat before a fire in lovely lounging chairs one to another, for I have no opportunity to speak privately to you except this. I speak not in a mandatory or

arbitrary manner but in a manner to convey to you something of the knowledge of The Law, which you in turn I hope will convey to others. It is not enough to be an absorber; it is not enough to relax in the radiation, you must give what you receive in order to receive greater light and greater life.

The Group Director and the Orchestra Leader

A Group Director, in order to be in perfect balance, might be likened to the director of a symphony orchestra. He has within his consciousness a magnificent piece or composition which he desires his orchestra to play. He has a great number of varied talents before him, he tries to choose the best, but there is always a limit to the best of any man. He has a certain amount of personality to handle of more than one individual, and all of these he must join together in a harmonious way. Why? To please himself and get that feeling of power that comes from uniting a group of men in one accord, rather than use the men to send out that music as a great blessing? If the Director's motive is prompted by a desire to express vanity, to express a power complex, to express any human sense of self-aggrandizement, such an one will sooner or later fall by the wayside. There is only one type of Director and Leader who will last--and that is one who makes his vow to God, and his service to all life! Go alone and examine your hearts and find out why you are at this place on the path. You may find the answer to a great many of the conflicts within your soul!

Now this symphony orchestra leader, if he is

oblivious to his orchestra and too intent on his theme of music, he is going to miss a great deal! The violins are liable to get ahead, the wind instruments behind, and chaos ensue. If he is so interested in watching the individuals in his orchestra to see if they are wearied by the constant moving of the bow in playing the violin, or if he forgets the theme, or the feeling of the Master composer, he will still have chaos. If he is interested only in the audience and what an imposing figure he makes, and thinks nothing of the composition nor the orchestra, he will not last long. You have the one-pointed individual concentrating only on service, and you have the individual concentrating entirely on the group.

There is a Master present in the Group

If you had inner sight, you would know there is a Master or an Angel present in the group, and you would see what is coming out of the energy of your group and thus understand better how to proceed to get something We can use. You would avoid the colors of resentment, rebellion, exhaustion, depletion, and what is worse than the colors are the pictures that rise in the atmosphere from the soul who comes in with the fire of enthusiasm and goes out with the fire of a different color!

The average person today who is interested in the Ascended Masters has obligations besides the obligation to the group. In the future, this will not be the case of the chosen heart center, who will

be given freedom to rest the body and prepare for the power of decrees. The average student has an unyielding load to carry; his own karma, the obligation of making a living; his love of the light, and I could go on indefinitely. He brings that all in with him to the class. Some day in the new temples when We get to it, one of the things We will do, is to separate the chairs a little distance, because one's aura extends considerable distance in even the most lethargic person, and in that aura is a lot! The cares that beset the day, the worries of the mind and heart, the family affairs, the annoyances, resentments, confusions and depression--that aura comes in even in the best--because anyone who comes, at least makes the effort to come to a place where the Masters are endeavoring to promote the work. Let us understand that if they take their tired feet and walk the steps to the group meeting, the Light in their heart is trying to get free; and they bring a load of creation, not only their own but they bring everything that they pass, if they are not positive when they left home!

The Right Preparation

It has been suggested that people prepare for the group BEFORE they leave home, not only in physical cleanliness, but in mental peace, emotional stability and etheric purity. And may I say here, that many an ascetic man who obeyed the law of abstinence, who mortified the body and died in a hair shirt, but who did NOT perform the mortification of the feelings and mental body, <u>has not risen as high</u> as one more lax in fleshly things but more strict in the sublimation of the soul!

Think it through! In the first place, you don't take your physical body with you, you take your soul. Many a man in a monastery, many a woman in a convent, performing certain abstinences and mortifications of the physical body, filled with bitterness, spiritual pride and arrogance of the soul, when that body is laid down in death, the soul, which was all that was left to go before the Karmic Board is worse than if they had lived a jolly life and gone home in a soul in which there was some semblance of tolerance and peace! There is a balance, in the law. Moral and ethical obedience to the fleshly law of right living are good, and are to be commended IF they make faith in the soul, endurance in the consciousness, and purity in the nature; but if they build up frustrations and cause scars on the soul, better they had never been done!

Blaze the Violet Fire through Yourselves

We start with the purification of the individual auras, trying to get out the coffee pots, the dollar signs, the desk drawers that overflow, the typewriters, the angry bosses, the disgruntled husbands and wives, bills, people--it sounds funny--but if you do not use the Violet Fire that is what We have to work with! USE THAT VIOLET FIRE!!! Blaze it through yourself first, for you know you have coffee pots and tea pots and bills in your world, most of you; tight shoes and various other things. You know those are forms! Very, very powerful forms! When you touch the energy of the sanctuary or room, then get the Violet Fire going to purify it as best you

(continued on page 19)

JESUS
World Teacher

THE ASCENDED M
100 QUE
FOR THE SPIRITUAL EDIFICATIO

MIGHTY ZEUS speaks on the Eight Bodies of Man:

"I AM" ZEUS, One of the Sun Gods Who came to this Earth and was privileged to raise Greece to the Height of her perfection centuries before the Beloved Jesus brought His Light to the world.

Spiritual Illumination is released to the chela according to his capacity to understand and apply greater knowledge for the benefaction of the Planet Earth and Her evolutions.

XXI. EXPLAIN THE BODIES OF MAN?

In most instances the chela has been told about the seven bodies. However, under the direction of the God and Goddess Meru, I have volunteered to explain simply The Eight-fold Nature of man as God created him.

XXII. DOES MAN FUNCTION THROUGH MORE THAN ONE BODY?

The entire eight vehicles are necessary, four in the Higher Spheres and four in the lower, in order to be a perfect conductor of one Aspect of Deity.

ASTERS ANSWER
STIONS
N OF WORTHY CHELAS IN 1961

KUTHUMI
World Teacher

XXIII. WHAT ARE THE NAMES OF THESE BODIES?

The White Fire Being made in the Image and Likeness of God is moulded out of Pure Electronic Light Substance and is ever active as a radiating center in the Cosmic Realms, an infinitesimal part of Itself is the Energizing Power of the other bodies. As the Planets revolve around Their individual Sun, so do the White Fire Bodies of all mankind actively participate in the joy of Cosmic Creation.

Divine Complements - The first decision made in the Heart of the White Fire Being is whether to function only in the Cosmos or voluntarily project the Dual Aspect of Its Divine Nature into the Ascended Master Realms to give more concentrated assistance to a particular evolution. These Divine Complements are known by some students as the Individualized "I AM" Presence.

Causal Body. This is the accumulated good of the lifestream which is created by the interest and activity of each such an one. It forms the aureola of the "I AM" Presence. The nature and service which each "I AM" Presence is to perform was determined before Individualization took place. Seen with the

inner sight all the colors of the spectrum are a component part of the Causal Body. The Virtue or Quality to which the individual has an affinity will form the largest reservoir of energy, the color dependent upon the Quality. Wise is the student who cognizes the truth that the Causal Body has an infinite supply which can be drawn forth for his benefaction and that of all mankind. By Its very Name It is a Body of Cause and the Effect is destined to manifest wheresoever the astute student calls it forth.

Holy Christ Self - Jesus referred to this Spark of Divinity within man as "The Father within." When the "I AM" Presence volunteers to take embodiment upon the Earthplane, It projects a tiny Replica of Itself into the mother's womb at the time of conception. It is the Cohesive Power around which the Builders of Form create the lower bodies. As the Feminine Ray increases in intensity upon the Earth, the mothers of the race will become more cognizant of the sacred privilege of assisting the Builders of Form in nourishing the Holy Christ Self. She in truth is a chalice for the incoming Spirit. The obligation and responsibility of parents to the Spirits of the unborn can either hinder or delay the spiritual development of these children.

As the Great Manu Saithrhu already awaits with the First sub-race of the Seventh Root Race opportunity to send these forerunners to the Earth to more quickly accelerate Her evolutionary progress, it is the obligation of the Manus and Their recalcitrant children on Earth to complete their course quickly to make room for these great Beings. Again the wisdom of the ages requires humility,

discrimination, balance and sincerity to this dedicated Cause. Anonymity is a Spiritual Cloak!

I shall continue the description of the bodies and their functions in the August 1961 BRIDGE.

* * * * * * * *

THE ASALA FESTIVAL

(July 27th, 1961 - 2:51 P.M. EST)

At the time of the full moon in the month of Asala, which is our July, the Great Lord Divino (the present Buddha, formerly known as Lord Maitreya) honors the anniversary of the first sermon given by His great Friend and Teacher, Lord Gautama (now Lord of the World) when Lord Gautama became the Buddha many centuries ago. Each year Lord Divino gives forth the exact same sermon to the Brotherhood and their chelas who gather in the garden of His home in the Himalayan Mountains, adding to it a short address of His own.

The radiation goes forth for twenty-four hours before and twenty-four hours after this ceremony takes place, and the wise students will turn their attention to Lord Divino and Lord Gautama at some time during July 27th, 1961, and draw back into their own worlds and environment the illumination and blessings released.

This wonderful sermon is very simple so that the

(continued on page 23)

ON THE FEELING WORLD
By Lady Master Nada

Beloved ones, Divine Love, is the most powerful activity in this universe, for it is the cohesive power which holds every electron in every atom that makes up every form, Divine or human, and that cohesive power in the heart of the atom is Divine Love whether it is in a human being, an Ascended Being, a Solar System, a Galaxy or whatever it may be.

This power of Love Divine which the Ascended Masters wield, is the most mechanically accurate activity of the use of the Sacred Fire in holding together units, whether they are individuals whom you desire to assist, or to draw forth blessings for mankind; whether they are those who make up your household or in the affairs of an entire nation or the planet itself. This activity of drawing the cohesive power of pure Divine Love from our hearts into the very center of whatsoever unit you wish to hold in a harmonized focus, will give you practical proof of Our Presence in this universe and Our willingness to assist you at all times.

Some individuals seem to find it hard to love impersonally. If that is your feeling, then invite One of Us Who are the full gathered cosmic momentum of that love to direct it into the Flame in your heart and let Us love <u>through you</u> and love that life free.

In an Ascended Master Retreat individuals are prepared for the subtle as well as apparent <u>tests</u>

and there is always an Ascended Master, Guru or Guide by their side. You, who are receiving your tests, subtle and apparent in groups, in your homes, and in the world at large, often forget that every experience that you have is an opportunity in disguise, to utilize the power that is least evident in your lifestream, and to magnetize through the call to the Beings on the Ray which is most necessary and draw that Flame and Quality into yourself and the condition.

I want to emphasize first that Love, real Love and not sympathy (which is negative and draws you into the distress) but real Love is the Power that holds the Universe together. It is the power that Magnes and Polaris use to keep the axis of the Earth in its motion as it straightens. It is the power of Divine Love held by the Cosmic Rod in the keeping of Lord Gautama and Lord Divino that holds the ten billion souls in the orbit of the Earth, and the three and a half billion souls on the Earth by what science calls the law of gravity; otherwise people would be flying off into outer space.

The love of man for man is not as much as the love of God for man! The Love of the Father-Mother God for you has been the constant pull that has kept your spines erect; that has kept mankind from becoming like the supine four-footed creatures that have to walk yet on four feet. What is that power? It is the magnetic power of Divine Love from the Godhead which polarized through yourself has kept your spine erect even though sometimes the weight of human creation does bend it a bit. If Someone loved you enough to give you a body erect and a straight spine and the capacity to speak and think

and feel, can you not love those who yet are forced by human creation to walk on four feet, or eight feet or twelve, as it may be, and transmute that human creation through the use of the Violet Fire until they stand erect in their respective Kingdoms, beautiful and perfect as they were when the Earth was first created and when the Beings of Nature designed Her, with no imperfect or distorted form.

Love begins in the center and externalizes outward, as does every lasting virtue, not from the outside and entering in. That which is to last and endure, even to the substance of your Earth, starts from within out. That is why the God Who made you created the Holy Christ Flame within you so you could have a good center and as that expands and expands you become the fullness of It right here on Earth.

The precipitation that is to come forth is to make this Earth a Kingdom of Heaven and it will not be manifested to the masses until the greed and selfishness and desire to hold on to the beautiful and magnificent expressions are removed.

You can test yourself very easily without saying a word to another living soul; test yourself on something of beauty, something very beautiful and not something with which you are usually associated. Take two minutes and become STILL; cognize the article of beauty and then FEEL YOUR REACTION! Is it just to love it, or is it to desire to have it for your own? If you will be honest enough in introspection, you will soon learn how to just love and enjoy the beauty of life; enjoy drawing forth

(continued on page 23)

cannot stay with any one thing even five minutes. Change your activity at least every fifteen minutes in your average group; let them participate, let them use their physical bodies for a time; then let them rest and use the mind, then let them use the feelings. You are supposed to be doing what the body elemental does for your baby form, getting all of the body used through activity of the muscles. Suppose the body elemental used only one hand and left the other atrophied; you would have a cripple. The body elemental has the infant stretch, cry and kick and all of the body muscles are developed equally.

Balanced activity is required

As a Director, you are responsible for the physical, emotional, etheric and mental development of your people. You will be interested in one facet of that endeavor more than another because you represent a particular Ray; you will be enthusiastic on that and rather inclined to let the others go by, which of course is a mistake.

Balanced activity in service brings Freedom! If you keep your people too long on a visualization, their minds will go back to those conditions which they brought in from the street. The mind is heavy. It is better to have one good point put into fertile soil and nourished by the decree pattern and your songs, than a thousand points which leave a person weary so that the consciousness tries to escape the concentration, and the person goes back into his own aura and begins to remember his own affairs.

How long should the Class last?

This is very important! You take a group of people and blaze the Flame through them and you charge your specialized activities, and if you are wise you will have them cooperate by telling them what you are going to do so you can hold the pattern, then give them something to take home--some definite pattern to take home which will benefit them and their world. Don't let them go back into that shell! To the average man an hour's work is considered a great spiritual achievement, two hour's work is considered super, so for the average man I would not attempt to hold the class more than two hours at the very most. What happens if you do is--that after the climax of your radiation--the punch--of your delivery, the vitality of your class work is an anti-climax and it slumps into a lethargy and the individual goes back into his cocoon and begins to think in his own world. He hopes the class will soon be over and becomes body conscious and emits the most terrific color of vermillion and red, and then the leader has that to handle. Many a good man or woman who has taken the obligation of handling the karma of the group, has within his own body the resentment of all the work he had hoped to do!

The Group is a reflection of the Director

This Law is so practical. You have to get the ultimate out of your group, and you never will if you are not convinced yourself; if you are not enthusiastic, if you are not POSITIVE, if you are not desirous of giving your best. When you HAVE gotten the ultimate, THEN CLOSE ON THE HIGH NOTE like We do! Let the people take the Light home. Remember, your group will be a reflection of yourself! If you are

fiery and positive and filled with faith, courage and power, your group will reflect that. So, take a good look at yourself in the privacy of your own room and say, "Do I dare to duplicate myself in the souls of trusting men." If not, there is the power of Holy Amethyst and therefore no reason for depression or despair. The Power of the Violet Fire will make of you something that mankind wants to duplicate in this world of form.

I spent a great deal of time in Italy as well as in France. I used to watch the men press the grape until its essence came forth, and that essence became for them valued wine—but the pulp was thrown aside! Let us not be like that! Every individual from whom We get an ounce of energy, a portion of the substance of the physical world, let us not be like those men and women and take the essence and throw the pulp aside, but LET US LOVE THAT LIFE that gives Us of Itself! Let Us be the loving Brotherhood of Angels, elementals and men! This is My word to you, whom I have loved enough to speak to as an equal, not as Master to pupil!

The greatest word in any language is FRIEND

I love you, love you enough to show you ways and means of greater efficacy in your service. A friend is one who comes, and if solicited will offer what wisdom, what strength, what physical substance, what emotional light he has in behalf of his fellowman. That is what I do! The greatest word in all the English language, or of Sanskrit, or any language over the Earth is FRIEND! Yet it is taken too lightly. I AM YOUR FRIEND OF FREEDOM, and you are Mine, and together We shall make of this Earth a Freedom Star!

ON THE FEELING WORLD BY NADA

(continued from page 18)

that beauty for the blessings of others, and enjoy in full that which will come back to you! Because, the more you love, the more you are surrounded by beauty and the more loving expressions of life enter your world. There is nothing in this unascended realm that the world needs more than DIVINE LOVE! I give to you the Love that surpasses the understanding of the human mind, but the Love that can be felt within the hearts of all who are sincere.

* * * * * * *

THE ASALA FESTIVAL (continued from page 15)

original disciples who hear it could remember it. It stresses following the Middle Way--that of living a good life in the outer world, rather than either the extreme of becoming an ascetic or following the worldly life of the average individual. Again and again the Four Noble Truths and the Eightfold Path which Lord Gautama presented are given forth for contemplation:

1. The Appearance of Sorrow or Suffering (which must be removed);
2. The Cause of Sorrow;
3. The End of Sorrow (or escape from it);
4. The Way which leads to the escape from Sorrow: Right Belief, Right Thought, Right speech, Right Action, Right Exertion, Right remembrance, Right means of livelihood, Right Concentration.

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A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Co-operative World Service

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Published by THE BRIDGE TO FREEDOM, INC.
Editor: THOMAS PRINTZ Manager: FRANK C. PITA
P. O. Box 777, St. James, L. I. New York, U. S. A.
Rates per year: $5.00 U.S.A. and Canada; $6.00 elsewhere

VOL. X, No. 5 August, 1961 .50 cts.

THE BRIDGE TO FREEDOM

A Monthly Journal

Vol. X **August, 1961** **No. 5**

THE TEMPLE OF LIBERTY

At Chateau de Liberte, in Southern, France

(The Ascended Master Retreat of the Month)
August 15th through September 14th, 1961

Breathing Statement for the Transmission of the Flame Class on August 19th, 1961

1	2	3	4	5	6	7	8
"I AM"	inbreathing	from	Beloved	Paul	the	Pink Flame of	God's Pure Love
"I AM"	absorbing	from	Beloved	Paul	the	Pink Flame of	God's Pure Love
"I AM"	expanding	from	Beloved	Paul	the	Pink Flame of	God's Pure Love
"I AM"	projecting	from	Beloved	Paul	the	Pink Flame of	God's Pure Love

For Information and Description

of the above Ascended Master Retreat, please see the booklet *A Daily Aid to Tune into the 1961 Monthly Retreats.*

THE BRIDGE TO FREEDOM, a Monthly Magazine, Editor, Thomas Printz, Manager, Frank C. Pita. Rates per year $5.00 U.S.A. and Canada; elsewhere. $6.00 Please make checks and Money Orders payable to THE BRIDGE TO FREEDOM, INC. P. O. Box 777, ST. JAMES, L. I. New York, U. S. A. (a tax free, non-profit Corporation).

Please address all communications regarding Groups to our Director of this Department, Mrs. Zora Fellows, P. O. Box 3776, Daytona Beach, Florida, U. S. A.

LETTER TO THE FLAME CLASS OF AUGUST 19, 1961

Beloved Children of My Heart:

Now you enter the beautiful Chateau de Liberte of My Son, Paul (known as the Venetian Master). He will show you the beauty of Spirit and beauty to be expressed through each of you in the world of form. The Gentlemen Sponsors from this Retreat, all wear Pink robes and emanate His quality of Pure Divine Love.

His Focus is a place of great beauty, and you shall enjoy visiting the Flame Room where the Threefold Flame is focused, representing, as the One at Shamballa, perfect balance. Here, too, is the pulsating heartbeat of the Goddess of Liberty, and you can feel the vibration of that liberating essence from Her and Beloved Paul, even when you visit there in consciousness.

I ask that you, and I will help you, learn the joy of loving The Christ within all you see, no matter what the appearance. Then, before your eyes, <u>love</u> will manifest through such a person, place, condition, or thing and you, even as Lady Master Nada, shall have the joy of seeing the manifestation of perfection.

Love and Blessings,

MAHA CHOHAN

THE THIRD RAY - THE CREATIVE ACTIVITY
By the Ascended Master Kuthumi

The Third Ray is the First Expression of the Holy Spirit in the world of matter. The First and Second Rays represent the Fatherhood and Sonship of God, which, when understood, prepares the student to enter consciously the Path of Creative Activity in accordance with the Divine Plan. The Master Paul, the Venetian, is the Chohan in charge of this Third Ray of the Holy Spirit. It is His Great Service to translate the Divine Plan into physical expression.

After the student has mastered the Silence, has studied the Divine Plan, and has realized his oneness with the Father-Mother Principle of Creation under the First and Second Rays, he is then prepared to draw that Divine Plan into manifestation and become, instead of the listener, the doer! This Ray has not been stressed sufficiently in any avenue of learning and yet it is one of the most valuable activities that can be assimilated by the lifestream. One may learn and study for eternity but until that knowledge has been applied, it is worthless.

The Venetian has been referred to as the Master of Tact, Diplomacy and Beauty, and thus has been looked upon as an idealistic form of ascetic living, rather than a practical, dynamic and forceful expression of the Divine Mind in the world of form. Tact and Diplomacy are a part of the Third Ray man.

THE HARMONY OF CREATION
By Beloved Paul, the Venetian

All creation, in accordance with the Divine Plan, consists not only of Perfected Forms but Harmonious Sounds. Cosmic Creation takes place in a symphony of exquisite Melody. When the Godhead or the Solar Lords create a Universe and a humanity, you may liken Them to a Composer creating a glorious symphony on a cosmic organ. Every individual sent forth from the Heart of the Creator has a particular Note or Tone, which is established by the consciously created wave length of the Cosmic Energy flowing into the Three-fold Flame of that Individualization. That Cosmic Tone, emitted by every electron in that particular lifestream, flows out continually as a conscious part of the Music of the Spheres. As the electrons swing around the central core of Love, their speed determines the Note which may be used in any number of blends, and thus Creation is a Cosmic Harmony of Sound.

There is no such thing as a false note, for the Will of the Creating Intelligence establishes each Tone and half tone, and every succeeding electron flowing from the Godhead carries to its particular lifestream that same harmony and flow of musical beauty.

Important in precipitation

The electrons as they flow from the Presence through the personal self, carry this same natural harmony within them and take up their place as atoms

of the flesh body - each electron moving in a harmonious motion, emitting the sound decreed into being by the Godhead for that lifestream. The Cosmic Note is sounded when the first atom of the physical body is brought forth and the Builders of Form and the Devas of Birth coalesce the substance of earth, water and air around this Permanent Atom in absolute harmony to that Inner Note. Thus, the flesh body in its natural state is a constant radiating center of uninterrupted harmonious sound and color, as should be the etheric, mental and emotional bodies, for the same color and sound follow through in their particular element.

The experience Life has shattered this natural harmony by constant shocks, irritation, annoyances, anger--and changed the speed of the electron around the core of Love; changed their natural wave-length and put them out of harmony with their Divine Plan, thereby creating a discord and broken rhythm.

Uninterrupted Harmony is essential for Precipitation because the electrons drawn from your Presence as they sweep into your feeling world, are immediately thrown off center, and as creation can only take place through Harmony, any precipitation drawn forth without this Harmony, is likewise off center and unbalanced. The more uninterrupted harmony there is in your inner bodies, the purer and more permanent and more beautiful will be your precipitation.

There is nothing warrants the breaking the harmony of your lifestream. This is the reason that Silence

and Peace and "no human opinions" have been stressed, for most of you do not even know your Note and none of you are expressing your Cosmic Tone.

You have heard the broken rhythm of your modern music and when you step into the atmosphere of another human being, the jangle and discord of their atoms is more pronounced than even this distorted music. As a matter of fact, this distorted music is but a copy of the emanation of the lifestream of the composer!

The Music of The Bridge Activity or any harmonious melody will assist you to rearrange the electronic substance of your body, and the Heart of the Silence will pour through these electrons their Cosmic Note again. The Mighty Being Harmony will give you inestimable assistance as you call forth, command, demand and insist upon unbroken harmony from your own lifestream. No person, place, condition or thing is important enough to destroy your harmony, because the individual only condemns that which is outside, since he has not mastered that which is within!

* * * * * * * * * * *

LET US HONOR THE ASCENSION OF BELOVED MARY, MOTHER OF JESUS, ON AUGUST 15th

On August 15th of each year, we have the opportunity and privilege of honoring the Ascension Day of Beloved Mary, the Mother of Jesus. As we send our love and gratitude to Her, She comes back on that Ray of Light to charge into us Her Power and Consciousness to hold the Immaculate Concept for ourselves and all life, and imbues us with that constancy to "keep on keeping on" until our Victory is achieved.

ON RAISING THE CONSCIOUSNESS
by Beloved Mother Mary

The God Consciousness in the Universe is an eternal, ever-present state of Thought and Feeling, penetrating all strata of Light. Into this God Consciousness various lifestreams have tuned through self-conscious endeavor to unite their thought and feeling and continuous state of being with Reality. According to their capacity have they received more or less of the ultimate realization, vision and beauty, and are those individuals rated in evolution as Ascended and Cosmic Beings.

The endeavor of every aspirant, chela and student is to come to a point of realization wherein his or her individual consciousness is raised to a point where it contacts and unites itself with the Cosmic Truth ever-present. This raising of the consciousness is the Spiritual Path, and the sustaining of the consciousness in Truth is the Spiritual Way, and the realization of the ever-present consciousness of All Good is the reward of the lifestream who has <u>determination</u> and <u>constancy</u> to pursue this Spiritual Path to the fulfillment of realization.

We see, therefore, that the Ascension of Consciousness is an hourly process wherein the separate human consciousness, filled with its concepts and beliefs, is gradually quickened in vibratory action until by its very vibration it joins with Ever-Present Truth, which previously vibrated so rapidly that the human consciousness was unaware of its subtle presence.

For an individual to achieve Ascended Master Consciousness, he must be eternally vigilant as to the condition of the thought and feeling bodies, as they form the vibratory action and wave length of his state of being, and to accelerate the wave length of the vibration of his consciousness to a point where they tune into the Ascended Master Consciousness, the individual must entertain and maintain only those vibrations representative of the virtuous, harmonious, pure currents that form the ever-present God Consciousness of the Universe and all Perfected Beings.

Great men and women who have followed in the footsteps of the Master Jesus, the Lord Gautama Buddha, and other Great Exemplars of Good, have, by contemplation and imitation of their Divine Masters, raised their consciousness to a point where it blended with and became one with the Master's. These people, while unascended, formed a perfect channel for the conducting of the Ascended Masters particular gifts which could pass through a consciousness only akin to Their own, and these people thus became great forces for GOOD because through individual application, their consciousness had joined to and become one with their Master's and in this way they performed all the Master's work in His Name.

If you, who seek to serve God and to unite your separate selves with the One, dwell upon the consciousness of any single Ascended Being Who will

(continued on page 17)

ON PRECIPITATION

By the Ascended Lady Master Nada

We have learned that man has been precipitating through the very faculties of the Godhead from the beginning of time, but the consciously directed manipulation of the processes of thought and feeling is Mastery! You can see now from those stories you have read with wonder regarding the ability of a Master to create conditions in a seeming miraculous manner, how these wonders can become a daily and natural experience in your life plan.

The life plan of the average individual is an uncertain series of experiences, resulting from the lack of control of the thought processes, energized unconsciously by the pressure of the feeling world and catapulted into expression.

The natural activity of every lifestream is to consciously direct his visualizing faculties according to the wisdom of his Holy Christ Self and to cut out of the universal Light Substance the pattern and form which he wishes to express; then to pass the energy of his feeling world through this distinct and detailed pattern in a calm, effortless but persistent manner until the inner design is manifested.

When they shape golden vessels, they first make a mould of a strong substance and then the gold is poured into the mould, and thus the vessel is formed first and then the mould is removed, and this is done in a methodical, tensionless manner. The thoughts and feeling processes of man can be controlled in

exactly the same scientific manner and the science of precipitation gained through practice will bring manifestations more quickly.

* * * * * * *

WILL YOU HELP ME?
By the MAHA CHOHAN

When We speak of love, mankind does not seem to grasp fully the simplicity of the Law and I am hoping this morning in the informal little gathering of My Friends of the Heart, that I may enable you to understand that harmonious energy is the Golden Path your blessed feet must walk upon to take you Home. We are so desirous of brothers and sisters who will engender harmonious qualities in the lives of those around them, so that those blessed feet, stumbling in unhappiness and confusion, may walk the Path Home too. If you find them in distress, confusion and chaos--the Path strewn with roses which leads to the Celestial Home in the Heart of God, is yours to spread before them just by changing the quality of their energy.

Will you do that? Will you help Me, for they are all My Children, and the Pathway Home is far from their own heart's love--which must come from within themselves--as the web from within the spider on which he swings to greater heights. My Blessed Children, how We long for some who will open the hearts of the confused people and let their love grow and expand!

JESUS
World Teacher

THE ASCENDED MA
100 QUES
FOR THE SPIRITUAL EDIFICATION

BELOVED ZEUS SPEAKS on the Eight Bodies of Man
(continued from July 1961 Bridge)

XXIV. WHAT ARE THE NAMES OF THE LOWER BODIES?
The emotional, mental, etheric and physical.

XXV. WHAT IS THE FUNCTION OF THE EMOTIONAL BODY?
The emotional is the feeling world. It is the largest of the four. It is composed primarily of the water element. This emotional body was designed by the Builders of Form to act as a cradle in which the other lower bodies would be enfolded; even as the landed surface of the Earth is cradled by the seas. Its correct service is to nourish Divine Ideas with the positive feeling of accomplishment. Thoughts, words and actions have little efficacy until the buoyancy and enthusiasm of the feelings projects and sustains them in whatsoever sphere the individual's consciousness desires them to act.

The feeling consciousness must be purified by calling to the Beloved Ascended Master Saint Germain and the Violet Transmuting Flame, because through eras of time, the individual has been subject to various situations wherein disappointments, disillusionments, rebellions have created rebellious feelings--'troubled waters.' When so purified, the

STERS ANSWER TIONS

OF WORTHY CHELAS IN 1961

KUTHUMI
World Teacher

feelings will always determine the activities of the outer self, subconscious or conscious. The Beloved Ascended Master Jesus was admonished first to become Master over Himself (the four lower vehicles which He used in His last Victorious Accomplishment) before He could be Master over the lower vehicles of others, as well as the elements themselves. Having such Mastery, it was easy for Him to expand the FEELING OF PEACE to the raging waters that alarmed His disciples in Galilee.

XXVI. WHAT IS THE FUNCTION OF THE MENTAL BODY?

The mental body should be the chalice for the receptivity of the Divine Ideas. It has the power within itself to mould these Divine Ideas into practical workable form. The same purifying process as given for the emotional body applies to all four lower bodies.

XXVII. WHAT IS THE FUNCTION OF THE ETHERIC BODY?

The etheric body, sometimes called the "soul" records all the experiences of the lifestream since individualization took place. It receives from the mental body those ideas which have been energized by the feeling world. Before thoughts and feelings can be manifest in the physical appearance world, they

must be sieved through the etheric body. As the etheric body holds all the records, both good and evil, within itself, it is of prime importance that the misdeeds of the lifestream recorded herein are transmuted. These records form the essence of the personality and stamp all the activities of the individual with its specific nature.

XXVIII. WHAT IS THE FUNCTION OF THE PHYSICAL BODY?

The physical body is the anchorage upon the Earth plane through which should be channeled a portion of the activities of the other seven bodies. When they are in perfect attunement with the White Fire Being, they are the Master Presence here on Earth. Conversely, the imperfections of the physical body are the result of the impact of the emotional, mental, etheric natures, not only of itself but of other lifestreams. Present and past environment and associations are primal factors in the constitution of these bodies.

XXIX. WHAT SHOULD AN INDIVIDUAL DO TO ERADICATE THE IMPERFECTIONS IN THE FOUR LOWER BODIES?

One who has conscious knowledge of the purifying activities of the Sacred Fire in Its Seven-fold Aspect, should invoke Its Transmuting Powers. Each lifestream through aeons of service with one or more of the Seven Rays will find the particular Rays to which they have an affinity, and they respond more readily to those Flames and Rays when invoked.

XXX. HOW DOES ONE PROCEED IN THIS INVOCATION?

First, accept the Reality of the Beings Who are

the Directors of each of the Rays. Then learn the Quality and Activity of each Ray. Then practice Invocation to the Divine Being Who is the consolidating Focus for this specific service. Here again, the feeling nature of the individual (when purified) will be of the greatest assistance in cognizing which Ray is the most efficacious for that particular individual.

XXXI. WHO ARE THE DIRECTORS OF THE SEVEN RAYS AND WHAT ARE THEIR SERVICES?

RAY	DIRECTOR	QUALITY	COLOR
1st	El Morya	Illumined Faith	blue
2nd	Lanto	Wisdom	gold
3rd	Paul	Love, Healing	pink
4th	Serapis Bey	Purity, Hope	white
5th	Hilarion	Consecration	green
6th	Lady Nada	Healing, Ministration	ruby
7th	Saint Germain	Mercy, Purification	violet

XXXII. WHAT IS A SIMPLE EXERCISE TO DETERMINE THE FLAMES AND RAYS TO WHICH EACH MAN HAS AN AFFINITY?

"I AM"(3) the Resurrection and the Life of Beloved Ascended Master El Morya's Illumined Faith IN ACTION in my being and world today(3).

Then follow through with the Beings and Qualities of the other Six Rays. This exercise should be performed rhythmically in each twenty-four hour period for nine months in order to avoid any misconcept as to the efficacy of the Flame and Ray which brings the greatest assistance to the individual.

Also, as individuals through the course of many embodiments, have served upon several of these Rays,

they will be strengthened upon those Rays on which they have not been particularly active. THIS IS ONE OF THE MOST EFFICACIOUS WAYS OF ROUNDING OUT AN INDIVIDUAL'S NATURE!

Mighty Zarathustra will speak on the Magnetization of Spiritual Centers on the planet Earth in the September 1961 BRIDGE.

* * * * * *

INVOCATIONS TO THE DIRECTORS OF THE RAYS
Suggested by Beloved ZEUS

El Morya

1. "I AM"(3) the Resurrection and the Life of Beloved Ascended Master El Morya's Illumined Faith in action in my being and world today(3).

Lanto

2. "I AM"(3) the Resurrection and the Life of Beloved Ascended Master Lanto's Wisdom in action in my being and world today(3).

Paul

3. "I AM"(3) the Resurrection and the Life of Beloved Ascended Master Paul's Love and Healing in action in my being and world today(3).

Serapis Bey

4. "I AM"(3) the Resurrection and the Life of Beloved Ascended Master Serapis Bey's Purity and Hope in action in my being and world today(3).

Hilarion

5. "I AM"(3) the Resurrection and the Life of Beloved Ascended Master Hilarion's Consecration and

Concentration in action in my being and world today(3).

Lady Nada

6. "I AM"(3) the Resurrection and the Life of Beloved Ascended Lady Nada's Healing and Ministration in my being and world today(3).

Saint Germain

7. "I AM"(3) the Resurrection and the Life of Beloved Ascended Master Saint Germain's Mercy and Purification in my being and world today(3).

* * * * * *

(continued from page 9)

train your consciousness into His or Her way of thinking and feeling, this will bring about conditions and blending processes which will insure your individual ascension and make you an individualized outpost of the Powers of That One. Then, all the Ascended Masters can use your consciousness as Their Own when it no longer dips into the vibratory action of the human state at the slightest stir of the ethers. I trust this will assist you in your earnest endeavors to sustain a realization of the consciousness "too pure to behold iniquity."

* * *

FIRST GLIMPSES OF THE SEVENTH ROOT RACE

An Address by Its Manu, Beloved Lord Saithrhu

The Ashram - April 1st, 1961

Beloved people of Earth, I greet you on behalf of My Root Race and Its subraces. Little you know of Me or My service or of My People. Therefore, I invite you into My Presence this morning. Now have the comfort of being seated.

A Manu is a Being Who primarily has taken the great opportunity of moulding a great number of Spirit Sparks into a specific God Design, to render a tremendous service when the time is required upon the Planet, where the Manu is to either embody or to send forth His Emissaries.

What happened in previous Eras

As you know something of the Manus Who have preceded Me and Who are Prisoners of Love, you know also that My great Seventh Root Race must await the fulfillment of the Divine Plan and Pattern for everyone of the members of the Fourth, Fifth and Sixth Root Races and Their attendant subraces, at which time I shall be enabled to bring forth the First subrace of My Root Race. In previous eras when the Lord Manu made this initial impulse upon the Planet Earth it was necessary for the Manu Himself to take an embodiment to hold an anchorage of the Perfection of Design, Personage, Activity and Service. Then the subrace, the strongest of course of the entire Root Race, first built the ground work, so to speak, for the Activity and Service for that era.

In Our Service, primarily upon the Seventh Ray, you have been told that We have completed Our journey through the Seven Spheres and We await (in the Seventh Sphere wherein the Ascended Master Saint Germain, the Violet Fire Temples and all activities of the Violet Flame are), the opportunity to be called by the Karmic Board and allowed to send in some of the children of Our First subrace. If They come in too soon, before the great numbers of the Fourth Root Race have returned Home, the Seventh Root Race has an entirely different Keynote, and Service to render, and so They are not always able to fulfill in dignity Their mission.

Lord Saithrhu will not take an embodiment

I represent Their God-Father, you might say. In My case, I shall not embody because the Earth, through the assistance of the children of the Ascended Master Saint Germain and the tremendous calls for the Violet Flame, is being purified enough, particularly of the disembodied entities and the removal at the close of the Earth span of souls who would otherwise have to re-embody, and by the removal of the etheric records in the living and the so-called dead.

When it is of the hour of accomplishment, when the Gates of Heaven do open, there shall come forth the First subrace representing the Activity of the Violet Ray of Ceremonial, all equipped with magnificent voices, all able to both precipitate and levitate at the time of birth, with the knowledge of Their Heavenly Realm, with no veil between.

This great Race is due to come forth for the most part in the South American Continent, although We have experimented, and successfully, with the inculcation of several members of the First subrace belonging to My Dominion in the North American Continent. We have chosen South America because across Brazil and all through that country which is now jungle, the Earth has had some time to rest. Ask for me, or the Ascended Master Saint Germain to purify that stretch across the Equator and give to Us a beautiful verdant Earth which Lady Amaryllis Herself will adorn with beauty and clear up the human effluvia.

An activity of the Violet Fire beneath Amazon

Within the very Earth Itself, down to about fifteen feet below Its surface, all through and across from Peru to where the Amazon flows out to Rio de Janeiro, is an activity of the Violet Fire established. This results (and you will see it in your papers) in a great number of poisonous reptiles and various effluvia being spewed forth in the Amazon and then out to the Ocean; and the Amazon will no longer be a flood of mud-tide but that beautiful sapphire blue which is the color of the waters in Our Kingdom.

Our Kingdom, up where the Ascended Master Saint Germain is, is a comfortable and a happy one, and We are a patient Group of Individuals. We have waited long, but now We are assured by the Cosmic Law that the First subrace will be given opportunity--some of them will go before Mother Mary in the month of May 1961--and I am quite sure that one or two thousand

of these Beings will take embodiment in the North American Continent primarily, because as yet the South American Continent is not ready for Them.

Physical description of members of this Race

These People as They grow to maturity will be distinct from all other people which you have ever seen upon the Planet Earth. They have hair which is amber of color and They do not look unlike the Beloved Ascended Master Saint Germain except that They are all blue of eye and have the Seraphic face, the slender figure, the long limbs, and long tapered fingers. They will be artistic in the extreme. Drama will come to the fore again; only that drama and ballet and music will be presented to the masses through these dedicated Lifestreams, the pageantry of life as it should be lived. Much of the time which has been spent in the past in just enjoying, shall We say, the drama and the various media of entertainment to relax the consciousness, They will bring to a focal point the attention of the people. This is Our endeavor, and of course it will be accomplished according to the tenacity of the Spirit Sparks Who will take embodiment with My Blessing and with, of course, My ever-present vigilance and protection. These Beloved ones, will help the Ascended Master Saint Germain tremendously in His Service and Activity to Life.

Lord Saithrhu will materialize at proper time

As a Manu, there is One Root--and that has seven branches. It is like one tree with seven great branches;

only they do not all flower at once. They flower, each one, starting from the left on to the right until the Seven subraces have found expression and completion. Then the Manu and all the subraces join together and Ascend, even as They have descended before. This may clarify for you something which perhaps was confusing within the mind consciousness.

As for Myself, I shall materialize at the proper time. I shall not take an infant form but I shall materialize when the Beloved Ascended Master Saint Germain's kingdom is established on the Earth fully, when mankind, elementals and Angels are all joined together in harmony. Then I can bring in the great numbers of those mighty Beings Whom I Fathered and Whom I love and They, in turn, will enhance the perfection of that Golden Age.

Beloved Himalaya asks for assistance

The Service of a Manu is an Eternal one. It never ends because when One takes that responsibility as Beloved Himalaya, the Vaivasvata Manu and the various Ones do, You are responsible for every individual who is part of the Root Race and subraces and You are responsible for everything which They created in thought, feeling, word or deed. Therefore, the Beloved Himalaya is responsible for every bit of chaos back through the Ice Ages in Asia; that is why He has asked again and again, and has been given assistance in the removal of those etheric records and the transmutation of those imperfect manifestations.

When We come to a Planet like the Earth, We know full well that it is Our karma, enjoyed because We come equipped to handle whatever Our Root Race and subraces do; We shall have to redeem that which is less than perfection. We have withheld for a time the First subrace of My Root Race for the very purpose of allowing the redemptive process to go on in all Root Manus and Their children who have been and are still upon the Earth.

It is My desire that My People when They come forth shall know, as the Holy Innocents did, only Perfection on the Earth. I have loved Them long and served with Them long, and you will love Them as you know Them too. We ask that each and everyone of you be blessed by all the Love, Light and Power, and all the Wisdom and Understanding, and all the Strength which is in the Heart of a Root Manu Who lives but to give to you His children. Thank you, and good morning!

* * * * * *

EXCERPT FROM THE BELOVED MAHA CHOHAN

After carefully listening to the reports and petitions presented to the Karmic Board at the Half Yearly Council for the upliftment of the race, by ascended and unascended beings alike at the Rocky Mountain Retreat, it seemed to be the general concensus of opinion that while a knowledge of The Law has increased appreciably on the Earth plane, the generation of Divine Love in the feelings of the people has not kept pace with it!

It was therefore the unanimous hope of the attending Members that mankind at large, particularly those who come under the direct instructions of the Ascended Masters, would awaken in time to the fact that the conscious generation of Divine Love in the feelings is an absolutely essential requirement, if they are to rise above the present human consciousness.

* * * * * *

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THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Co-operative World Service

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Published by THE BRIDGE TO FREEDOM, INC.
Editor: THOMAS PRINTZ Manager: FRANK C. PITA
P. O. Box 777, St. James, L. I. New York, U. S. A.
Rates per year: $5.00 U.S.A. and Canada; $6.00 elsewhere

VOL. X, No. 6 September, 1961 .50 cts.

THE BRIDGE TO FREEDOM

A Monthly Journal

Vol. X **September 15, 1961** **No. 6**

TEMPLE OF PEACE
Near Suva, Fiji, Islands

(The Ascended Master Retreat of the Month)
September 15th through October 14th, 1961

Breathing Statement for the Transmission of the Flame Class, September 16th, 1961

1	2	3	4	5	6	7	8
"I AM"	inbreathing	Beloved	Surya's	Power	and Peace	of Love	Divine
"I AM"	absorbing	Beloved	Surya's	Power	and Peace	of Love	Divine
"I AM"	expanding	Beloved	Surya's	Power	and Peace	of Love	Divine
"I AM"	projecting	Beloved	Surya's	Power	and Peace	of Love	Divine

For Information and Description

of the above Ascended Master Retreat, please see the booklet *A Daily Aid to Tune into the 1961 Monthly Retreats.*

THE BRIDGE TO FREEDOM, a Monthly Magazine, Editor, Thomas Printz, Manager, Frank C. Pita. Rates per year $5.00 U.S.A. and Canada; elsewhere. $6.00 Please make checks and Money Orders payable to THE BRIDGE TO FREEDOM, INC. P. O. Box 777, ST. JAMES, L. I. New York, U. S. A. (a tax free, non-profit Corporation).

Please address all communications regarding Groups to our Director of this Department, Mrs. Zora Fellows, P. O. Box 3776, Daytona Beach, Florida, U. S. A.

BELOVED SURYA WILL HELP SUSTAIN PEACE

Letter to the Flame Class of September 16th, 1961

Beloved of My Heart:

My Light bows before your Light. I have known the Peace that the whole world requires today for many ages. The Ascended Master, Surya, has builded the cosmic momentum of Peace into His Aura so powerfully that He has been entrusted to hold that focus of God-Peace for all people and evolutions on this E a r t h, or who require for themselves or others, a LASTING WORLD PEACE!

He has provided for you, each earnest chela, a Gentleman Sponsor Who has taken the initiation of maintaining Peace during an entire planetary change (and there have been many). Now, to sustain in your feelings, thoughts, words and actions that Peace which you require, avail your dear hearts o f the Presence of Lord Surya and also of the Sponsor Who awaits your invitation to assist you.

The many people of all nations, creeds, and races require a LASTING PEACE and when they actually FEEL THAT PEACE which emanates from Lord Surya and His Disciples, they will then become natural conductors of supply (not only of money) but of every God-Virtue to add to the Light of the World.

I shall meet you during this 30-day period (Sept.15 thru Oct.14'61) at Surya's Ascended Master Retreat and you and I shall bless Him, His Mystic Island, H i s Patient Brotherhood and you shall and will become such conductors of Peace and God-Virtues to the world.

Love and Blessings,

MAHA CHOHAN

SUVA IS A FOCUS OF FINANCIAL SUPPLY
Excerpts from an Address by Lord SURYA

No lasting supply of any good or perfect gift can come to life without the establishment right within the heart of each individual on Earth of the Lasting Peace which We give to you and shall help you to sustain! On the very rhythm of Our Life flows that Peace and over the life-line of such Peace flows Supply of every God-Gift, including finances, health of mind, body, soul and liberation of Spirit to express the Divine Plan fulfilled through each individual.

Therefore, stretch forth your dear hands and blessed hearts to Us by sending Us your life and love, and We SHALL send to you and sustain through you for the benefaction of all life, OUR GIFTS of love and light. Is this not a reasonable arrangement? I thank you & I know that you, too, in your way, can accept the reasonable Partnership between Divinity's Realm and the Realm of human consciousness!

The planet Earth requires that Lasting Peace so much, among nations, nationalities, and through the illumined ones. You are Our intermediaries for the bringing of a Lasting Peace to the people of Earth and all that live upon It now or are to live upon the Earth in the future. Accept this honor and carry the Peace of Our Hearts into your worlds and then into the entire human race! Enfold the Angelic Kingdom in that Peace and the Elemental Kingdom too! Great shall be your reward for such service for you, too, even as We, become Peace Commanding Presences wheresoever your dear physical vehicles, under God — direction,

place you! Remember I, and All the Ascended Brotherhood at Suva are yours to command and await your invitation to give to you all of the Lasting Peace you desire for yourselves and to disseminate to the world around you. According to the Peace you give, will you receive more Peace, for that is the eternal Law of the Circle! Command, you, Us! We are always your Obedient Servants. For this We have foresworn Nirvana and sustain to this crucial hour Our Focus of Peace. Now, you shall share Our responsibility as well as the joy of expanding God Peace.

(Courtesy of "Thomas Printz" Bulletin)

* * * * *

THE RESURRECTION FLAME YOUR REASON FOR BEING

An Address by the Ascended Master JESUS
The Ashram, Easter, April 2nd, 1961

In the Name, by the Power and in the Full Authority of The Father of all Life from whence I came into physical manifestation and remained upon this Planet Earth for thirty-three full years, returning in redemptive processes which are also yours, I bless you on this, the Anniversary of My first Resurrection Morning! May the love and the light, and the understanding and the POWER AND THE VICTORY of My Heart CHARGE INTO,THROUGH AND AROUND YOU, all you hold near and dear and all life everywhere, until all mankind can understand, accept and do as I did, as I say with all the Power of My Being from within that Flame within your own hearts: "COME FORTH NOW FROM THE DEAD" -- "BE THE LIVING, BREATHING EXAMPLES OF THE CHRIST MANIFEST!" For this came I into the world, and for this came you, each and every one! Thank you for at least cognizing (over)

My Resurrection and My Presence, - and will you be seated at My table!

The Table of the Cosmic Law

The Table of the Lord is the Table of the Cosmic Law, beloved ones, and no One Who has attained Divinity's Realm, no One Who has risen above and beyond the realm of human creation but has had to taste of the Law, and tasting of that Law, impersonal in Its aspect, has had to embody that Law in nature, in emotional stability, mental alertness, etheric purity and physical grace. That Table, which is set by the Powers of Light Who are far, far above Us on the ladder of evolution, is large indeed. I partook of the food of that Table, knowing full well in Myself that Law, endeavored in My time, in My Mission, to present that portion of the Law for which the people of that era were ready, as does your beloved Ascended Master Saint Germain and Other Members of the Spiritual Divine Hierarchy, partaking of the same gift at the Cosmic Table present another portion of Cosmic Law whose essence is that beautiful impersonal love of which every Divine Being has spoken and which thru you shall have expression for the benediction of your fellowman and imprisoned life, in the raising activity of all that is!

The Power of the Resurrection Flame

The raising activity of Life, which is the power of the Resurrection Flame, is your reason for being, so as to vitalize and accelerate the vibratory action of your inner vehicles, your consciousness, that you do become the raising Presence wheresoever you move

on this planet Earth; wheresoever the direct beam of your attention goes, so that there is lifted up in consciousness all to which you turn your attention and that uplifted consciousness is sustained through the power of the direction of the Light Rays from your Holy Christ Flame or your own "I AM" Presence.

Why I could heal

Sometimes you think you are not capable of rendering a specific service because in the outer mind you limit THE POWER of your own "I AM" Presence; you limit the power of your Holy Christ Flame; you limit the Power of the Universal Father from Whence you came into being, Which can, at a moment's notice send a million Light Rays in every direction FAR MORE POWERFULLY than can your human mind. Why was it when they came to Me and asked that I assist in the healing of the child, that even before the messenger and the servant of the household returned home, the child was healed? Because the Light of The Father and the Light of the Illumined "I AM Presence, the Light of My Holy Christ Flame were given full freedom, and truly before people have called were they answered! Now, I have never been, and I never desired to be an especial Being. "I AM" just One Who has tasted of the Cosmic Law Who has found It sweet; Who has embodied It according to My Nature; Who has given of that Love as best as I have known how and Who shall continue so to do as I serve with beloved Kuthumi now and My Own Teacher as the Buddha (Lord Divino) renders a greater and greater service.

Love must be permanent

Time and again in My Ministry, I was called upon to admonish those who enjoyed so-called miracles, those who enjoyed parables, to "love one another." Yet, even as I have loved them, so I asked them that they should learn to love one another; that love comes from within the magnificent Focus of the Holy Christ Flame, Which is within your beating heart. That love is not abstract; it is not something apart to be placed upon oneself on a Sunday or upon the hours of contemplation as a mantle which is then taken off and folded away"No!" It is to be a permanent and sustained portion of your feelings and the periphery of your emotional world, which is a constant gift of your Holy Christ Flame to all, for the world requires that love. It requires love more than any gift which can be given. It is not sympathy(which is a negation) but a POSITIVE CONVICTION that The Father of Life and Light is MORE POWERFUL than the creations of yourselves or any of mankind. Had I not that conviction Myself, I could not have stood on Resurrection Morning, free of the tomb, resuscitated a mutilated vehicle FOR ONE PURPOSE AND ONE PURPOSE ALONE--TO PROVE THAT LOVE AND DISCIPLINE AND WORDS could be made active in re-animated flesh form!

The Transfiguration

Beloved ones, you wear now consecrated garments of flesh, made up of billions of electrons, each and everyone of which has known at one time such perfection in the Inner Realms as the outer mind cannot conceive. These electrons are but awaiting opportunity to be

invoked to give forth more of their light, speeding up the rapidity of their revolutions as they make up each atom and then with the assistance of beloved Serapis Bey and the Great Ones, I rendered that service in the experience of The Transfiguration. So shall it be and should be for you TODAY and every day. When those atoms and electrons are so accelerated they should remain in that state.

You say the human mind cannot sustain the vibratory action and that is true, but the Holy Christ Self and the great "I AM" Presence and The Father of Light, Who has given you the privilege of the very breath in your nostrils and the beat of your heart, is greater f a r than the outer mind has any comprehension. Therefore, release into the keeping of those Powers of Light your feelings of fear and distress, chaos and confusion, limitation and hate, decay and degradation, and T h e Father of Light will take from you that cross and return to you instead the feeling of Victorious Accomplishment, Joyous Vitality and Buoyant Youth and Illumined Faith which through The Father of Life, - the Father of Myself and of yourself - all things can be done constructively and instantly!

Put away all that is of mortality

Let us put away from our minds and feelings; let us put away from our thoughts and our very bodies--everything that is of mortality and don the robes of Immortality and wear them well; wear them to the Glory o f your Father; wear them for the blessing of your fellowman, and wear them for the Freedom of the Earth and HER evolutions of distress. Thus you become in your o w n

orbit, as I was in Mine, a magnificent magnet to draw those Powers which are not miraculous but seem superhuman because they are not in use; draw them into the orbit of your own periphery and direct them selflessly forth wheresoever upon the planet Earth there is a requirement for assistance of any kind!

Beloved ones, when I took an Earth Body there was no assurance given to Me in writing by the Lords of Karma or any Divine Being that I should make My way successfully through 33 years on the Earth-plane. I took upon Myself the bands of forgetfulness, and of course I had the stainless Spirits of beloved Mary and Saint Germain to hold the Immaculate Concept for Me until I was able again to remember it, but aside from that and the fact that I had no karma to transmute, I was a s one of you! You have had your karma transmuted until where, with some of you it was almost 100 ft. strong as concrete around you, it is now but a mere shell, - which can be bursted <u>by your love</u> one for another, or by one word which One of Us speaks! When that shell is bursted, the entire remaining effluvia is removed, and you shall have that glory, even while here, o n Earth, of knowing Freedom and Freedom's Representatives from on High!

Now accept that and do not go on as though you carried the entire effluvia of a planet on your shoulders for you wear but lightly the remnants of that creation which you voluntarily misused in life, maybe n o t in this embodiment but in another!

Why I attained my full Victory

On this Easter Morning, many, many cognize Myself; some give cognizance to My Mother, many hosannas are sung, many Angels are cognized, but I say if it were not for every Angel in Heaven, every Divine Being in Heaven, every blessed prayer of My Mother and My Father and every blessed bit of strength from the weakest to the strongest of My disciples and apostles, I should not have attained My full Victory. So "I AM" indebted, was indebted on Ascension Day, to Ascended and Unascended beings of light, as you also will be always indebted in a happy manner to Those of Us Who love you and love you well.

The Blessings of Easter, the Blessings of conviction; and the Blessings of the POWER WHICH " I AM " and WHICH YOU ARE, be upon you!

* * * * *

HONORING THE BELOVED ARCHANGEL MICHAEL

On the 29th of Sept. each year, the people all over the Earth give recognition to Beloved Lord Michael, - Prince of the Archangels.

There is not one member of the human race; not a Guardian Spirit, not a bird, animal or any other part of imprisoned life belonging to Earth's evolutions that Archangel Michael has not assisted to freedom from their self-imposed distresses, again and again.

Archangel Michael came to Earth with the first lifestreams to set foot here, and He will remain until the last lifestream has completed its journey into the Victory of the Ascension.

On September 30th, the Angels bring Their Harvest to Lord Michael. Let us join on both these days in expressing our love and gratitude to this Great Being Whose Love has been so faithful and true.

JESUS
World Teacher

THE ASCENDED M
100 QUE
FOR THE SPIRITUAL EDIFICATI

MIGHTY ZARATHUSTRA SPEAKS ON THE MAGNETIZATION OF SPIRITUAL CENTERS ON THE PLANET EARTH

"I AM" Zarathustra, High Priest of the Sacred Fire of Enthusiasm, which is the buoyant feeling of G o d-accomplishment required by every aspirant to sustain them in constant service to the White Forces. I, like My Confreres, have during this period of illumination, 1961, offered My services to the God and Goddess Meru and to those of you who thrill to the vibrant fires of creation which are Mine to give and yours to accept, for the benefaction of this Earth!

XXXIII. WHY ARE THESE GREAT BEINGS, GENERALLY UNKNOWN TO THE STUDENTS, COMING FORTH AT THIS TIME?

Because of the recalcitrance of the Earth and Her attendant evolutions, many of Us Who have served the people of Earth in ages past, have volunteered to add the required impetus necessary for spiritual growth and understanding and ACTION!!!

XXXIV. WHENCE CAME YOU, ZARATHUSTRA?

I came from the Heart of the Sun of this System (Helios and Vesta), at the crucial hour when the veil of maya was so heavy a cloud upon the Earth that even physical fire was unknown as a means of warmth, light and purification.

ASTERS ANSWER
STIONS
N OF WORTHY CHELAS IN 1961

KUTHUMI
World Teacher

XXXV. WHY CAME YOU?

To bring again the knowledge of The Sacred Fire and create a Priesthood Who could, and did, successfully invoke the Powers of Light with sufficient intensity to kindle anew the embers of Divinity in the hearts of man, thus preventing the disintegration of the Planet.

XXXVI. TELL US, PLEASE, HOW WE CAN BEST COOPERATE WITH YOU?

Become aware that within your heart is a Spark of The Fire of Creation Which I shall fan with My Fire of Enthusiasm into that same blazing feeling of interest in the Earth's redemption, which according to Cosmic Law is destined for a permanent acceleration, preparatory to the movement of the Planets in an orderly and gracious sequence.

XXXVII. AFTER WE HAVE DEVELOPED THIS AWARENESS, HOW DO YOU SUGGEST WE PROCEED?

In the same manner as I and My disciples did. In the study of true Astronomy there are certain strategic points on the Planet Earth wherein <u>distinct Foci</u> of the Sacred Fire are required to be magnetized,

sustained and to send forth a radiation of a particular God Quality to hold the balance of constructive vibration in the lower strata wherein the mass of the people abide. These geometrically related Foci must be personally magnetized by individuals who have a n affinity to the required God Quality. Today, Astronomy is more abstract and the student who is chosen at Inner Levels for the great privilege of magnetizing a God Quality in a certain locality is ofttimes unaware of the seemingly natural desire to go to a location. The students of Zarathustra are beyond the subtle curiosity of the outer mind and the fanciful promptings of unsatisfied cravings of the personality!

XXXVIII. KINDLY GIVE US AN EXAMPLE OF THIS

Before the Birth of the Beloved Ascended Master Jesus, the trained astronomers,scanned the heavens for that particular Star which would denote His Advent. When It appeared, They followed that Star to Bethlehem to give homage to the Christ Child. So does the student of Zarathustra cognize through the beam o f his attention the astronomical centers from wh e nc e they shall be instruments in magnetization of a certain locality. Ofttimes such students re-embody age after age in such a location to give a greater momentum of concentrated and one-pointed energy to t h a t specific Focus on the Earth. All of the Ascended Master Retreats are so geometrically located. T h us does the Lord of the World create the geometric pattern for each year which will be most beneficial t o

the human race by assigning the specific Master Retreats which will be energized by the attention of the students during that particular period. These are the fluctuating designs necessary in each year which the Beloved Maha Chohan weaves into the Perfect Design for the Two Thousand Year Cycle.

XXXIX. UNAWARE OF TRUE ASTRONOMY, WHAT ADVICE WOULD YOU GIVE THE STUDENTS?

There is a Law beyond human law which keeps the Planets and Stars in their orbits and this Law acts through the initiative of the chela in placing him in the orbit wherein he can render the greatest service, usually surrounded by several other students who have a like affinity. These few gathered together and magnetizing the God Virtues required, shall see the manifest expression in works well done, if they are able to overcome the disintegrating force of personal defections. Students who are by reason of karma and geographical isolation unable to be a member of a Group, are having special training preparatory to their future service, and should not dissipate the energies which We channel through them. KNOW that whether you are in a Group Activity or serving individually, We have placed you there for a specific reason and when your service is completed in a specific locality, We shall in a natural manner move you to another location requiring the assistance of your momentum of service to the Light.

XL. AS THERE HAS BEEN SO MUCH FEAR IN PEOPLE'S MINDS REGARDING THE 'LATER DAYS' WHICH ARE UPON US, HOW CAN WE DISTINGUISH BET W E E N FALSE PROPHESY AND THE TRUE WORD OF GOD?

Fear is an insidious tool of the sinister force and FEARLESS ARE THE STUDENTS OF ZARATHUSTRA! ! ! Remain and trust, wheresoever you may be, until I direct you elsewhere! ! !

* * * * *

In the October 1961 BRIDGE, Mighty ZOROASTER will discourse on The Law of the Rhythmic Breath.

* * * * *

PLEDGE TO ZARATHUSTRA

In the Name of the Presence of God which "I AM," I solemnly pledge the God energies loaned to me by The Father-Mother of Creation, to cooperate with the MIGHTY ZARATHUSTRA !

I invoke Beloved ZARATHUSTRA to fill my being and world with His FEELING OF ENTHUSIASM in this Service. So help me God!

* * * * *

A L E T T E R

from the Ascended Master El Morya

BELOVED MEMBERS OF THE BRIDGE TO FREEDOM:

I greet you in Love, in Hope, in Trust, in your potential goodness, for which I chose you to form an actual spiritual entity through which the Services of the Spiritual Hierarchy might be disseminated throughout the sweet Earth.

Divine Law does not permit me to release all that your outer would like you to know, so what I am about to say will be brief, but nevertheless a necessity.

"I AM" taking the opportunity provided by this Cosmic Tide which carries the forward impulse of the Beloved Saint Germain's Activity into the world of form.

"I AM" ready to create a new Spiritual Entity and carry forward the services of the Great White Brotherhood into the outer consciousness of mankind. We do not rest on our oars, but always have an alternate plan, approved by the Karmic Board and ready to put into effect instantly when Cosmic Activities for the benefaction of the race are concerned.

You will be supplied with ample material to sustain those who wish to apply God's Laws. Through this, a great Inner Strength will be experienced by all.

Your Beloved Leader now has a Service to perform elsewhere, a Service which could at no other time be rendered.

Thus, The Bridge to Freedom shall continue to live as a useful instrument for the Ascended Masters to reach the outer consciousness of mankind, and fulfill its Service as recorded in its Divine Plan.

In the Name, Presence and Power of God, the Beloved "I AM" PRESENCE, I thank you.

EL MORYA

* * * * *

EXCERPTS FROM ARCHANGEL MICHAEL

I took a vow to the Sun of this System, that I would remain with the Earth until every lifestream, every Spirit Spark called forth from the Sun, had found mastery and had returned in God Dignity into the Realms of Eternal Light! This is My reason for being!

This makes Me your humble Servant, ever ready with the activity of the Sword of Blue Flame to cut you free from the accumulations of the ages! Ever ready to raise you in consciousness individually, and passing through your feeling world, your mental world, your etheric body and flesh form, rhythmic pulsations of Light that gradually and mercifully raise the vibrations of your vehicles. This makes you more aware of the Truth of Life, and more capable of receiving the instruction directly from the hearts and consciousness of the Ascended Host of Light. As that process continues in unbroken rhythm, enabling you to retain the full conscious memory of the experiences which you have in the full freedom of your Holy Christ Selves when you lay down the weary flesh body at night.

You, in your Holy Christ Self, can function in higher realms than you can yet achieve through the etheric garment. The Etheric Garment is so much a part of your flesh form, that when it is purified, it will form for you a much better instrument for drawing back into the brain structure and outer consciousness, the

memory of your inner experiences.

The purification of the Etheric Body is one of the services that We desire you to work on.

The Etheric Body, beloved ones, is like a mirror. It records instantly the thoughts, feelings, actions and spoken words of the individual. It imitates that which you do!

The Etheric Bodies of mankind have been so scarred, so mutilated, so deeply marred by the experiences of life, that they look for the most part a sorry sight. They are what you would call in earth life "pock marked." These garments carry the scars of all the disappointments, the disillusionments, the hurts, all of the experiences wherein mankind has destroyed faith and trust and confidence in each other.

These experiences imbedded in the Etheric B o d y seemingly lie quiescent. Even as your flesh mends a cut or a wound, so does the intelligence and l i g h t within the etheric body weave over the scars a n d wounds a similar semblance of repaired tissues. But under tension of stress and strain, those inner experiences and weaknesses, are very likely to bur s t forth again in renewed hatreds, renewed antagonisms, and it is My counsel to you to set about in earnest to purify these etheric garments and make them shine as they once were, pure white and exquisite when you first began to record through cause and effect, the experiences of life into them.

What mankind does to one another in creating those deep wounds in the etheric body is much more unfortunate than the distortions woven into the physical form, because when the form is laid down, the innocent flesh returns to the elemental substance and the wound does not remain. The etheric garment moves with man from his first embodiment until it is absorbed at the time of transmutation at the instant of the Ascension.

So watch ye well, beloved ones, what impress ye make on the Etheric Garments of each other, and watch ye well that ye purify those energies in your own! I speak from a heart that is filled with love for you. I speak on behalf of the Angelic Kingdom and My Beloved Brothers, Who represent the seven Cosmic Feelings of the Nature of God.

I would like to remind you that the first sin, the original sin - the sin that drew the Angels from Heaven and mankind from the Garden of Eden, and the elements into embroilment was REBELLION AGAINST THE WILL OF GOD!

Will you look deep within your hearts and where rebellion flares, know you that it is part of the ORIGINAL SIN which brought you into the shadowplanet. I SHALL HELP YOU TO REMOVE IT!

* * * * *

A BROTHER OF THE GOLDEN ROBE SPEAKS

I would like to speak to those who find themselves in the doorway of a marvelous opportunity to forward The Cause of Freedom, through understanding. I, Myself, stood not too long ago upon the same threshold, having no more to work with than any one of you, merely the Principle of Life and a certain awareness of the mystic realms whose portals are closed to fleshly eyes. I had a great sense of integrity which made Me hesitate to offer the limited talents in My possession to such an August Assembly as The Great White Brotherhood, knowing full well the limitations of My consciousness, mind, soul and spirit and desiring in no way to misrepresent the Perfection of Those who must reach mankind through a vessel of brass, rather than one of burnished gold!

The balance and measure of God's Justice is such that the progress of the lifestream who chooses to become a focus, both for Our Purpose and Design, as well as for the groping hands and seeking hearts, is greatly accelerated by this mystic sacrifice, and such an one, though his knees be bloodied by many a fall and his eyes dimmed by the sweat of the brow upon the upward climb, will be there to meet the hermit and the cloistered soul who seeks release for <u>self</u>,- rather than the race.

We, Who are the Brotherhood of the Golden Robe, stand with those beloved lifestreams in every land

and clime, who, while seeking God themselves, each according to his Light, choose to become the hand and heart of mercy, the Light upon the Path, the Missionary of the Word. And the very Cloth of God, which becomes the Ascension Garment, drawn lightly over the shoulders of the Immortal Christ, is woven from those energies - who looking upward choose to embody what they saw and felt, in words of Comfort, Hope, and Cheer - that the race sleeping under the blanket of lethargy at the base of the mountain, might find interest and impetus enough to raise the heart and consciousness, and begin at last the journey Home.

Suffer not needlessly because the instrument thru which the Light does shine, yet wears the marks of earthly dross, which needs might lead the earnest ones astray, but rejoice that through these garments We may reach the hearts and minds of those who love Us, but have forfeited for the time being, the way and means to reach into Our Presence, for in so doing there comes the acceleration of the Spirit, which will one day unite their consciousness and Ours in genuine cooperative service.

* * * * *

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THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Co-operative World Service

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Published by THE BRIDGE TO FREEDOM, INC.
P. O. Box 777, St. James, L. I. New York, U. S. A.
Rates per year: $5.00 U.S.A. and Canada; $6.00 elsewhere

VOL. X No. 7 October 1961 .50cts.

THE BRIDGE TO FREEDOM
A Monthly Journal

VOL. X **October 1961** **No. 7**

TEMPLE OF WISDOM AND ILLUMINED PEACE
(Blue Lotus Retreat)
In Tibet, Himalayan Mountains, Asia

(The Ascended Master Retreat of the Month)
October 15th through November 14th, 1961

Hierarch: Lord Himalaya; Color of Flame: Gold
Keynote: Love's Old Sweet Song", Malloy

Breathing Statement for the Transmission of the Flame Class on October 21st, 1961

1	2	3	4	5	6	7	8
"I AM"	inbreathing	Beloved	Himalaya's	Mighty	Power	Wisdom	& Peace
"I AM"	absorbing	Beloved	Himalaya's	Mighty	Power	Wisdom	& Peace
"I AM"	expanding	Beloved	Himalaya's	Mighty	Power	Wisdom	& Peace
"I AM"	projecting	Beloved	Himalaya's	Mighty	Power	Wisdom	& Peace

Previous references to this Retreat
Bridge magazine: Vol. 1 No. 2; Vol. 2 No. 12; Vol. 4 No. 11; Vol. 8 No. 2
Addresses: Vol. 7 No. 10; Vol. 8 No. 2;

The BRIDGE TO FREEDOM, a monthly magazine, Editor, Thomas Printz; Manager Zora S. Fellows; Asst. Manager Frank C. Pita. Rates per year $5.00 U. S. A. and Canada; elsewhere $6.00. Please make checks and Money Orders payable to The Bridge to Freedom, Inc. P. O. Box 777, St. James, L. I. New York, U. S. A. (a tax free, non-profit Corporation.)

THE REASON FOR TRANSMISSION FLAME CLASSES

Letter from the Maha Chohan to the Flame Class of October 21st, 1961

Beloved Ones seeking Wisdom of the Gods and that Illumined Peace which is LASTING for your dear selves and all on Earth:

It is with extreme pleasure that We meet in t h e heights of the Himalayan Range where Lord Himalaya, a God of the Mountains, has sacredly guarded so many of the precious manuscripts and priceless Treasures, all of which carry a Spiritual Lesson to the alert chela.

Although consciously directing your consciousness toward This Focus for years, this time you will find the actual essence of Divine Wisdom through which no human beings can again turn you towards fallacy o f any kind. Your Gentlemen Sponsors are the same Ones assigned to you in October, 1960, so that both They and you are well acquainted and can continue in this affinity of Spiritual Unfoldment. You can and will also feel deeply that LASTING PEACE, inbreathing, absorbing, expanding and projecting It to all that has temporary habitation upon the Planet Earth, and Her relief from distress will be known and felt by all imprisoned life everywhere.

A conductor of any God-Virtue must learn, not only to enjoy and retain for himself that Gift, but also joyously expand and project that gift to others in an

impersonal way, even as We do. As you give, so is it given unto you! That is why I took the opportunity to establish the Transmission Flame Classes, knowing full well that the earnest chelas would, a n d well you have, join your dear breath with Ours in encircling the Earth with a blessing which is a permanent gift from any Ascended Master Focus.

Himalaya is Regal, Oriental in Nature, dignified in Manner and Gracious in the Extreme. Meet Me, and let Us look together upon the Mystic Blue Lotus, -- bless Himalaya and His Brotherhood and bring b a c k into the orbits (auras) of your homes some o f H i s Nature and then expand and project it about you.

Thus you prove, actually to the Brotherhood at the Temple of the Blue Lotus and all the Great W h i t e Brotherhood, that you are, even as Lord Jesus exemplified and expounded--"about your Father's Business".

Love and Blessings,

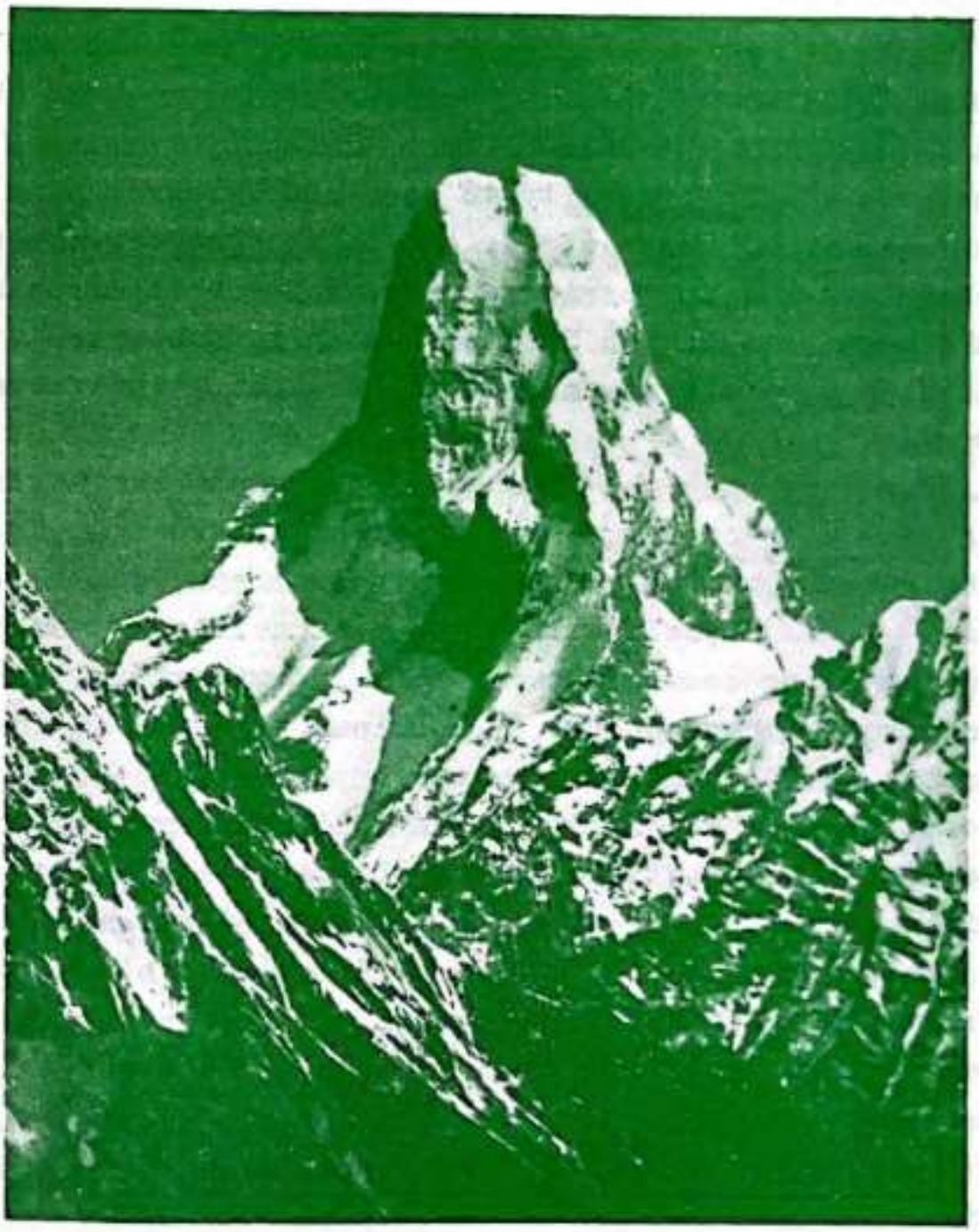
MAHA CHOHAN

* * * * *

Beloved Presence of God "I AM" and Beloved
Lord Himalaya and All the Gods of the
Mountains:

Make us strong as Your Mountains,
Filled with Your Peace,
Stablize us all
With Your Gifts released.

* * * * *



HOW TO ATTAIN TRUE FREEDOM

By the Ascended Master Saint Germain

I have long waited the opportunity to consciously train a group of incarnate chelas in the use of the powers within the Sacred Fire. This opportunity is afforded Me in proximity to your consciousness and My training shall be twofold; one in the loosing of your consciousness in cosmic service, and one in loosing the power within the Sacred Fire in your hearts to develop God-mastery and control in your individual worlds.

For many ages the teacher of the mysteries has had to deal with consciousnesses intent upon one thing:- the gaining of power and mastery for individual freedom. I find Myself with a group of selfless souls, so intent on cosmic service that individual mastery and freedom have become a sideline. Again We come to the "middle way." I want you to be God-free, beautiful men and women in the full mastery of perfect health, indestructible harmony, infinite supply and affluence, with the power to "make things right," and to write the name of "Freedom" in the hearts and consciousness of all that are bound, to remain as a living monument to the Flame I represent; and to return each man, woman and child to his God-estate. To this end as a personal and separate service apart from My Cosmic Office, shall I dedicate a portion of My Life to this development.

Beloved Hearts of Freedom, what is Freedom in its essence? If you will examine the consciousness in the contemplation of Freedom, you will find you think of it as a negative aspect of The Law; getting away from limitations, getting away from bondage, getting away from sickness, from age--escape out of shadows!

I am going to show you the positive aspect of Freedom--getting into the Heart of the Sacred Fire! As the self-conscious intelligence directing the Fire Element, you shall become master over circumstances. This is My request for you; that you learn the power which is in the Sacred Fire until the Sacred Fire within your heart, obedient to the self-conscious intelligence which you are, flashes forth at your command and is instantly master of energy wherever you meet it!

In the bringing of the Seven Flames of the Archangels and the Elohim to your attention, We are endeavoring to show you the aspect of the Sacred Fire which you can wield. Within the Flame in your Heart is every one of these Divine Aspects, represented in the Hierarchy by some God-free Being: Mercy, Purity, Freedom, Light, Opulence, Healing.

You must become acquainted with the Sacred Fire within your heart beat. You must learn to free that Fire at your conscious call, and then rely upon Its efficacy to act for you, removing the sense of strain which comes from endeavoring to press the law into service through human will.

The Sacred Fire acts--It is intelligent - It acts when invoked and It will act for you according to the activity of it that you in contemplation desire to draw forth.

Please beloved ones, use these activities of the Sacred Fire in a practical manner for the regulation of the conditions of your worlds, in your homes, and in your affairs. If you are not the master control of the fire element which is abiding within your heart, which is only a few inches in height, how do you expect to be the master control of a series of fire bodies when you function as an Ascended Being?

Your feeling world is made up of water; Our feeling worlds are made up of fire! Your mental bodies are made up of ethers; Our mental bodies are made up of particles of living, vibrating, pulsating flame! Your physical bodies, your garments are flesh; Ours are bodies of fire! For a consciousness to earn the right to function within fire bodies, they must first learn to draw forth and master conditions in the 3rd dimensional world through the portion of the Sacred Fire entrusted to them. When you can utilize the latent power within the Immortal Flame of God that beats your heart, you have earned the right to the fire of your Causal Bodies; you have earned the right to the Fire of Freedom in its fulness.

Beloved ones, become acquainted with the power that is yours--experiment with the use of the Sacred Fire. How many centuries did I do so before I earned

the right to stand before the Karmic Board and hear those words: "You have now earned the right to consciously function in a White Fire Body, because thru the fire element anchored within a physical body, you have mastered external and internal conditions, and you therefore qualify as a Lord of the Flame"!

That is <u>your</u> training now! You have been chosen among all others on the Earth today, to be fashioned into the Living Heart of Freedom, and you are being trained through your conscious mind and feelings to <u>rely wholly</u> upon the Sacred Fire which is the immortal Presence of God beating your physical h e a r t, awaiting your conscious invocation to come forth thru your world and manifest Itself!

What are priests and priestesses of the Flame? Individuals who have learned through invocation t o set into motion the power of the Sacred Fire and to rest in It until manifestation occurs!

How long I was attracted to the power o f alchemy before I attained My freedom! The physical f l a m e itself held a great attraction for Me, and I fe lt within Myself that in that fire element was the master control of the various elements in t h e physical appearance world. In those ages We were endeavoring to develop formulas for gold out of base metals. Our consciousness stepping down the idea of transmutation, finally mastered it; but by the time We had done so, I had learned that which I wished to do most, was to

transmute my lower nature into the Divine Nature of My Master and My great Teacher; and the gold, like so many of the things that mankind feel are so i m p o r-tant, was as nothing before that new and deep burning desire--and one day that too was accomplished!

I know, therefore, the feelings in your hearts. I know the tremendous interest in the things of a spir-itual nature that has enabled you to pass through the initiations of these years, and to stand as enthusi-astic, as powerfully vibrant in your spiritual ener-gies today as you were when you first began. T h e spiritual enthusiasm of the average man l a s t s no longer than a year before they burn to ash and are no more; but the spiritual enthusiasm of a chela in-tensifies and increases through privation and through the various vicissitudes of the mental, emotional and physical natures, adding coals to the fire of enthu-siasm by the various experiences that would dim t h e light of a lesser man. Thus We know that the Light, Itself, will do the sifting and sorting for Us. Those who remain after the ash is swept away, are the pure diamond core of Light, and on these We can s a y in truth that We will build a foundation which will last for many, many hundreds of years beyond the time when your blessed earth garments are outworn and you enter into the fire garments you have earned. Oh, We build for a beautiful day My Children.

* * * * *

LONG ISLAND IS SACRED GROUND

by the Maha Chohan

Five hundred thousand years ago when the Atlantean culture was at its height, the substance of the land which today is Long Island, was considered Sacred Holy Ground. It was then, as it is now, completely surrounded by water and the entire strip of land was dedicated to the priesthood.

The people of that age had achieved great illumination, understanding, and oneness with the God-Presence so that they knew the power of radiation and the importance of the vibratory action that passed through the bodies of embodied individuals.

It was The Law that none but the p r i e sts and priestesses to the Flame were ever allowed to s e t foot on the Island for it was a highly magnetized center of spiritual currents. Through its purity a n d the protection afforded it by the gentle acquiescence of the people, this Island became the most highly charged spot on the Earth's surface. It was not advisable for any who had not attained great spiritual advancement to step upon the Island itself, for the currents of force were charged through it, and it was like touching a high tension wire.

We intend to bring the same perfection forth on a spiral higher for the Permanent Golden Age, and We are endeavoring to revivify those currents o f Light which have been drawn here for thousands of Years.

* * * * *

JESUS
World Teacher

THE ASCENDED M
100 QUE
FOR THE SPIRITUAL EDIFICATIO

MIGHTY ZOROASTER speaks on the Law of the Rhythmic Breath:

"I AM" Zoroaster, One of the Divine Beings Who has offered the God and Goddess Meru My particular services in bringing the remembrance to the earnest chelas of the importance of Rhythmic Breathing.

XLI. WHAT IS THE EFFICACY OF RHYTHMIC BREATHING?

It clarifies the four lower bodies of the noxious substance which has been accumulated and lodged in the cells and atoms which make up these vehicles.

XLII. DOES RHYTHMIC BREATHING PERFORM THE SAME SERVICE AS THE USE OF THE VIOLET FLAME OF TRANSMUTATION?

Yes, the more the individual does the Rhythmic Breath, the more efficacious is the action of any Spiritual exercise.

XLII. THEN WHY STRESS THE IMPORTANCE OF THE USE

ASTERS ANSWER STIONS

N OF WORTHY CHELAS IN 1961

KUTHUMI
World Teacher

OF THE VARIOUS FLAMES OF TRANSMUTATION?

Because the average individual has forgotten the proper use of the Rhythmic Breath which he once knew in the earlier ages. In the invocation of the Divine Beings Who direct the Flames of Transmutation, They send the Sacred Fire through the four lower bodies in a rhythmic manner, thus setting up an action of rhythm in these bodies. When the chela learns, and applies, the Law of the Rhythmic Breath, the Transmutation of imperfection will take place in almost instantaneous manner, the chela then being able to consciously co-operate with the Divine Being or Beings so invoked.

XLIV. HOW DO YOU SUGGEST THE CHELA PROCEED IN THIS EXERCISE OF THE RHYTHMIC BREATH?

Invoke the remembrance of the correct use o f the Rhythmic Breath which is pulsating in the Causal Body of each chela, which he or she used in p r e v i o u s Golden Ages. In these Eras each such an one was a self-luminous Being whose locomotion was one of natural grace and beauty, expressing the D i v i n e

Attributes as The Father-Mother God intended. From the tiny blade of grass to the most perfected Being on Earth, the rhythm of The Cosmos was channeled without interference for there was no discord of any kind. In these cycles the Cosmic Tone of the Planet Earth played its perfect part in the over-all Symphony of this Solar System. The Manu of each cycle strikes the keynote for that entire two thousand year period, and all the life bèlonging to His Root Race and sub-races is supposed to contribute to the Symphony which He directs. The Seven Manus designed Their keynotes to blend one with the other so that the final crescendo for the Planet Earth would resound in Victory when Saithrhu and His Children inhabited the Earth!

XLV. WHAT CAUSED THE DISSONANCE IN THE DIVINE SYMPHONY?

The misuse of the free will of some of the children of the Manus, as well as the inharmony of the "orphan" guests which over-populated the Planet and Her environs and distorted the natural Symphony.

XLVI. WILL YOU KINDLY GIVE US A SIMPLE EXERCISE IN RHYTHMIC BREATHING?

1. Call to the "I AM" Presence and Beloved Astrea to SWEEP Her Flame of Purification through the four lower bodies.

2. Ask your Holy Christ Self to consciously command the obedience and respect of the four lower vehicles to the Presence of Deity.

3. Exhale the breath through the oral cavity qualified with Astrea's Ray of Purity, accepting that purification emotionally, mentally, etherically, and physically.

4. The Beloved Maha Chohan secured a Dispensation from the Cosmic Law to instruct the chelas to breathe, individually and collectively, under the protection of the Divine Hierarch and Sponsor of each month. Indiscriminate experimentation with the use of the Breath without such protection is dangerous in the extreme.

5. To consciously cooperate with the Beloved Maha Chohan (Who gives you your first breath and receives your last on the Earthplane), it is imperative that you use the Breathing Affirmation of the current Ascended Master Retreat.

6. REMEMBER, this is an essential Spiritual Exercise which should be performed with as much dignity and reverence as the chela can command.

Beloved VICTORY, My Confrere, will speak on the Power of the Three times Three in the November 1961 Bridge.

* * * * *

THE MASTER CONTROL OF HARMONY

By the Ascended Master Kuthumi

I greet you in the name of the Presence of Harmony! It has been My joy and honor and privilege for many years now to carry the Master Control of H a r m o n y wheresoever I chose to move across the face of this Earth, and wheresoever I am invoked to assist those beloved lifestreams who show interest in the teaching of men to become a harmonizing Presence in themselves, and through themselves the Master Control of all circumstances.

Every Messenger who ever came from the Court of Sanat Kumara, sooner or later had to be the controlled power by which energy was channelled into constructive and beautiful form through them. Until that accomplishment is woven into the energies of the lifestream, the secrets and powers of the Sacred Fire that are held within the Kingdom of Harmony can not be released in their fullness into the receptive consciousness of the teacher first, and through him imparted to his students. So, in a measure does the teacher become responsible for the amount of Truth and Understanding flowing from the Everlasting Fount, because upon the control and mastery of his own energy does the message and the truth which flows into the lifestreams of the students in a Movement depend.

Within the heart of those great Retreats and sanctuaries which dot the surface of this globe, the most exquisite balanced control of energy forms the pattern for daily and hourly living. If any of you were

to step consciously in your physical bodies with in such a holy and sanctified place, your first impression would be one of exquisite peace and relaxation. This accounts for the fact that even in the orthodox world, the Kingdom of Heaven is described as a place of exceeding peace.

In My service to Life, representing as I do that great embodiment of Cosmic Harmony, Whom you have come to know and love as our Lord Divino (Lord Maitreya) it becomes My joyous opportunity whenever given entrance into the consciousness of a devotee of the Truth, to remind the outer self that Harmony,- like Mercy, Love, and Compassion,- is not a negative quality but a powerful and positive force belonging only to the strong, and cultivated through century after century of self-discipline.

It is often thought that individuals who sleep within the lethargy of inertia are expressing and experiencing Harmony, but nothing can be further from the truth! Those Messengers Who are embodied Peace, are not only masters of the energy which is their own allotted gift from the Source of Life, but they are the constant masters of the whirling sea of emotion and thought force of even the physical bodies of those who are around them.

We all sat with the Great Maha Chohan and discussed the coming opportunity when the attention of the Illumined, as well as the aspirants, will be focused on the Great Teachers--Lord Gautama, the Beloved Lord Divino, the Brothers of the Golden Robe and My Humble

Self. The Beloved Maha Chohan in speaking with Us suggested that We emphasize that every facet of expression through the entire Seven Rays is Embodied Harmony; whether it is the strong drive of ordered service in which every wheel fits into its proper place; whether it is the Harmony which comes from understanding; or the Harmony which is within beauty; the Harmony that lies within the compass of the scientific balance of life; or that within the glory of Our Beloved Brother Jesus' worship and ceremony; or the perfection and Harmony within the Seventh Ray.

We are so desirous of coupling the knowledge which feeds the intellect and stirs the feeling with that definite application by which those of you who are chosen to wear the Golden Robe may become the Master Control of the energies that are yet within the compass of your sphere of influence.

It is the service of the Brothers of the Golden Robe to in some manner infiltrate the consciousness of those lifestreams who are given the opportunity to contact and blend with their own Christ Selves, against the mass pressure of the tides of energy which form the lower atmosphere of Earth, until they can at least sense the power of the Presence within the heartbeat.

Again and again in the East, century after century is the student turned to that Teacher of Teachers--the Sacred Fire within the heart--until he can recognize Its Voice and comprehending Its Truth, lean no longer on form of any kind--neither Guru nor Master,

nor any externalized manifestation of The One. In our beautiful East where the heaven is open and the cathedral of life provides the natural setting f o r the development of the soul, it is not difficult for the individual to become quiet enough so that the impressed directives of the Master opens the way for that communion by which soul growth and development and spiritual maturity are attained.

When We turn Our attention to the West, the entire current and directives of Our endeavors must a d a p t themselves to the rapid pace with which the vibratory action of mankind at present is so deeply enmeshed. I long for the opportunity t o take you collectively as well as individually, into an aura that has been protected and sustained in undisturbed Harmony for even thirty days.

Long before My own personal Victory, when I endeavored to draw the spiritual community at Crotona, My contemplations led Me to believe that <u>in the silence</u> this Peace and Harmony might be established sufficiently so that aspirants a t least could find the way Home. Some thought that discipline of the silence severe,- and so it was,- f o r it made every man face himself and without the crutch o f words or contact, he had to walk alone back into that Secret Place of the most High, a n d there abide, becoming cognizant through that endeavor of the Christ.

Many of you were with Me then, but for all of that you still remain at present enmeshedinthis consciousness from which We would set you free!

As the Beloved Saint Germain is intensifying the radiation of the Freedom Flame, We are preparing to accept the consciousness of those of you who wish to go beyond the collective unfoldment of the group to that height of understanding which you all once knew, and which is thus but a reawakening of the dormant memory which stirs within you when We come together, but which slumbers again when the stimulus of Our Flame and Presence withdraws. With each such coming as Our Love enfolds you, that memory intensifies through the folds of your outer consciousness and you sleep not as soundly as before. So, in patience We return again, again, and yet again and gently feeding that Immortal Flame of Life within your hearts, We know that in so doing one day you, too, will become that Master Presence.

May I thank you on behalf of our Beloved Morya Whom I love as much as life itself, for your kindness and willingness to serve with him. It was not so long ago that We sat together and He spoke of the Design that He held within His Heart which He felt would help our Beloved Saint Germain as He faced another crises in His constant endeavor to serve the peoples of Earth. I promised to stand by His side for I love Him and I love the service in which Our Hearts' Light has bound Us together in a friendship which has been one of the sweetest experiences of My individualization. It is a beautiful thing for Me to see that His circle of friends grows larger and that those who feared Him,

fear no more but have accepted the kindness, the sweetness and the great love that is within His Heart.

As the days unfold into years and as you come to know Us and join in closer association with Us, I am sure you will cherish those friendships. As you do it brings us each into such a sweet association that enables Us through you, to serve the race, and you through Us, to taste the Glory of Heaven long before the day when your own individual Call is come:- the final page in your Book of Life written-- your record balanced and your hearts return Home!

We Who have passed this way, know well this yearning and the sacrifice entailed in remaining, for We, too, struggled with opinions, and We, too, hoped and felt disappointments through the accumulations of human selves; and yet We, too, stopped to build again upon the ashes of Our previous endeavors.

I stood and saw My beautiful School at Crotona burned to the ground, within it all the records of a life--all the exquisite achievement of pupils in whom I had invested all the energies of My Being; art work the like of which had not been since the days of Atlantis; sculpture, marble figures dashed from their pedestals and crushed by vandals' hands. Gardens and exquisite trees destroyed--until only a rubble remained of a Vision into which I had invested a life. And yet the experiences within that life were such that they did enable Me to become Master of Energy! My Teacher said: "You are now a Harmonizing Presence

which will never again be disturbed by any external distress nor any internal weakness. You are fitted to enter My Service and become a Member of My Court, and one day soon, if You choose, shall wear My Cloak upon Your shoulders!" I was happy then that, although the tears rolled down My cheeks as I saw My Dream destroyed, that I had held a certain peace even in that suffering.

If you could see each one, beloved children, how you build up that Mastery, you would really welcome opportunities to flood the Flame from within your own God Self through energy of a turbulent nature; and one day when you stand before Lord Divino (Lord Maitreya) and you feel the Benediction and Blessing as He confirms your appointment as that Presence, you will be happy indeed for every endeavor along this line.

I am grateful for your calls to Nature. I am sensitive to the song of Nature, and to her cry, for it was in the Cathedral of Nature that I found My Peace and My Ultimate Victory. And even yet wherever I am, so long as I remain within the orbit of this Earth, I sense and respond to any cry from the Earth or the Nature Kingdom, the four-footed Kingdom, or your own body elements when distress causes unhappiness. I have felt for the people of India and China where famines wipe out millions of lifestreams. I feel exceedingly for the people in every nation who suffer, because the creations of mankind have been such that

Nature can no longer abundantly supply them.

Where there are conscious students, where drought, flood, or pestilence or any kind of distress appears, it is so unnecessary. We always look with hope that one may open the door that We may render the service and bring the balance. It is one thing for the unconscious masses to suffer, but it is an indignity to Our Own Life and Our Friendship for those who are Our Heart Friends to allow such suffering in their presence.

May I commend you on your endeavors, and encourage you in My commendation to go further! I thank you and I bless you!

* * * * *

IN REMEMBRANCE OF SAINT GERMAIN

COLUMBUS DAY - October 12th

Let us honor the Beloved LANTO as well as the Ascended Master Saint Germain, Who as Columbus discovered America, for Lanto was even at that time the Head of the Great Teton Council and it was His magnetic currents that kept the wind blowing ever westward through Columbus' sails until He reached America. Thus, They have a cosmic tie through centuries of time.

* * * * *

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* * * * *

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THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Co-operative World Service

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Published by THE BRIDGE TO FREEDOM, INC.
P. O. Box 777, St. James, L. I. New York, U. S. A.
Rates per year: $5.00 U.S.A. and Canada; $6.00 elsewhere

VOL. X, No. 8 November 15, 1961 .50 cts.

THE BRIDGE TO FREEDOM
A Monthly Journal

VOL. X **November 15, 1961** **No. 8**

HOME OF THE SPIRITUAL HIERARCHY OF THE WORLD
In Shamballa, Etheric City over the Gobi Desert, Asia

(The Ascended Master Retreat of the Month)
November 15th through December 14th, 1961

HIERARCH: Lord Gautama, now Lord of the World
COLOR OF FLAME: Pink, Gold and Blue.
MUSICAL KEYNOTE: "Song of India" by Rimsky Korsakov

Breathing Statement for the Transmission of the Flame Class, November 18th, 1961

1	2	3	4	5	6	7	8
"I AM"	inbreathing	from	Belov'd	Shamballa	Its balance of	Love, Wisdom	and Power
"I AM"	absorbing	from	Belov'd	Shamballa	Its balance of	Love, Wisdom	and Power
"I AM"	expanding	from	Belov'd	Shamballa	Its balance of	Love, Wisdom	and Power
"I AM"	projecting	from	Belov'd	Shamballa	Its balance of	Love, Wisdom	and Power

For information and description of the above Ascended Master Retreat, please see the booklet "A Daily Aid to Tune into the 1961 Retreats".

World Brotherhood

World Brotherhood, as sponsored by THE BRIDGE and all its subsidiary publications, does not constitute the leveling of all men to the sub-standards of the lowest strata of human kind, but rather the conscious raising, through education and competent guidance, of the entire race—through the individual— to the highest standards of moral, ethical, economical and spiritual maturity.

THOMAS PRINTZ, Editor

The BRIDGE TO FREEDOM, a monthly magazine, Editor, Thomas Printz; Manager Zora S. Fellows; Asst. Manager Frank C. Pita. Rates per year $5.00 U. S. A. and Canada; elsewhere $6.00. Please make checks and Money Orders payable to The Bridge to Freedom, Inc. P. O. Box 777, St. James, L. I. New York, U. S. A. (a tax free, non-profit Corporation.)

YOUR ASSIGNMENT IS - GUARD YOUR OWN CHRIST FLAME

Letter to the Flame Class of November 18, 1961

Beloved of My Heart:

God love your tenacity of purpose which makes it possible for us to continue to hold open the Cosmic Grant of the Karmic Board, so that you can freely (in projected consciousness) day or night, visit the Ascended Master Focus of the Month.

Again, We are privileged to enter into the Presence of Lord Gautama, Lord of the World, and look upon the very beautiful Three-fold Flame brought to the Earth by Sanat Kumara Himself. This Flame has been guarded by Sanat Kumara and the other Kumaras for aeons of time, until the present Hierarch, Lord Gautama, prepared Himself and was accepted by the Karmic Board as the New Lord of the World.

I shall here ask you a very personal question: Are <u>you</u> as faithful, patient, constant and one-pointed to render this service to your own Holy Christ Flame? That is "<u>your assignment</u>" - and the expansion of your own Holy Christ Flame adds to the Light of the World.

By the expansion of your own Holy Christ Self, with the Gentlemen Sponsors from Shamballa assigned to you by Lord Gautama, you are guaranteeing to the Great White Brotherhood that all of Their energies so lovingly invested in you, are truly in-breathed, absorbed, expanded and projected for the blessing of all who use the Earth as a planetary

Home. It also prepares you, as the same exercise prepared Lord Gautama, for a greater Position in the Eternal Scheme of Cosmic Creation. Come, let us together visit Shamballa and place our sheaves upon the lap of Gautama and bless Him and Sanat Kumara for Their Service to this Earth. I shall await you there.

Love and blessings MAHA CHOHAN

* * * * *

THANKSGIVING
by The Maha Chohan

The Feast of Thanksgiving is a Universal Cosmic Activity that takes place at inner levels and has been celebrated for aeons of time.

When America first acknowledged Thanksgiving, the early forefathers merely tuned in to this Cosmic Day. It is significant that the United States is the only Nation on the Earth today who celebrates this Holy Service when Life pours forth gratitude for all that is given.

With the Great Helios, I represent One of the Hierarchy Who is the recipient of the Gratitude from all life for Our Outpouring through Nature and the avenues that supply energy to the people of Earth. This has been My very great privilege for many centuries. At inner levels the Thanksgiving Ceremony is celebrated by every Angel, Master and Nature Spirit, for they know that the very breath in their nostrils has come to them through Grace, and passes through My Body.

Mankind's attention is more or less upon the satisfaction of the outer senses, but there will come a day when the people of Earth (as the early Pilgrims)

(continued on page 7)

B E L O V E D S H A M B A L L A
by The Maha Chohan

The magnificent activity which takes place at Shamballa each year, bears witness to the wisdom of the Cosmic Law in allowing Beloved Morya to part the veil and allow the students to participate in the activities that engage the energies of the Brotherhood.

Each year, as the twelve-month cycle draws to a close, Shamballa becomes Host to the life-streams dedicated to bringing remembrance to the outer consciousness of the Divine Plan and the way and means by which each individual unit may weave the energies of his own life into fulfilling that Plan.

The Great White Brotherhood, composed of the Ascended Beings Who have foresworn Nirvana to remain as the Guardians and Teachers of the race, have always looked forward to this yearly gathering when They brought in the harvest of their endeavors working through chelas in the world of form, but it was primarily a private and closed activity in which very seldom would any chela participate who had a less spiritual standing than an initiate, or an adept.

Now, thousands of unascended beings have woven for themselves a sufficient momentum of impersonal service, to give them passport into the Presence of the Lord of the World. Millions, while not able to pass through the flaming ring of spiritual force, which forms an actual periphery of the City proper, are enabled at least to stand around the central core of qualified God Energy and be bathed in the radiation which is emitted from the grateful, thankful

hearts of all who participate in these festivities. Praise and thanksgiving are the passport by which the soul is signalled out from among all the sons and daughters of men, and with a Guardian Angel is brought into the celestial radiance of Shamballa. The more gratitude and loving praise and thanksgiving that the consciousness can generate and sustain, the closer will the soul come to the central Temple, and the more often will it be allowed the privilege of standing in the blazing Presence of the Lord of the World; and the more individual progress will be the return current of energy for such service.

The magnetic pull at Shamballa draws the souls of all the race, as does the magnetic pull of energy of every Retreat when it is set into motion on the 15th of each month. If you go unconsciously, you do not receive the mental benefit that you can receive if you go consciously.

There is no desire to cause stress or strain in the feelings of the blessed students, but if they were to start on a journey on the earth-plane with as little preparation and as little thought of the goal toward which they were driving or walking, I am sure they would not get there! The tendency of the human is to rely always upon a greater intelligence to do the actual work, but the joy and mastery within life comes when YOU incorporate the energies of your own world, and you find energy and vibration obedient servants that respond to your every directed thought and conscious feeling.

The Great Flame blazing on the altar at Shamballa is actually the receptacle into which the qualified energies, offered in impersonal service to life, are poured. The service at Shamballa differs from that at the Rocky Mountain Retreat where the Brotherhood and the chelas will give a worded description of their endeavors, their successes and their failures; at Shamballa only energy is used to create this Mighty Flame, which is the harvest of the year, but the description of the way that energy was gathered, qualified and consecrated, has no part in this service.

It is a magnificent and beautiful experience to go to Shamballa. Ask your own outer consciousness that you remember the Glory of Shamballa and draw it into your feelings at this season.

* * * * * *

(from page 4)

will pour gratitude to Nature for an opulent harvest and the Gifts of the Holy Spirit manifest throughout the year.

The Holy Season, from Thanksgiving through New Years, is a Godsend to the Hierarchy that govern this Universe, for mankind's attention is the most valuable lever by which We can raise them again to Perfection. Through the course of the busy year, their attention is not easily gained even for a moment, but during the Christmas Season, the resentment and rebellion at Godly things, are held in abeyance, and through their receptivity We can more quickly permeate them with the true understanding of Life.

GREETINGS TO THE LORDS OF THE FLAME
BY SANAT KUMARA

I come at the invitation of My Children, the Three-fold Flames, that beat your hearts!

The Call from the Three-fold Flame may not be denied by either the Electronic Substance or the GODHEAD Itself, for it is Life calling unto Life, and when the Three-fold Flame speaks in the heart of man, or in the thunderous Voice of the Gods, all creation responds instantly! The lips of man may invite the Powers of the Godhead, but only when the Three-fold Flame speaks, is there response!

Today, your Three-fold Flame has drawn My Personal Presence. Today is a Cosmic Moment in the Western Hemisphere, for the Three-fold Flame takes possession of the Shining Isle (Long Island) and one of the three locations in the United States of America is established!

The Three-fold Flame is the cohesive Power of the Universe. Think how your body cells are held together by the minute particles of the Three-fold Flame!

When a Cosmic Flame, projected and established by Divine Beings, takes Its place in a locality, It becomes the Cohesive Power for the establishment of the Divine Plan for that locality or nation, and around that Three-fold Flame the Electronic Substance of the Universe is drawn to make a physical mould.

In former Golden Ages, the Priest or Priestess of the Flame, raising their left hand to be the receiver of the currents, and projecting their right hand forward, drew the Substance of the Three-fold Flame into the physical world and established It upon the Altar, where It remained for the blessings, balancing and awakening of the mass of the people. This service I have rendered for many centuries.

A number of you came from Venus with My Assembly and at the close of this embodiment, some of you will return there to establish Temples of Light and and Homes of Beauty.

Poseidonis has accompanied Me today and has asked Me to convey His Personal Greetings and the blessings of the Three-fold Flame upon you.

The gifts, power, and manifestations of the Sacred Fire are always at the command of the Three-fold Flame within your heart. Speak from within It! Command from within It! Expand from within It - and NO POWER IN THE UNIVERSE CAN BE DENIED YOU!

* * * * *

BELOVED LORD GAUTAMA
By The Maha Chohan

The beautiful picturizations of Lord Gautama as the Buddha (now Lord of the World) show Him with the Lotus which is open to full flower, and its love enfolds His body in its perfumed caress.

This Lotus represents the thousand God Qualities and Virtues which He drew forth from Life and which He chose to dedicate His personal Life to expanding. The Great Lord Gautama learned early that we find within Life that which we seek, and He loved Life enough to live selflessly through the centuries preceding His embodiment as the Mighty Prince of India.

Loving Life as deeply and selflessly and impersonally as He did, He pierced through into the glorious Virtues latent within Life, and each of these Virtues passed from His body to enrich the confused consciousnesses of the people, the animal and plant life of our System. So, too, may each student, and all sincere and earnest hearts expand their God-life for the greatest good of all.

The Cosmic Lotus begins to expand through the physical heart the instant the outer self desires the Presence of God. Whatever pressure of world experience turns the soul toward the God-self matters not, except insofar as it provides a marvelous opportunity for the Holy Christ Self to begin the development of the Cosmic Lotus through the human form. Once those fresh new shoots of development begin to unfold around the heart center of the lifestream, the Masters of Wisdom are privileged to give more than ordinary help.

The flowing stream of Life energy that sustains the body life does not have enough pressure within itself to do more than perform the activities connected with daily living, but when the Holy Christ Self sees the sincerity of the heart in the search for God, for Christ, for Truth - more Light begins to flow into the Chalice of the Heart where the quiescent God Virtues have lived sometimes for centuries without piercing through the human veil or becoming apparent to any but the Masters' Love.

When this God Light enters the Chalice of the Heart, it is a pressure which begins to press out of your own life, just as you press the juice from a fruit, the God Virtues, and these Virtues begin like the small yellow petals you have seen in the new sunflower and they become like a pointed arc at their exterior surface so that where they press through the lifestream they are just a tiny triangle that only the discerning and loving can see.

There is no recession once this has begun to take place, and since Lord Gautama gained His Ascension, His particular service to Life has been expanding the Lotus wherever the Holy Christ Self has given the Cosmic Fiat that such an unfoldment was about to take place. Therefore, all aspirants who are beginning to expand that thousand petal Flame are in the Garden of Lord Gautama's Love, and cultivating selfless desire to increase the Virtues by instilling in other lives, happiness, or peace or laughter, will find greater expansion of their God Flame.

THE ASCENDED M
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FOR THE SPIRITUAL EDIFICATIO

JESUS
World Teacher

BELOVED VICTORY SPEAKS ON THE THREE TIMES THREE

"I AM" VICTORY, That Very Being Who on Tara's Hill (a Sacred Mount indeed) drew from the Beloved Saint Patrick all of His own full gathered momentum of Illumined FAITH in God, PERSISTENCE IN INVOKING God's Holy Will for the benighted children of God. AT LAST, after the extreme tests upon Lord Patrick's patience, I interceded with the Heavenly Father-Mother God, and received the dispensation of spiritual salvation for the people of Ireland, who were the re-embodied Spirits who once knew VICTORIOUS EXPRESSION when the Chohan of the First Ray--Beloved El Morya--guarded and guided Them from the Halls of Tara. I, like unto My Confreres, have given My Pledge to Lord and Lady Meru to answer some questions, particularly pertaining to the Power of the Three Times Three!

XLVII. WHAT IS THE POWER OF THE THREE TIMES THREE?

I shall first give you the simple explanation as related to your individual identity. You are well aware that within your physical body is the Immortal Victorious Three-fold Flame of God - Blue, Gold, and Pink, which is the Permanent Atom of personal individualization.

ASTERS ANSWER
STIONS
N OF WORTHY CHELAS IN 1961

KUTHUMI
World Teacher

In the Electronic "I AM" Presence is a much greater Focus of this Triple Aspect of Deity.

In the White Fire Being, from Whence came your "I AM" Presence, is the primal Three-fold Flame which contains the entire Divine Blueprint of the individual lifestream.

XLVIII. WHY IS THE EXPRESSION "FULL POWER" OF THE THREE TIMES THREE USED?

Because it incorporates the balanced energies of the Three vehicles mentioned above, to express God-Perfection here on Earth, or in any sphere where assistance is required. The subjugation of the four lower vehicles allows the Three Divine Expressions full power to act. To the undeveloped man whose Three-fold Flame is latent, I would like to say that the Three-fold Flame in the Heart of the "I AM" Presence and the White Fire Being are constantly and consistently joining in the glorious creation of ever-expanding beauty in the Cosmos.

XLIX. WHAT DO THE COLORS OF THIS THREE-FOLD FLAME, BLUE, GOLD, AND PINK REPRESENT?

Blue is the God Power Almighty which enables the

individual to magnetize God's Life;

Gold is the wisdom to use that Life to promulgate good;

Pink is the Divine Love which qualifies the God Life intelligently into expression.

L. HOW CAN THE CHELA BETTER PREPARE HIMSELF SO THAT THIS NINE-FOLD ACTIVITY WILL EXPRESS THROUGH HIM IN PERFECT BALANCE?

To invoke the Regent, SANAT KUMARA, to assist him in expanding the Three-fold Flame within his heart. This opens the door to the inflow of Sanat Kumara's FEELING of the powerful, wise activity of pure Divine Love from the White Fire Being, the Individualized "I AM" Presence and the Three-fold Flame within the heart, which is the natural expression for every one of God's children! Few there are, here on Earth, who know of their own God potentialities!

LI. WHY DO YOU SUGGEST BELOVED SANAT KUMARA INSTEAD OF SOME OTHER DIVINE BEING?

Because Sanat Kumara Himself, together with the Other Kumaras, brought from Venus in a crucial time in Earth's history, the Cosmic Three-fold Flame which formed the cohesive Power of the Spirit of The Great White Brotherhood. During this month of November 1961, Sanat Kumara, together with the new Lord of the World--Beloved Lord Gautama--graciously receive into Their very Presence at Shamballa, all

who have contributed to the benefaction of the Earth and Her attendant evolutions. These two Divine Beings accelerate the Three-fold Flame within the heart of each visitant who at the close of this ceremony returns into the orbit of his own sphere of influence, IMBUED with Their feeling of the Three-fold Aspect of Divinity - Father, Son, and Holy Spirit. Everyone so privileged to participate in these ceremonies carries the responsibility and obligation to accept, sustain, and expand that feeling.

LII. WHAT IS THE RANK OF THE DIVINE BEINGS WHO REPRESENT THE NINE-FOLD ASPECT OF DEITY?

Crowns - Thrones and Principalities
Seraphim - Cherubim and Angels
Cosmic Beings - Ascended Masters and Holy Christ Selves

LIII. WHAT SERVICE CAN THEY RENDER TO US IN THIS NINE-FOLD ACTIVITY?

When the chela is cognizant of these Nine Groups of Perfected Beings, he can turn his attention to Them and become a Grail for the DESCENDING POWER of Their concentrated energies in whatsoever sphere Their benefaction is required.

LIV. THE PRESENT GENERATION IS BECOMING INCREASINGLY AWARE OF WHAT THEY CALL

"OUTER SPACE." IS THE PROJECTION OF MISSILES INTO OTHER ORBITS THE ANSWER TO WORLD PEACE?

DEFINITELY NOT!!! The dedicated men of science in this field of exploration have glimpsed the Glory of this Nine-fold Celestial Court but have INVERTED their activities for the most part. When science and religion are again correlated in service, each such an earnest one will cognize the proper perspective between mankind and the universe in which he abides. Drawing into the orbit of the Earth the Power, Wisdom, and Divine Love of the Crowns, Thrones, and Principalities; Seraphim, Cherubim and Angels; and Cosmic Beings, Ascended Masters and Holy Christ Selves by the awakened and alert chelas, will bring and sustain a LASTING World Peace. These Nine Groups of Divine Beings are constantly active in the universe, even as the Sun is constant in Its out-pouring although the storm clouds often prevent mankind from receiving of It's beneficent rays. The Impersonal Radiation of these Divine Beings blesses the entire universe and ONE ALERT CHELA can channel that blessing to the entire Planet. "I AM" the Victorious Heartbeat ALIVE within you and YOU ARE SUCH AN ONE!

Beloved KRISHNA will discourse on
"In the Beginning was the Word"
in the December, 1961, BRIDGE.

WE DO REQUIRE AN ARMY OF LIGHT

by the Ascended Master Saint Germain

Beloved friends of old, friends of life and My friends forever! God bless you for your perception of Truth which has enabled you to step forth from the mass mind, fearless, dauntless and determined to weave out of the Primal Essence of your own life, the magnificent Robes of Freedom which you shall wear as representatives of Myself in the world of form; and which you shall, in kindness, place upon the shoulders of the men, women, and children of the race in the Golden Age which it is Our privilege, honor, and responsibility to bring forth in this physical appearance world.

Let Us counsel together as friends, as brothers and sisters interested in one great vision, in externalizing one design. Those who have looked into the future, those who have listened to the words of the Master, speak freely of the Golden Age <u>that is to come</u>! It is pleasing to the tongue, amusing to the mind, and it gives hope to distraught feelings, seeking always some measure of Peace in the sweet "by-and-by"! <u>WHEN</u> are you going to <u>begin</u> to <u>externalize this Golden Age</u>, which it is My responsibility as Chohan of the Seventh Ray to manifest upon this planet! Common sense will tell you, you must begin with the students, with the individuals, who have accepted even intellectually My Presence in

this Universe. It is to you few that I look for the inception of the Golden Age upon the Earth, in your personal lives, your home, sanctuary; and then you will become the magnet which will draw the masses, who will be more interested in the fruit and harvest of your endeavor than by the application by which you attained your victory.

I am asking you now to take an inventory of your own earnest and sincere world - to see what improvement, individually and collectively, you can make to prepare to externalize the Golden Age of absolute unconditional harmony, inexhaustible strength and energy, the youth of Sanat Kumara, the perfect health of the Master Jesus, the infinite supply which flows from your own God heart, and anything and everything which is an amplification of Perfection. You who are My friends, to you I give this assignment; to become now the establishment of the Golden Age of harmony, health, peace, beauty, and perfection through the orbits of your own individual worlds, your homes and cooperative groups. Every great thing had a small beginning!

I remember the vision which it was Mine to impart to a few strong men and women of a land where they might have Liberty to pursue and follow the dictates of their own hearts, and weave for themselves a new world which one day would be the heart of Freedom. A vision is a beautiful thing and when it is accompanied by the enthusiasm of application, it becomes

fact! A vision shared, even between friends, when both parties embody their energies and talents to manifesting it, brings blessings, not only to them but to all Life. But We Who have passed beyond the human veil and stand in the realms where it is so easy to see the Divine Design, are dependent upon incarnate lifestreams to grasp Our vision and through the acceptance in the mental body, to see the possibility of blessing the race through their own voluntary, self-conscious endeavor.

From this inner realm where We abide, We constantly direct the energy and light rays from Our hearts into sensitive consciousnesses, hoping that someone might grasp a portion of that vision - in dreams, revelations or contemplation according to the development of the individual self. These incarnate friends, become Ourselves in action, for that is the Cosmic Law. We can only do in the physical appearance world that which We can do through those of you who still are a part of the mental and feeling world and the physical substance of the sphere which We desire to bless. So My vision for Freedom and a permanent Golden Age of planetary proportions where all men and women are brothers and no such thing as disintegration, disease, or death are known, is dependent upon the receptivity of incarnate lifestreams.

In Europe after I had accepted My Ascension and the Divine Director Himself recommended that I take

that final step, it became My hourly occupation to look over incarnate lifestreams who had within them any desire to better the race or to do God's Will, no matter how orthodox their faith might be. These men and women of good faith and goodly living became the recipients of My Directed Ray which stirred within them sufficient enthusiasm to stand for the right to worship God as they chose, and were willing to leave home and family and security to travel across the sea to your beautiful shores.

Today, I am in exactly that same position. When I received the Crown at the hour of Coronation and saw the vision in its fullness for the first time, seeing the Earth as it will be in the Golden Age which must come, it was then again My obligation to look into the world of form and try to connect My energy with those lifestreams who could grasp, oh, just the smallest portion of that vision through whatever medium was afforded Me; a word of expression, of inspiration, a pressure of radiation to stimulate and sustain enthusiasm and interest in World Brotherhood, in Godly living. This I am endeavoring to do to those of you who have opened your mind to Me, and more important still, opened your hearts!

Blessed hearts, within your very physical form is the Presence of the Living and Mighty God! The Presence that enables you to say "I AM"! Let us return to that fundamental of contemplation within yourselves

that the Presence of the Living God within you must be loosed and given opportunity through the energies of your world to express and manifest perfection. It is not as important the creed or faith of a man as it is that through that creed or faith - whatever it may be - he contacts that Presence of God and becomes One with It, allowing It to surge forth into his world!

In Our realms of Ascended Beings Who have risen on the ladder of evolution in every creed, in every religion, many of the religions no longer being known on the Earth today, but those who achieved the Victory, made that contact with the Living, Breathing Ever-Presence, calling Its Mighty Power forth, refusing forever the acceptance of a power opposed to It, and in the invocation and radiation of That Presence, they became again the fullness of Incarnate Gods! That is what I ask - that you turn back to the God that beats your heart and let the roots of your attention go deep into that mighty Source and draw forth the healing currents required to restore your flesh; the substance you require to fill your world, the light you require to illumine your mind, the peace you require to establish and sustain harmony in you. When your roots are anchored deep within that Living Presence, no matter what the world of form might show, you shall not be moved!

Today, a permanent Era must come; it is cosmically ordained! A Golden Age is to be the permanent

state for Our Earth and all who are so honored as to remain upon it. Those who do not choose to accelerate the vibratory action of their energy shall find hospitality on another star, but the Planet and the few who are willing shall go forward to Freedom! In this, you can help Me if you will, through your own endeavor to connect with your God, to externalize His Perfection and to grasp as much of My vision as your mental body will allow you to accept.

When your inner bodies are refined and have that consciousness of "listening grace," then easily at times of crises, We can flash the Flame and easily, the brain consciousness absorbs and the physical body moves into action if necessary, and performs the service for Us. You are Our hands and you are Our feet; you are Our lips, through which We can speak! You are Our eyes, through which We bless. We have no other in this world of form! When your vehicles are unwieldy, when they are heavy, it is impossible for Us at a moment when a service can be rendered, to direct that beam through with sufficient intensity to reach your outer consciousness and your earnest hearts.

This is important - for in the days that are to come, WE DO REQUIRE AN ARMY OF LIGHT ALL OVER THIS EARTH - of individuals in a constant state of alertness; a constant state of grace, a constant state of harmony, balance, and poise, ready to move at an instant! Then if an activity is about to take place,

and We desire to direct a thousand light-rays simultaneously - A THOUSAND LEADERS WILL STAND, and a THOUSAND GROUPS WILL GO INTO ACTION and disaster will be averted. This is the training for the few, who walk under the Banner of Freedom in My Name!

* * * * *

Blessed and beloved hearts, do you realize that the purpose of religion upon this planet Earth is two-fold? Religion is designed to draw forth and lower the rate of those subtler vibrations from the Higher Realms which are so rapid that they would have no possibility of recording upon the consciousness of incarnate man. Its other purpose is to make of every man a full expression of the Deity, no matter whether the man worships that Deity under the name of Krishna, Christ or any other name. To bring the Divine Nature into the soul of man and to externalize it as the full Divine Pattern for the other members of the race to copy, is a great service to both God and man.

-Lord Divino-

* * * * *

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THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Co-operative World Service

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Published by THE BRIDGE TO FREEDOM, INC.
P. O. Box 777, St. James, L. I. New York, U. S. A.
Rates per year: $5.00 U.S.A. and Canada; $6.00 elsewhere

VOL. X, No. 9 December 15, 1961 .50 cts.

THE BRIDGE TO FREEDOM
A Monthly Journal

Vol. X **December 15, 1961** **No. 9**

TEMPLE OF PRECIPITATION
At Rocky Mountains, Wyoming, U.S.A.

The Ascended Master Retreat of the Month
December 15th, 1961 through January 14th, 1962

Hierach: Beloved Confucius; **Color of Flame:** Chinese Green with Golden Radiance; **Musical Keynote:** "O, Thou Sublime Evening Star", Tannhauser.

Breathing Statement for the Transmission of the Flame Class, December 16th, 1961

1	2	3	4	5	6	7	8
"I AM"	Inbreathing	Belov'd	Confucius'	Precipitating	Flame and	Reverence	for Life
"I AM"	absorbing	Belov'd	Confucius'	Precipitating	Flame and	Reverence	for Life
"I AM"	expanding	Belov'd	Confucius'	Precipitating	Flame and	Reverence	for Life
"I AM"	projecting	Belov'd	Confucius'	Precipitating	Flame and	Reverence	for Life

For information and description of the above Ascended Master Retreat, please see the booklet "A Daily Aid to Tune into the 1961 Retreats".

World Brotherhood

World Brotherhood, as sponsored by THE BRIDGE and all its subsidiary publications, does not constitute the leveling of all men to the sub-standards of the lowest strata of human kind, but rather the conscious raising, through education and competent guidance, of the entire race—through the individual— to the highest standards of moral, ethical, economical and spiritual maturity.

THOMAS PRINTZ, Editor

The BRIDGE TO FREEDOM, a monthly magazine, Editor, Thomas Printz; Manager Zora S. Fellows; Asst. Manager Frank C. Pita. Rates per year $5.00 U. S. A. and Canada; elsewhere $6.00. Please make checks and Money Orders payable to The Bridge to Freedom, Inc. P. O. Box 777, St. James, L. I. New York, U. S. A. (a tax free, non-profit Corporation.)

ONE CHRISTMAS EVE BELOVED EL MORYA SAID:

And the night shall be filled with music, and the heart shall be filled with Light; and the Angels bend close to Earth and the Masters of Wisdom stand closer to the hearts and mind of men - for - UNTO US A CHILD IS BORN - UNTO US A SON IS GIVEN! For no longer shall the sons of men kneel and adore an Ancient Pageant, but every man, turning inward, kneel in humble adoration to the Christ within his heart!

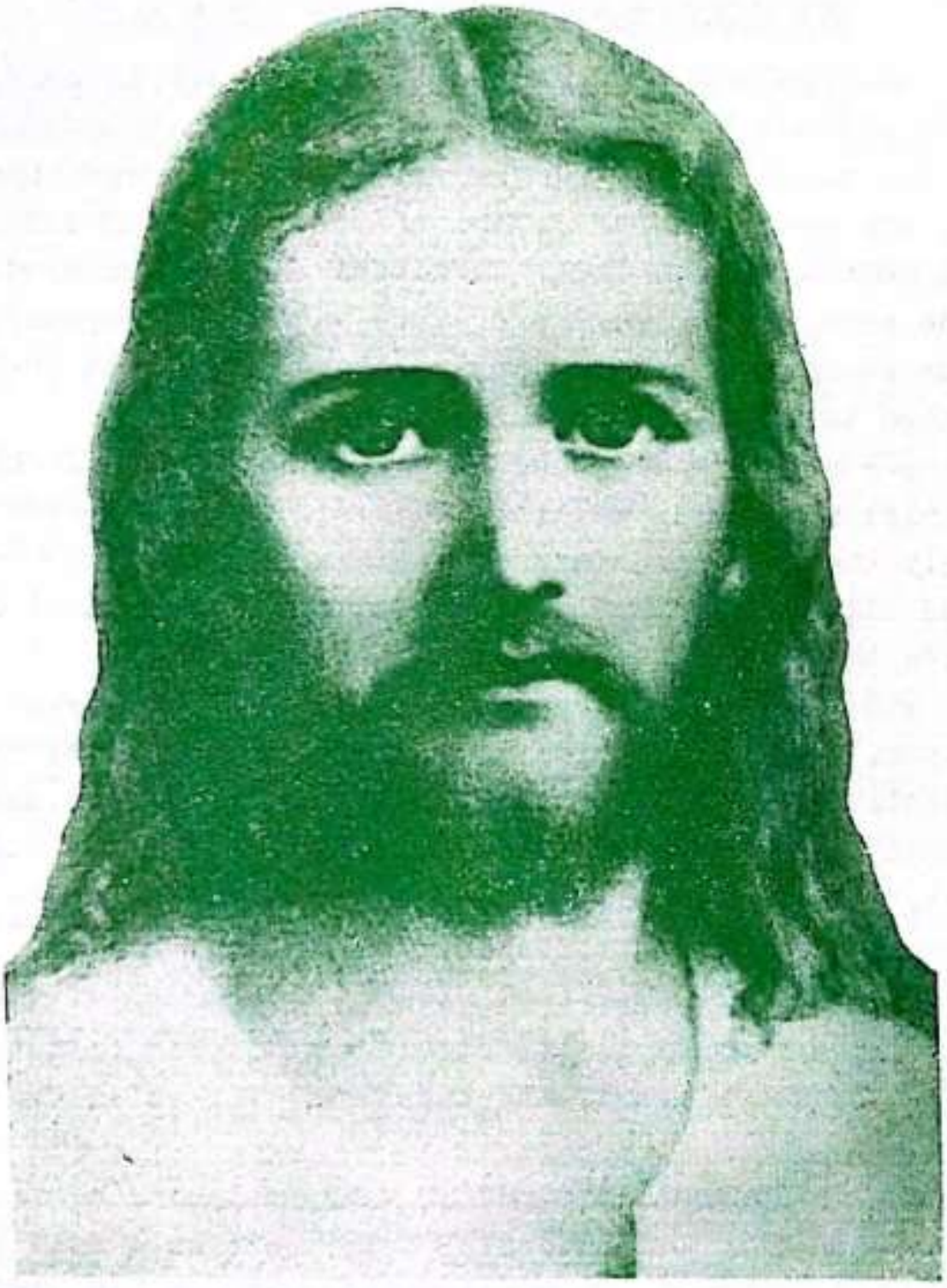
For now in every land, in every heart, shall the Christ be born in multiple numbers, silently, with only the blinking stars as witness to that Holy Birth. And all over the world, shall many Wise Men kneel before the Word Made Flesh to dwell among them!

And in every nation, where the Holy Birth takes place, there shall rise up many Christus to lead the people back to the Kingdom of the Gods - and no one shall have a "monopoly" on this Spirit of Light Eternal, coming forth like thousands, nay millions of seeds burst forth to flower.

And the dark star shall become the Garden of the Gods, and many exquisite blooms burst forth from the tombs of men's hearts and take their places in the Kingdom.

Ah, truly shall the CHRIST MASS no longer be an adoration but now a Becoming - for unto us - each one - a Child is Born - and now this night unto us, Sonship with the Most High is truly given.

God bless you, beloved of Our Hearts.



ASCENDED MASTER JESUS

Co-World Teacher together with the beloved Ascended Master Kuthumi

souls who are to embody and have the experience of developing within that two thousand year cycle. Looking upon the Divine Plan, He examines the souls of those who are to embody and have the experience of developing within that cycle of time. He designs a pattern of worship which will stimulate the soul light and life in that entire cycle. This was completed by the beloved Lord Divino (then Lord Maitreya) preceding My earth life. The Christian Dispensation was worked out in detail at inner levels to give the greatest blessing and benediction of the Ray of Devotion through the planet Earth and the lifestreams who were to evolve and develop during the two thousand years while the Sixth Ray was predominant.

When it was completed a great Cosmic Council was called and this presentation of the entire Christian Dispensation was thrown upon the Cosmic Screen, showing how it would be first originated and developed by a humble group of individuals; then how it would be matured as greater intensity of the Ray began t o play through those who would dedicate themselves to such service.

At the close of this presentation, volunteers were asked who might choose to partake of the great privilege and honor of bringing the first impulse of that Dispensation through the veil of birth into the physical appearance world. Many of Us, having such tremendous love for mankind, and being eager to see the fulfillment of God's Will on Earth, volunteered, and from these volunteers Lord Maitreya, looking at the Causal Body and the development through the ages

and the specialized talents and characteristics of the lifestreams, chose My beloved Mother, Myself, My beloved Father and the disciples. All of those were among the volunteers!

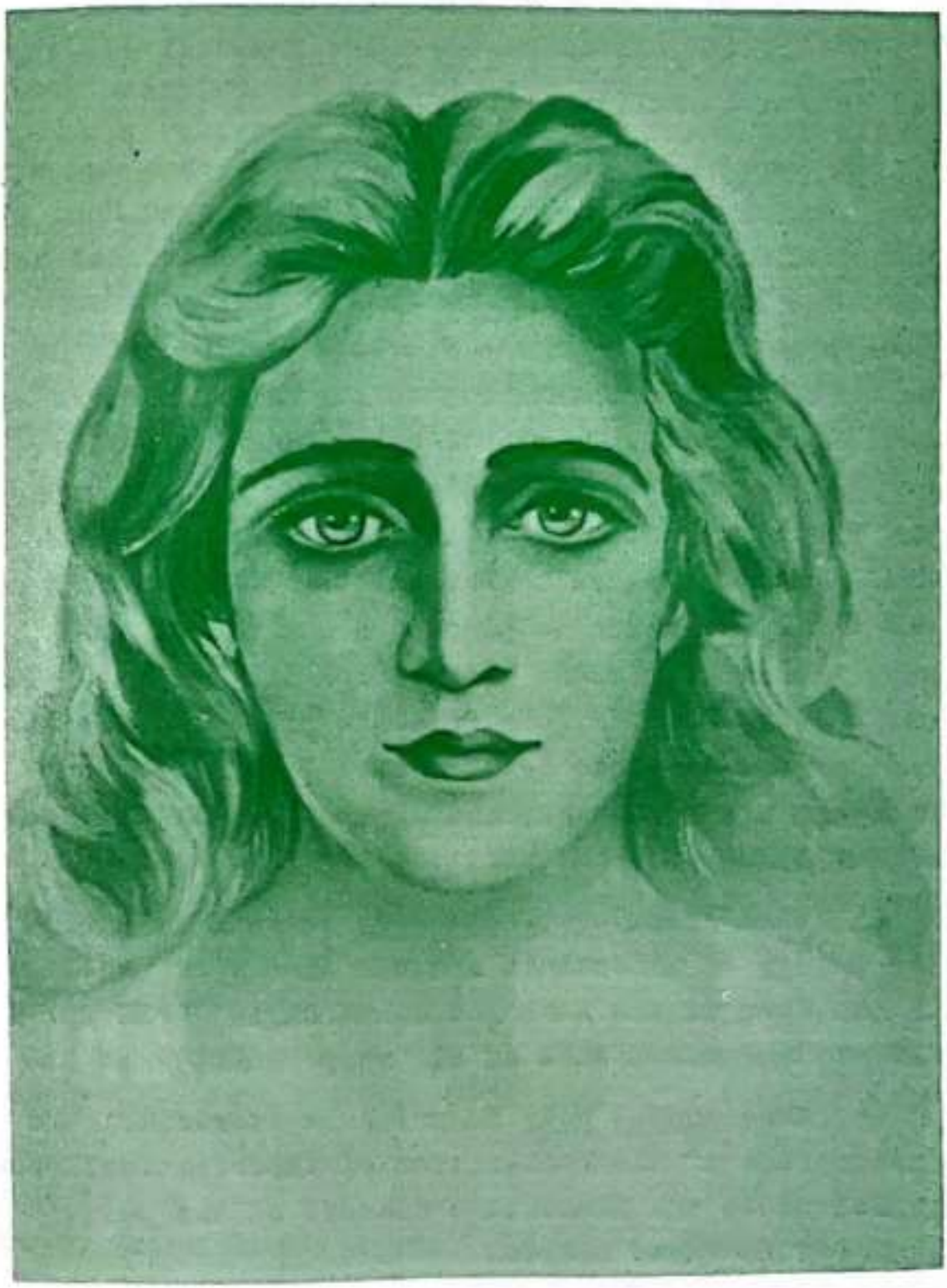
Lord Maitreya was required to test the strength of each one, and through the process of initiation certain lifestreams were eliminated. Finally, the heart group who were to perform the pageantry in the world of form was consecrated and blessed by Lord Maitreya and sent to the Temples of Purification to await the summons by the Karmic Board. At the moment when their part in the Divine Drama was about to be enacted, Joseph, Mary and the disciples appeared in physical bodies in various places, seemingly humble individuals, and most of them, not remembering much of the inner vision or vow but awaiting the Cosmic Moment when that clarion call, which is invisible and known only to the heart, would go forth and summon them to fulfill their destiny.

I, too, at the Cosmic Moment was called. I, too, received the blessings of Lord Maitreya. I, too, was bound and passed through the period of forgetfulness and took earth body. I, too, awoke to a world of form, to a world of shadows and had to find within Myself the reason and purpose of My Being. Well do I remember those early days in Egypt when I was taken at a tender age into those temples, when I learned the law before the priests. Well do I remember My gratitude for the love of My Mother and My Father which balanced the austerity, the discipline, the tremendous pressure required of even a child who

applied for mastery in one of the Temples at Luxor. I remember the first day when suddenly the consciousness of Lord Maitreya entered My Own! Then it seemed as if I had awakened from a bad dream. When I saw with the clarity of the inner sight His glorious shining face, and I said with every fibre and cell of My being, "Oh Father, Oh, Father"! And back on that beam of energy came the joy of His heart in that recognition, "My Son, My Son"! Never again did I walk alone! Closer and closer We drew; no veil between, no shadow that could claim power; one with the Christ, and He one with God!

And so I grew, matured, and fulfilled a humble part in the destiny of this great evolution. It was My joy to walk the paths of Earth. It was My joy to show My confidence in that Father in manifest works. It was My joy to walk the path to Golgotha, and it was My joy to burst forth triumphant from the tomb!

Do you know the hardest experience of that whole life? The parting on the Hill of Bethany into the Ascended Christ; the leaving of dear hearts and consciousnesses that I knew yet needed comfort and strength; the leaving of My Mother and John and those who had loved Me well! Yet had the magnetic pull of My love turned earthward, the currents would have been broken. Every atom and cell of My being had to be sent up into the Heart of the Electronic Presence, to make FOR YOU the pattern of the Ascension, which it is your joy and your destiny to fulfill. Beloved ones I love you. LOVE YOU NOW ONE ANOTHER!



EXCERPTS FROM AN ADDRESS BY MOTHER MARY

I come to give to you My feeling of the Kingdom of Harmony! Will you accept it!

Oh, Thou beloved Holy Christ Self of each and every one, I charge You in the Name of My beloved Son, the Ascended Jesus Christ, to command the emotional bodies, the mental bodies, the etheric and physical bodies this day, with the vibratory action of the Ascended Masters Uninterrupted Harmony! Relieve and release the pressure of all outer tension. Give conviction to the emotional world of Our Presence and Reality and desire to befriend all that lives! Help them to realize the moment Our Names are spoken and their attention is placed on One of Us, that very moment We respond - in Person if possible - if not then in Our Luminous Presence of Light. In the Name of the Ascended Jesus Christ I call for God Protection in, through, and around you, My beloved of the Light!

Oh, thou great emotional body wherein is stored the energy of acceptance and the energy of unbelief, in the Name of the Ascended Jesus Christ OPEN THYSELF to the acceptance of all that I AM!

Oh, thou mental body in which is stored all the distortions of the recognition of imperfection, open thyselves to the Immaculate Concept of the Deity anchored in these hearts.

Oh, thou etheric bodies, in the Name of the Ascended Jesus Christ, I command you to LET GO, LET GO,

LET GO of every record wherein these lifestreams have failed; where they have not lived up to their light; every record and memory of distrust, suspicion, and imperfection of every kind. LET GO, LET GO, LET GO of these etheric records into the Violet Transmuting Flame, and let these records be no more!

Oh, thou beloved flesh bodies, in the Name of the Ascended Jesus Christ I call to you to send forth into this Violet Flame, every record of age, disintegration, and imperfection that would result in so-called death; LET GO, LET GO, LET GO and be thou no more!

What I have called forth in, through, and around each one of these blessed lifestreams, Oh, Powers of God, I call forth now on behalf of ALL MANKIND, and every lifestream who requires healing and assistance of any kind!

May these words be issued, and re-issued - through the emotional, mental, etheric, and physical bodies of ALL LIFE until there is no longer a lifestream on this planet, embodied or to come, that knows distress or imperfection of any kind.

Oh, beloved Infinite God "I AM," Who has given me Life, I thank You for the privilege of acting in this physical appearance world, speaking to the hearts and minds of the faithful, using them as radiating centers by which My gifts may flow to all mankind!

* * * * *

THE ASCENDED M
100 QUE
FOR THE SPIRITUAL EDIFICATIO

JESUS
World Teacher

"In the beginning was the Word, and the Word was with God, and the Word was God:" (John 1:1)

"And the Word was made flesh, and dwelt among us (and we beheld his glory, the glory as of the only begotten of the Father) full of grace and truth:" (John 1:1)

BELOVED KRISHNA Speaks on "In the Beginning was the Word."

"I AM" Lord Krishna Whose service to this Planetary scheme is to initiate, sustain, prepare and direct every Divine Being Who has evolved to the point wherein He or She may become in the world of form a living Expression of Deity. When it is ordained by Cosmic Law that the Word be made flesh, it is My particular joy to enfold the Christ-man coming to give the vitality required to resuscitate a recalcitrant mankind at particular moments of Cosmic crises. Thus it was My great honor, privilege, responsibility and obligation to prepare the Ascended Master Jesus, the Christ! The people of Earth in this present hour are looking again for a "second

ASTERS ANSWER STIONS

N OF WORTHY CHELAS IN 1961

KUTHUMI
World Teacher

coming" which is imminent, and I have already prepared the new Christus Who but awaits the propitious moment for His Advent!

LV. ARE YOU THEN THE FORMER LORD MAITREYA?

No! "I AM" He Who taught Lord Maitreya and Others like unto Him.

LVI. WHAT DOES SAINT JOHN MEAN BY THE "WORD"?

The Father-Mother God spoke the Word "I AM," creating a Focal Point of Individualization before this Solar System was created. Every individual, as a child of Deity, endowed with the power of speech is in like manner privileged to unite themselves with the Father-Mother God and the entire WORLD BODY, through the positive affirmation "I AM," followed by a constructive statement.

LVII. DOES THIS STATEMENT HAVE TO BE AUDIBLE?

No. It is the <u>feeling</u> and the <u>thought</u> of the unity which this expression promulgates in the hearts of men which makes it efficacious as THE FIRE OF CREATION in any sphere where it is felt, thought or spoken.

LVIII. BELOVED KRISHNA, HOW ABOUT DEAF MUTES?

Deaf mutes, having the full power and intelligence to think and feel, can create ofttimes a more powerful and single-pointed Word in their hearts than those who speak too often, wasting valuable energies upon trivialities.

LIX. PLEASE TELL US ABOUT THOSE KINGDOMS EVOLVING UPON THE EARTH OR IN ITS ATMOSPHERE WHO CAN NOT SPEAK.

These evolutions have the power of both thinking and feeling, which are the propelling powers which intelligently secured for them that which they require for survival, so that they and their progeny can continue to perform the constructive services to mankind.

LX. WHAT ABOUT THE DESTRUCTIVE ACTIVITIES OF THE OTHER KINGDOMS, GRACIOUS LORD?

Every expression less than Perfection in the Earth on the Earth or in its atmosphere, has been IMPOSED upon these Kingdoms by destructive thoughts, feelings, words and actions of a disobedient mankind.

LXI. IF THE WORD "I AM" IS THE POWER OF CREATION, WHY MUST IT BE REPEATED SO OFTEN IN ORDER TO HAVE A MANIFESTATION?

Because, through free will, mankind who has been endowed with the power of speech, has used the word "I AM" followed by destructive statements, energized

by his feelings and thoughts, which have created the very experiences mentioned above, must be re-educated to use this creative Word ONLY in a constructive manner. This requires the education of the emotional, mental and etheric vehicles as well as the physical form. A hollow and shallow statement made by the personality without this understanding and not coupled with positive feeling and direct thought, is not efficacious. To one with the conscious understanding of the possibilities which are within the use of this creative power in the Word "I AM" - I say even as Jesus did - wise you are to build a momentum of thinking, feeling and expressing yourselves by using a constructive statement following "I AM"!

LXII. WHERE ARE THE CHAKRIC AND GANGLIONIC CENTERS THROUGH WHICH SPEECH IS MADE POSSIBLE?

The ganglionic center is in the throat of physical man. Any defections in speech are due to past MISUSE of this power of expression. The chakric center is also at the throat of the etheric vehicle.

LXIII. WHAT ARE THE COLORS OF THESE CENTERS?

Both are scintillating electric blue.

LXIV. ARE THESE CENTERS STATIC?

Definitely not! They are in constant motion clockwise. The speed of their revolution is determined by the free will use which every man determines

in himself to use in the power of speech. The vibratory action of the individual's vehicles determines the balanced acceleration of these centers and makes the spoken word a euphonious director of energy. The beautiful and melodious voice of the "I AM" Presence in both speech and song can most easily be resuscitated as the chela ponders on this instruction and makes of it a blessing to all life. When My Pupil Jesus spoke, all of the elements responded happily and joyously to His slightest whisper or His greatest COMMAND!

You, too, My beloved, are THE WORD MADE FLESH! Each one is THE ONLY BEGOTTEN SON, that phrase implying that your Individualization was fore-ordained by the Father-Mother God as a part of the Great Divine Tapestry of the Ages and THE SECOND COMING to you is determined by your response to ME! "I AM" HERE - I shall expect you to likewise be in The Upper Chamber at all times!!!

In the January 1962 BRIDGE, the GODDESS OF LIGHT will illumine your consciousness on the capacity of Light to serve you!

* * * * *

ASCENDED MASTER SAINT GERMAIN
Chohan, or Director, of the Seventh Ray
and
Presiding Authority for the next 2,000 year Cycle

EXCERPTS FROM THE ASCENDED MASTER SAINT GERMAIN

I stood at the beginning of the Christian Dispensation and into My arms the Beloved Master Jesus (Who was to be the first impetus of that entire Dispensation) was placed - even before His Mother received Him. I stroked tenderly the soft down on that baby head; I looked into those large liquid eyes that had not yet focused upon the plane of consciousness and shadow into which He had come to function. I touched those petal-soft hands that one day would call the dead to life, and thru which would flow the energies by which withered arms would be restored and the blind be made to see. As I looked upon that infant form, there did not seem at that hour to be much except Faith to carry Us forward in the hope of establishing a Creed which would become the lifebreath of millions.

I walked the long way into Egypt with that Infant and that beautiful girl bride. I made the first pair of sandals for those baby feet. I listened as My beautiful Mary spoke to Her Son about the importance and devotion that each man should feel toward the souls of other men. I learned of the tenderness of the Eternal in that simple life. Who would have thought then as We lived so simply, as I earned our meager bread as a carpenter, that one day the Christian Religion would be accepted by millions, great edifices would be builded, and thousands of voices would join in song and adoration to that small Child and His Blessed Mother - and yet - it has been done!

I see your hearts; I see the strengths and weaknesses and I see the tenderness in each of your souls. Yet I know, for now I see with Freedom's sight, that tomorrow's world is being builded today through the consciousness of individuals WILLING to sit at the Feet of the Masters and accept Their word, Their understanding, Their promise, as much of the Vision as Their blessed minds can accept, and as much of the Truth as Their feelings can absorb.

Be of good cheer! For centuries I desired to establish a World Brotherhood where every man will love his neighbor and the good of all life be the paramount feeling within the heartbeat. My beloved heart friends, you are building a foundation today just as surely as We--that Innocent Humble Family in Galilee--builded a Foundation in, through, and around a few fishermen, which has become the strength of a dispensation that has lasted for two thousand years. What is Religion in its final essence but a way to find God, and in that finding, each man to BECOME a God Incarnate!

Contemplate in the silence of your room the Power of God within you, and allow It to transform your world. I shall help you, for YOU are My Representatives! You are the lifestreams that mankind can see! Your bodies, worlds, and consciousness represent My teaching, My World, and My very Self! I am dependent upon you to mirror that which you have received thru the years from Me. Arise in the mastery of your Godhood! Wear the Robes of Freedom which I give you! Use the Power of the Sacred Fire. Who among you is going to arise and BE? We shall see!

EXCERPTS FROM BELOVED LANTO

On behalf of the Members of the Teton Retreat, I greet you, and thank you for the opportunity to present to you something to think upon; the use of the Gift of Life Itself! What could you do or even We, in Our Realms, without Life! Life which animates your mind, your feelings and enables you to move about. Life, coming from where? From God Himself! That Life taken so much for granted and so lightly by the mass of mankind, not only human life, but animal Life, birdlife, the life of your floral growth and your harvest. Ah, that mankind could see the Cosmic Activities in which Divine Beings are sustaining the Life in the Nature Kingdom alone, so that man can have a beautiful Spring, a fragrant Summer, a bountiful Harvest and an Autumn filled with such beauty and color that it is an inspiration to the soul during the time when the Earth rests beneath the pristine purity of the snow!

What have you given to the Universe for the Life given to you in this one embodiment alone? Measure it out each morning when you rise, giving gratitude during this thirty-day period for Life! Measure it out as you lay the body down at night before sleep, to what good purpose have you put God's Life loaned to you, during that twelve-hour period and how much of It has been wasted and dissipated! In such a manner you shall learn a reverence for Life. The love of Life is expanding within you, and the strength of the Tetons shall sustain you to love all Life free!

EXCERPTS FROM BELOVED CONFUCIUS

I bless you, My precious one of Light with all the love of a recently ordained Hierarch as I welcome you officially into Our Focus, which Lord Lanto has guarded long.

When you arrive in the Ascended Masters' Realm, I hope you will not be bored because We are twenty-four hours a day about Our Father's Business; We do not require either sleep or rest as you do. Yet, Methinks, in My humble way, that an understanding of the reverence for all Life, and one-pointedness of consciousness is important, whether you are precipitating the Flame through the breath, carrying the Joy of Christmas around the world, or whether you are precipitating your thoughts directly to another individual who is in distress.

Let Me again remind you that before you precipitate any God-Virtue to another individual, BE SURE TO ARMOR YOURSELF STRONGLY IN ANY ONE OF THE ASCENDED MASTER'S LUMINOUS PRESENCE' and then let the Presence of that One, combined with your own Holy Christ Flame, project through you and give healing and benediction or whatever is required in God's Most Holy Name!

We enter the Spirit of Christmas, the Spirit of Joy, when mankind, Angels, elementals and Their Divine Messengers join together to bless life FREE! It has been My Joy to bless each of you according to your requirement.

HINTS ON PRECIPITATION

Letter from the Maha Chohan to the Flame Class of December 16th, 1961

Beloved Ones:

How often you have desired, impersonally, to learn the lesson of conscious precipitation of Good. Therefore, Confucius and His Brotherhood at the Rocky Mountain Retreat have assigned to you mighty Ascended Master Gentlemen Sponsors to teach you how to precipitate only good. This practice is very important and requires consistent endeavor upon the part of the chela.

First, the chela must be sure that the motivating power of any manifestation is good, and not selfish; then such an one must create a mental mould of his desire through the use of his own free will, and energize and keep alive that picturization until it enters his etheric consciousness. Purity of the outer consciousness is essential to receive the perfected picture and have enough tenacity to actually bring into the physical world the manifestation upon which he is working, silently and humbly. Rejoice when you have your manifestation and allow it to bless the Earth and all life upon it, never dissipating your regained powers by claiming the manifestation as your own.

Many chelas throughout the ages have had such manifestations, but the subtle inner human nature tends to enlarge the personal ego by flaunting the manifestation. Loving reverence for life helps the dear

chela to enjoy giving of his developed God-Virtues without allowing another unascended being to even suspect that he had passed the training of precipitation. Such silence also protects the earnest chela.

The Perfected Thought-Form of the Earth is constantly held before The Great White Brotherhood by Immacula, the Planetary Silent Watcher, so that you can "tune in" to this Thought-form and allow your seven vehicles of expression to become radiating centers through which some part of that perfection can flow constantly, rhythmically and lovingly.

Looking upon the Chinese Green Flame of Confucius' Retreat, you can become today a part of Its Service to all life everywhere.

I shall help you being a Source of the Precipitation of Comfort! I did not learn to control, mould, externalize, and project God Comfort in one day; but I did learn patience in practice under a very strict Ascended Being. In such patience I qualified to become the Present Maha Chohan, Who, with My six Sons and Lovely Daughter, can and do give of Our Virtues freely when invited so to do. Do you likewise!

Love and Blessings,

MAHA CHOHAN

* * * * *

A HOLY CHRISTMAS AND A VICTORIOUS NEW YEAR

We, the entire Staff of The Bridge to Freedom, and all Its associated services, wish to express our deep love and sincere gratitude to each dear student of The Bridge, for your love, your loyalty, your financial assistance, and your faithful service to The Light as presented through the pages of The Bridge to Freedom publications.

Together, we send forth to each dear reader the blessings of our combined lifestreams and wish you the most Holy Christmas Season, and a New Year - filled to overflowing with the full power of Light Eternal!

We call to the Great Maha Chohan, and the Ascended Masters El Morya and Saint Germain, to amplify back to you a million fold, your every kindness, generosity, encouragement, and assistance given to us in any way. God bless you each and every one. We LOVE YOU!

THE BRIDGE TO FREEDOM STAFF

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